



The TOOLBOX

TO HELP YOUNG PEOPLE WITH THEIR EMOTIONAL AND SOCIAL NEEDS



COLLECTION OF ANGER MANAGEMENT INTERVENTION PROGRAMS FOR CHILDREN

TOOL: Prevention | Intervention

TARGET AUDIENCE: Preschool | Elementary school

TOOL INTENDED FOR: Professionals

DESIGN

Line Massé
Jeanne Lagacé-Leblanc
Claudia Verret



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TOOL: Prevention | Intervention

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– Details: Teachers, psychoeducators, special education technicians, psychologists.

TARGET AUDIENCE:

– Preschool and elementary school children who have difficulty managing their frustration and anger, particularly children who are stressed, impulsive, inattentive, hyperactive, oppositional, aggressive or those with autism spectrum disorder.

NEEDS AND BEHAVIOURAL MANIFESTATIONS

– Difficulty managing frustration or anger.

SPECIFIC GOALS

– To provide professionals with suggestions for prevention and intervention programs that can be used to develop frustration and anger emotional regulation skills in preschool and elementary school children.

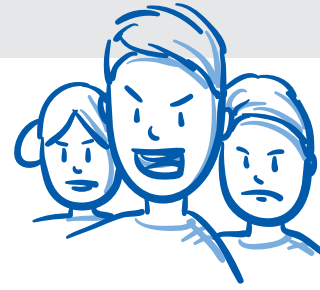
DESIGN

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