



A Survey on Sexual and Gender Diversity in Canada

*A report prepared for
The Jasmin Roy Sophie Desmarais Foundation*

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CRIP



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CONTEXT AND METHODOLOGY

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CONTEXT AND METHODOLOGY

(1/7)

The Jasmin Roy Sophie Desmarais Foundation commissioned CROP, in collaboration with Jasmin Roy, Foundation president, and Michel Dorais, sociologist of sexuality and professor emeritus at Laval University, to explore the realities and current issues experienced by sexually and/or gender-diverse people, along with how the opinions of the Canadian public with respect to this diversity have evolved. To that end, the survey polled the Canadian population and, more specifically, sexually and gender-diverse people. In addition to obtaining overall findings, the survey sought to highlight the particularities of the various segments, whether based on gender identity or sexual orientation.

Identifying sexually and gender-diverse respondents

Sexually diverse and gender-diverse people were categorized as follows:

Sexual diversity

comprises people who are:

- Homosexual, lesbian or gay
- Bisexual
- Asexual
- Pansexual
- Questioning
- Heterosexual
- Other (queer, demisexual, omnisexual, etc.)

Gender diversity comprises:

- Cisgender men and women
- Trans men (assigned female at birth and with a male gender identity)
- Trans women (assigned male at birth and with a female gender identity)
- Non-binary people
- Questioning people
- Two-spirited people
- Intersex/intersexual people
- Other (queer, bigender, agender, fluid, etc.)

METHODOLOGY (2/7)

Data collection and weighting

Different types of data collection were carried out simultaneously to obtain responses from two target groups:

- 1) **The general population (n=1,000):** recruitment via a web panel
- 2) **The sexually and gender-diverse population (n=7,481):**
 - Recruitment via a web panel
 - Recruitment via a contact list
 - Recruitment through web ads

METHODOLOGY (3/7)

General population: web panel

Data was collected from **February 5 to 11, 2024** using a web panel representative of the Canadian population.

The survey was conducted with **1,000 people** 18 years of age and older. The results were weighted to reflect the distribution of the study population based on respondents' age, gender, education, region, status (employed vs. unemployed) and mother tongue (in Quebec). Quotas based on Statistics Canada data had also previously been established to properly represent the Canadian population.

Data from the weighted profile:

PROVINCE	%	AGE	%	GENDER	%
Atlantic	7	18-34	27	Male	49
Quebec	23	35-54	32	Female	51
Ontario	39	55+	41	Trans, non-binary or other	1
Prairies	6				
Alberta	11				
BC	14				

Sexually diverse and gender-diverse people: web panel

Data was collected from **February 7 to 24, 2024** using the same web panel representative of the population. The survey was conducted with **1,024 people** 18 years of age and older who identify as being sexually and/or gender diverse. The results were weighted based on Statistics Canada data to reflect the distribution of the study population based on the age, gender, education and region of the respondents.

METHODOLOGY (4/7)

Contact list and web ads (*sexual and gender diversity: 15+ years of age*)

- **Contact list**

The Foundation requested by email the help of Canadian organizations that might be interested in the study because of their mission, role or connection to sexually and/or gender-diverse people. Some of the more than 900 organizations or branches of organizations contacted offered their support by distributing the survey's hyperlink to their members and collaborators. The hyperlink was also published on the Foundation's social networks. Data collection took place from **February 13 to June 11, 2024**, and gathered responses from **560 people** aged 15 and older, residing in Canada and identifying as sexually and/or gender diverse.

- **Web ads**

Using web ads, we collected responses from **5,897 people** aged 15 and older, residing in Canada and identifying as sexually and/or gender diverse. During the collection period, which took place from **February 13 to June 11, 2024**, ads were posted on social media sites, such as Facebook and Instagram, to collect responses from as many people of diversity as possible.

The goal of these collection methods was to reach a large number of sexually and gender-diverse people. This sampling approach was a success, although the distribution of respondents was not truly representative of the diversity.

METHODOLOGY (5/7)

WEB ADS



Some examples of our web ads:



METHODOLOGY (6/7)

Contact list and web ads (*sexual and gender diversity: 15 + years of age*) *CONTINUED*

When we examined the profile of the sample respondents from the contact list and web ads, we found that the percentage of non-cisgender people (trans, non-binary or other) was particularly high compared to our web panel sample and compared to all the statistics available on the subject. For example, according to Statistics Canada, 0.33% of the Canadian population aged 15 and over is transgender or non-binary¹ while approximately 4% are lesbian, gay, bisexual or of a sexual orientation other than heterosexual.

Below is the weighted profile of the results by region, age and gender for all diversity respondents:

PROVINCE	%	AGE	%	GENDER	%
Atlantic	7	15-17	8	Cis man + questioning	39
Quebec	20	18-34	52	Cis woman + questioning	50
Ontario	37	35-54	25	Trans/ non-binary/ other	10
Prairies	6	55+	15		
Alberta	12				
BC	18				
NWT/Yukon/Nunavut	0				

1) Statistics Canada. Updated: 2022-11-23.
Consulted on June 20, 2024: <https://www150.statcan.gc.ca/n1/pub/12-581-x/2022001/sec6-eng.htm>

METHODOLOGY (7/7)

Analysis of the results

Totals may sometimes exceed 100% when a question allows for multiple answers. Some results do not always add up to 100% since calculations are based on rounded percentages.

Significant differences between different subgroups of respondents are indicated by:

- the colour **BLUE**, which indicates a significantly higher result for this sub-group,
- the colour **RED**, which indicates a significantly lower result for this sub-group.

When available, the results for the 2024 Canadian population are compared with those from the 2017 survey, *LGBT Realities: CROP – Jasmin Roy Sophie Desmarais Foundation*. Note that the results for the 2017 population presented only cisgender heterosexual people, whereas those for 2024 depict the results for the general population and therefore do not exclude sexually and/or gender-diverse people, as presented on the page “Portrait of diversity in Canada – 18+ years of age.”

Specific results for sexually and/or gender-diverse people in 2024 are also compared, when possible, to those obtained in 2017.



HOW THE RESULTS ARE PRESENTED

Each section of this report begins with an explanatory summary of the key aspects of the studied component, which includes relevant sub-group differences (age, gender, sexual orientation, etc.). This is followed by an overview of the data collected to contextualize the main results.

The appendix presents the entire results of this study, in the form of detailed graphs and tables.

PORTRAIT OF DIVERSITY AND DEFINITIONS OF THE TERMS USED

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PORTRAIT OF DIVERSITY

People who identify as sexually and/or gender diverse represent slightly less than one in 10 people aged 18 and older in Canada, or 8.6%.

This percentage is almost twice as high among those under 35 years of age: 16.5% of them claim to be sexually or gender diverse.

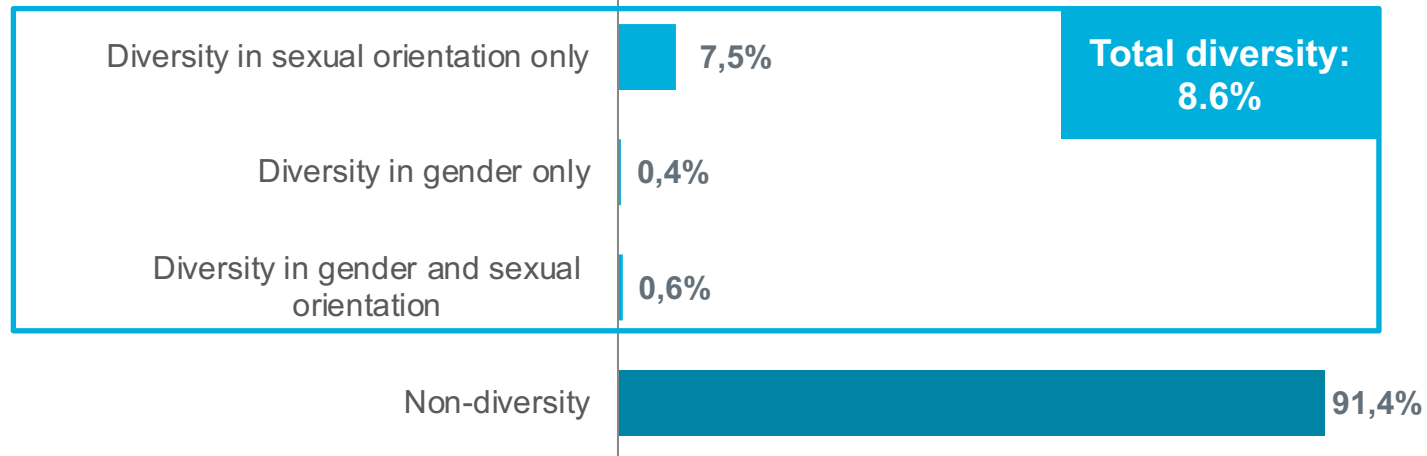
Conversely, this proportion is only 3.5% among those aged 55 and over.

The advances in social acceptance of diversity undoubtedly have something to do with this, since younger people today feel much freer to accept and explore the realities of their sexual orientation and gender identity than previous generations.

The advent of social media has also made it possible to articulate these new realities and to discover and communicate with people with similar experiences.

Portrait of diversity in Canada – 18+ years of age

Base: all respondents. General population, n=1,000



	n=	TOTAL (%)	AGE		
			18-34	35-54	55+
Diversity in sexual orientation only	1,000	7.5	15.0	7.7	2.6
Diversity in gender only		0.4	0.0	0.3	0.8
Diversity in gender AND sexual orientation		0.6	1.5	0.5	0.1
Non-diversity		91.4	83.5	91.5	96.5
TOTAL DIVERSITY		8.6	16.5	8.5	3.5

Respondents to the section on sexual and gender diversity: numbers by subgroup

Base: all respondents. People of diversity, n=7,481

The survey was able to reach very diverse respondents, as illustrated in these two tables.

Gender identity:

Identification	Number of people in the study
Total cisgender	n=3,873
Cisgender man	n= 1,188
Cisgender woman	n= 2,685
Total trans	n=1,309
Trans man	n= 684
Trans woman	n= 552
Unspecified trans	n= 73
Non-binary	n= 1,625
Questioning	n= 319
Other gender identities	n=355
Two-spirit from an Indigenous community	n=65
Intersex/intersexual	n=31
Queer	n=76
Genderless	n=74
Bigender	n=11
Gender fluid	n=95
Other	n=3

Sexual orientation:

Identification	Number of people in the study
Total homosexual / gay / lesbian people	n=2,693
Cisgender gay man	n= 772
Cisgender lesbian woman	n= 1,093
Trans homosexual	n= 351
Non-binary homosexual	n= 341
Homosexual of another gender	n= 136
Total bisexual people	n=1,941
Cisgender bisexual man	n= 263
Cisgender bisexual woman	n= 866
Trans bisexual	n= 339
Non-binary bisexual	n= 335
Bisexual of another gender	n= 138
Total asexual people	n=608
Cisgender asexual man	n= 42
Cisgender asexual woman	n= 188
Trans asexual	n= 102
Non-binary asexual	n= 194
Asexual of another gender	n= 82
Total pansexual people	n=1,253
Cisgender pansexual man	n= 56
Cisgender pansexual woman	n= 351
Trans pansexual	n= 252
Non-binary pansexual	n= 433
Pansexual of another gender	n= 161
Questioning	n= 288
Queer	n= 457
Other sexual orientations (ex: demisexual, n=37, omnisexual, n=23)	n= 110

Presentation of gender and sexual orientation in the report (1/2)

In addition to the basic socio-demographic cross-tabulations, all data were cross-tabulated based on gender identity and sexual orientation.

Gender identity:

Label	Identification	People identifying as ...
Cis M DIV	Cisgender man	a man (gender identity) whose sex assigned at birth was male.
Cis W. DIV	Cisgender woman	a woman (gender identity) whose sex assigned at birth was female.
Trans M	Trans man	a trans man (gender identity) or a man (gender identity) whose sex assigned at birth was female.
Trans W	Trans woman	a trans woman (gender identity) or a woman (gender identity) whose sex assigned at birth was male.
Non-bin.	Non-binary	a non-binary (gender identity) person.
Quest.	Questioning	a questioning (gender identity) person.
Others	Others gender identities	Because the other gender identities (two-spirit from an Indigenous community, intersex/ intersexual, queer, genderless, bigendered, gender fluid, etc.) were not represented by enough people, they were grouped together. Since these subgroups do not form a homogeneous set that can be analyzed together, we have not presented their results.

Presentation of gender and sexual orientation in the report (2/2)

Sexual orientation:

Label	Identification	People identifying as ...
Gay M	Cisgender gay man	a man (gender identity) whose sex assigned at birth was male. Defines his sexual orientation as homosexual or gay.
Lesb. W	Cisgender lesbian woman	a woman (gender identity) whose sex assigned at birth was female. Defines her sexual orientation as homosexual or lesbian.
Homo. Trans	Trans homosexual	a trans person: a trans man, a trans woman, a man whose assigned sex at birth was female, a woman whose assigned sex at birth was male, trans non-binary, trans fluid, etc. Defines their sexual orientation as homosexual, gay or lesbian.
Homo N-B.	Non-binary homosexual	a non-binary person. Defines their sexual orientation as homosexual, gay or lesbian.
Bisex. M	Cisgender bisexual man	a man (gender identity) whose sex assigned at birth was male. Defines his sexual orientation as bisexual.
Bisex. W	Cisgender bisexual woman	a woman (gender identity) whose sex assigned at birth was female. Defines her sexual orientation as bisexual.
Bisex. Trans	Trans bisexual	a trans person: a trans man, a trans woman, a man whose assigned sex at birth was female, a woman whose assigned sex at birth was male, trans non-binary, trans fluid, etc. Defines their sexual orientation as bisexual.
Bisex N-B	Non-binary bisexual	A non-binary person. Defines their sexual orientation as bisexual.
Asex.	Asexual	a person who defines their sexual orientation as asexual, regardless of their gender identity.
Pan.	Pansexual	A person who defines their sexual orientation as pansexual, regardless of their gender identity.
Quest.	Questioning	A person who defines their sexual orientation as questioning, regardless of their gender identity.
Queer	Queer	A person who defines their sexual orientation as queer, regardless of their gender identity.
Others	Other sexual orientations	The other sexual orientations (demisexual, omnisexual, abrosexual, Neptunic, etc.), as well as other combinations (sexual orientation based on gender identity) that were not previously identified (e.g., questioning gender identity and sexual orientation: homosexual, gay or lesbian) were not represented by enough people, so they have been grouped together. Since these subgroups do not form a homogeneous set that can be analyzed together, we have not presented their results.

DETAILED RESULTS

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Comfort in dealing with different types of people and friendships

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OPENNESS TO DIVERSITY (1/2)

Canadians have little contact with people who identify as sexually or gender diverse.

For example, while the vast majority of sexually and gender-diverse people (91%) have homosexual, bisexual or pansexual people as friends, this percentage is only 46% among the general population.

This disparity is even more pronounced when analyzing friendships with trans or non-binary people. Among people of diversity, three in five (60%) say they have trans or non-binary people as friends, compared to only 13% of the general population.

Interestingly, non-gender-diverse people, gay men, lesbian women and people questioning their sexual orientation are less likely to have friends who are gender diverse.



OPENNESS TO DIVERSITY (2/2)

Despite this real physical distance between the general population and the realities of people of diversity, there has been an improvement in the social acceptance of gender-identity diversity. In the 2017 survey, *LGBT Realities: CROP – Jasmin Roy Sophie Desmarais Foundation*, six in 10 people (60%) said they were comfortable (very + somewhat) being around “transgender” people (the term used at the time). In 2024, the percentage of people who said they were comfortable being around trans or non-binary people has increased by six percentage points to 66%.

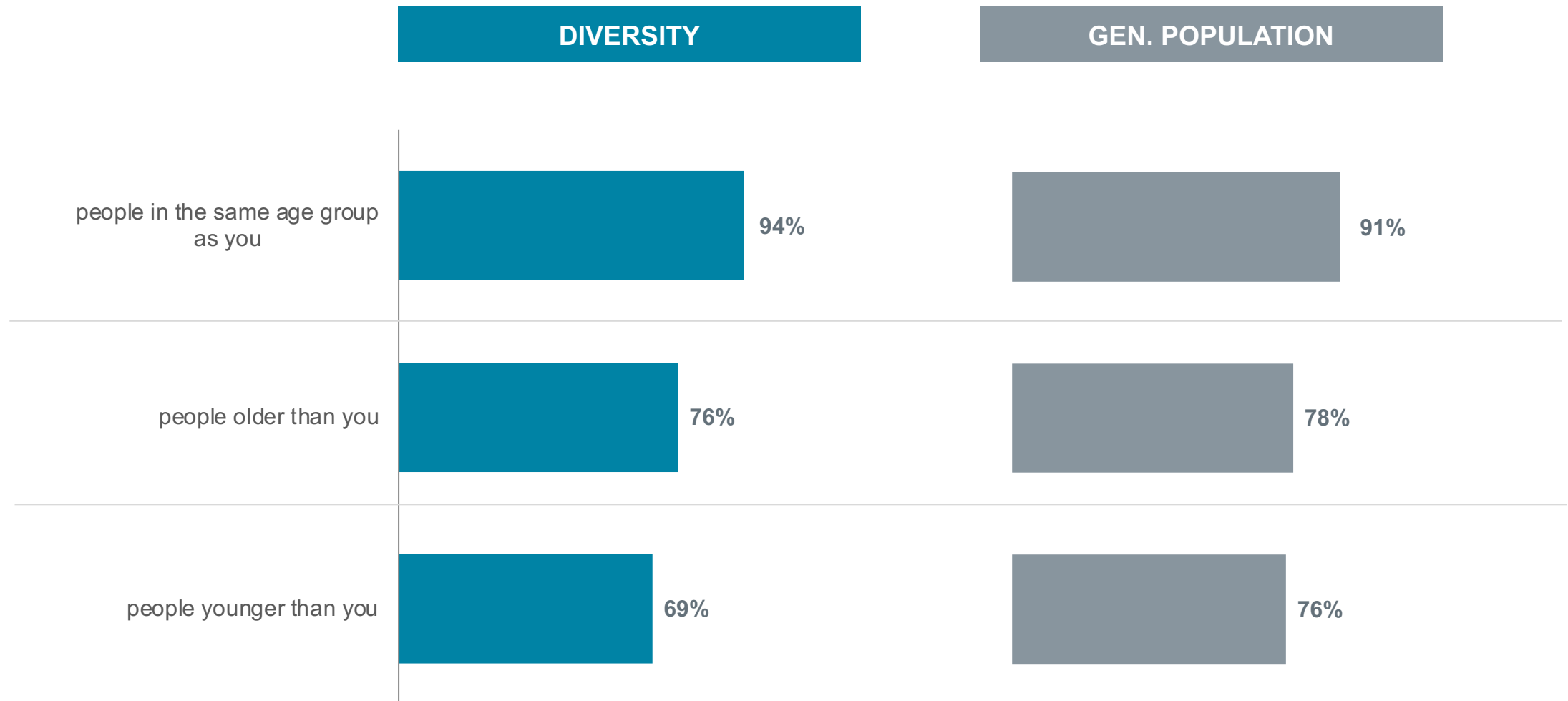
Today, two out of three Canadians feel comfortable being around gender-diverse people.

The proportion of people who are comfortable (very + somewhat) being around people with an LGB+ sexual orientation is very high (82% - 85%) and has remained stable since 2017.

Friendships based on age

Base: all respondents. People of diversity, n=7,481/ General population, n=1,000

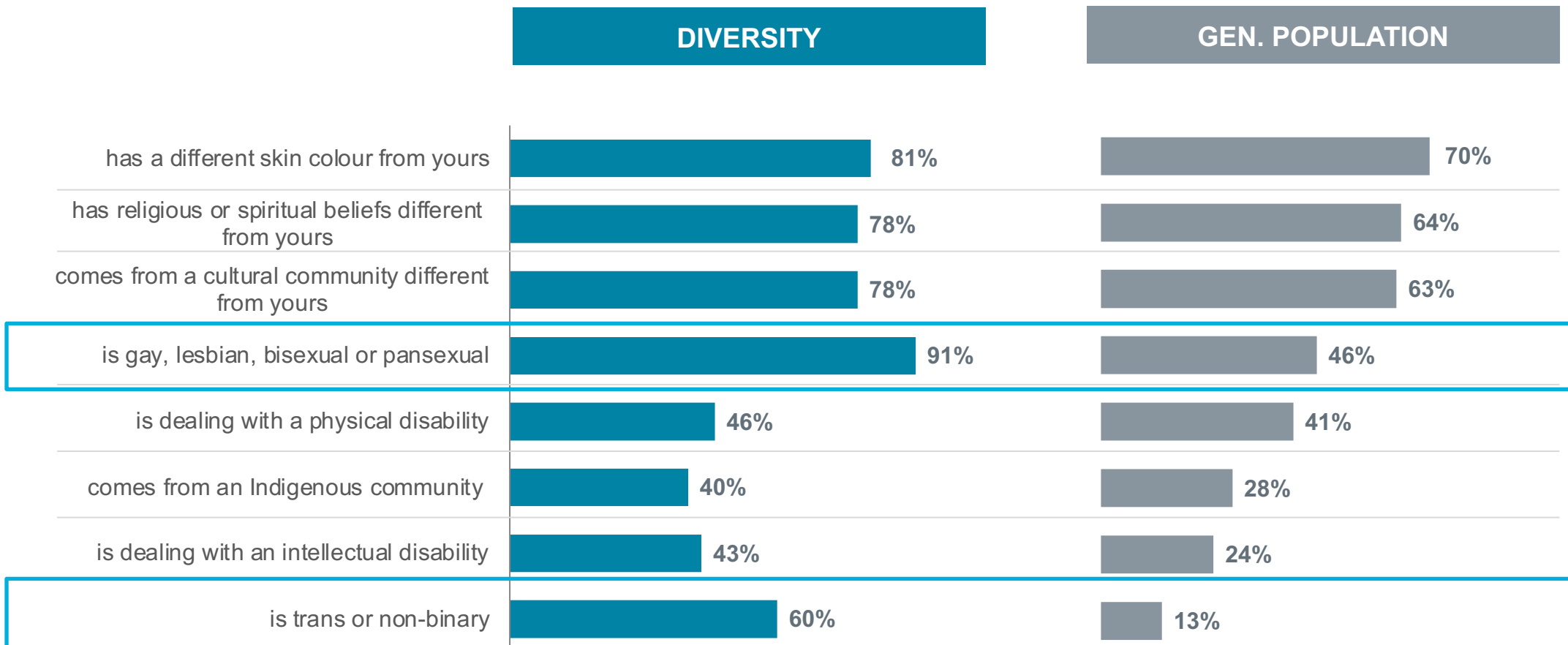
DIVERSITY and GEN. POPULATION: COMPARISON – % YES



Friendships with different types of people

Base: all respondents with friendships. People of diversity, n=7,417/ General population, n=977

DIVERSITY and GEN. POPULATION: COMPARISON – % YES



Degree of comfort being around different types of people

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % VERY COMFORTABLE

	DIVERSITY	GEN. POPULATION	GEN. POP 2017 n=800
people with a skin colour different from yours	83%	69%	68%
people from a cultural community different from yours	67%	59%	61%
individuals from an Indigenous community	70%	58%	--
individuals dealing with a physical disability	56%	54%	43%
homosexual, lesbian, bisexual or pansexual women	85%	52%	52% ⁽¹⁾
homosexual, bisexual or pansexual men	77%	51%	
individuals with religious or spiritual beliefs different from yours	42%	50%	52%
individuals dealing with an intellectual disability	44%	42%	27% ⁽³⁾
trans or non-binary individuals	68%	37%	26% ⁽²⁾

The statements were slightly different in 2017. The main differences were: 1) In 2017, the question asked about homosexual or bisexual people in general / 2) In 2017: Transgender / 3) "having a mental disability"

Social acceptability of public displays of affection

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IN PUBLIC PLACES...

The general Canadian population is much more prudish than sexually and gender-diverse people when it comes to public displays of affection.

And this prudishness obtains as much towards people of diversity as towards heterosexual cisgender people. For example, the general population is less comfortable than people of diversity seeing two people holding hands in public, two people kissing on the mouth (regardless of the gender of the people involved), or a person who dresses or behaves in a way that is perceived as non-conforming to their gender.

Age is also a factor affecting the level of comfort with public displays of affection. Those aged 55 and over are indisputably less comfortable with almost all kinds of displays of affection than the rest of the population.

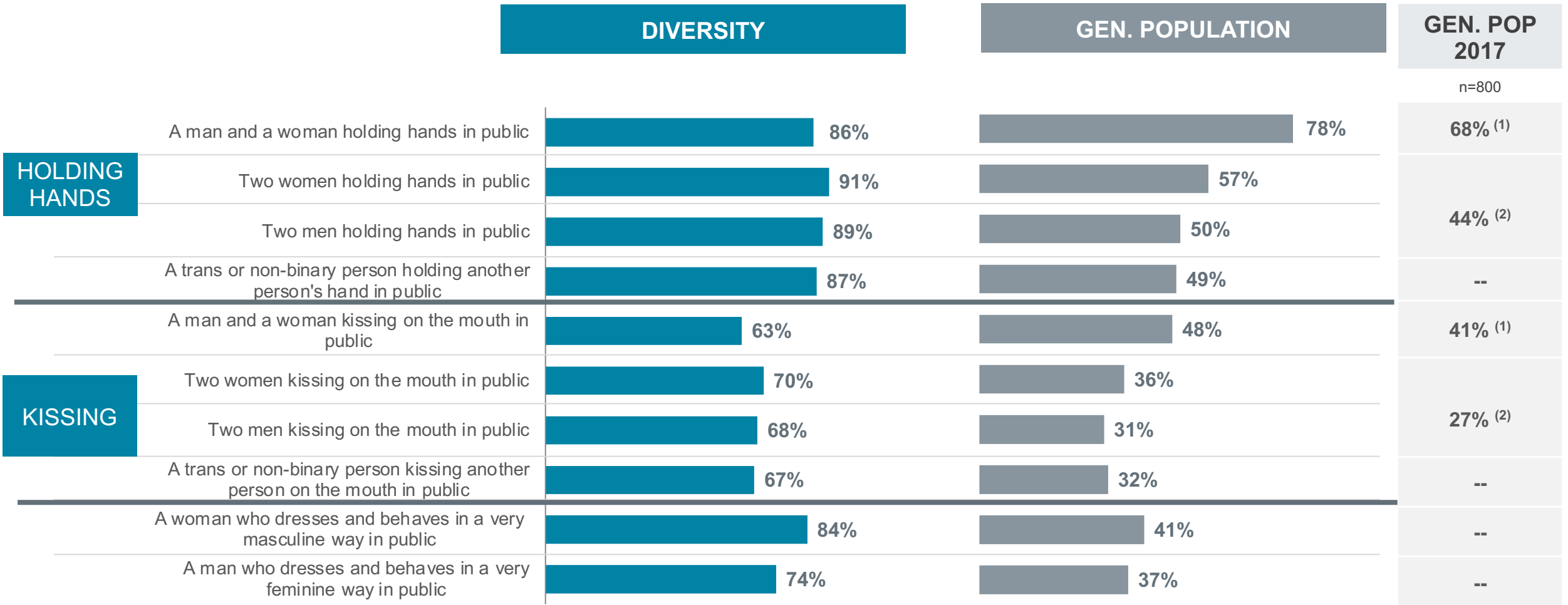
While there is a gradual age effect on this variable, it should be noted that sexually and gender-diverse 15–24-year-olds (and 15–17-year-olds more strongly) feel less comfortable than people of diversity 25 years of age and older with kissing on the mouth in public, regardless of who is doing it.

Among people of diversity, asexual people, those questioning their sexual orientation and, to a lesser extent, men of diversity are less comfortable with public displays of affection.

Degree of comfort seeing...

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % VERY COMFORTABLE

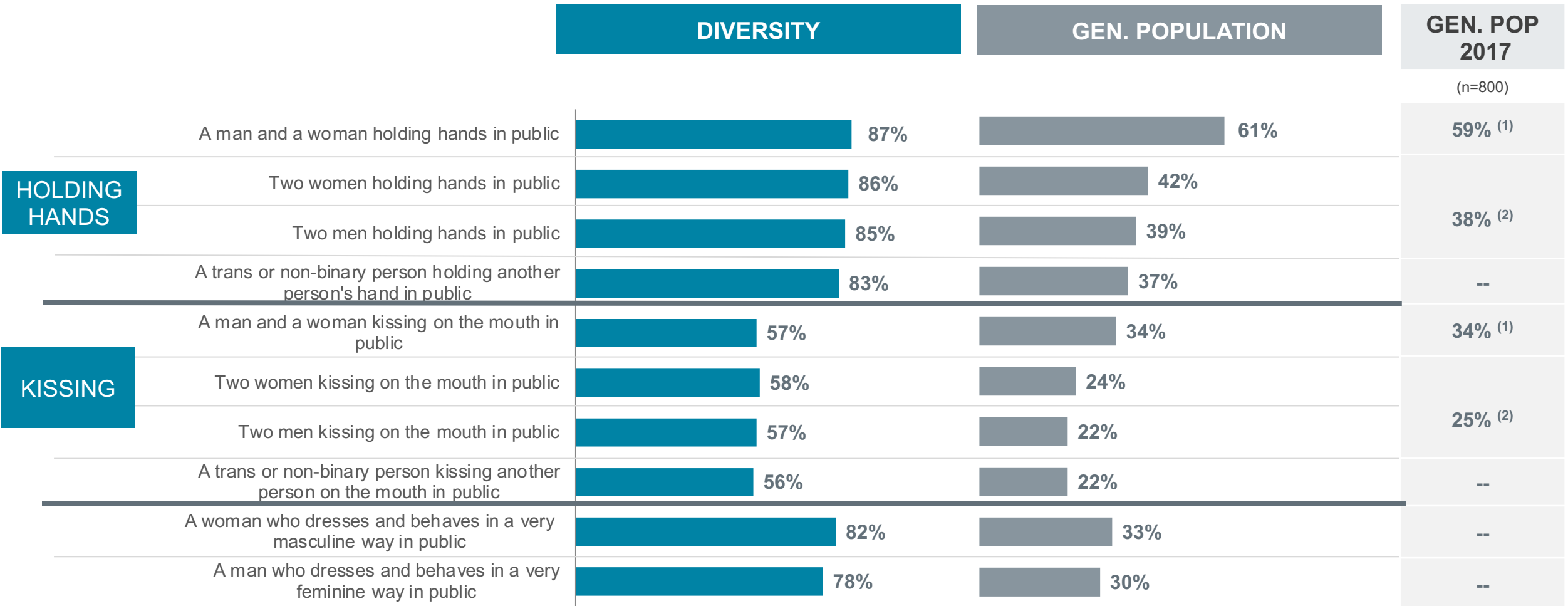


The statements were slightly different in 2017. The main differences were: 1) people of the opposite sex / 2) In 2017, the question was asked about same-sex people in general.

Degree of comfort with CHILDREN seeing...

Base: all respondents. People of diversity, n= 7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % VERY COMFORTABLE



The statements were slightly different in 2017. The main differences were: 1) people of the opposite sex / 2) In 2017, the question was asked about same-sex people in general.

A photograph of two men and a dog, overlaid with a blue tint. The man on the left has curly hair and glasses, smiling. The man on the right has long hair, glasses, and a beard, looking at the dog. They are holding a small dog wrapped in a blanket. The background is a blurred indoor setting with structural elements.

Personal displays of affection

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PERSONAL DISPLAYS OF AFFECTION

Despite a significant rise compared to 2017, people identifying as sexually and gender diverse are still more reserved than the general population when it comes to displaying affection in public.

Compared to 2017, comfort in displaying affection in public has risen by 15 percentage points, from 49% (2017) to 64% (2024), which significantly reduces the disparity from the general population, 77% of whom say they are comfortable displaying affection in public.

However, the gap is wider (52% among people of diversity vs. 76% among the general population) when it comes to displaying this affection at a family gathering. And things have scarcely improved on this point, considering that this percentage stood at 47% in 2017 (a 5-point increase over 7 years).

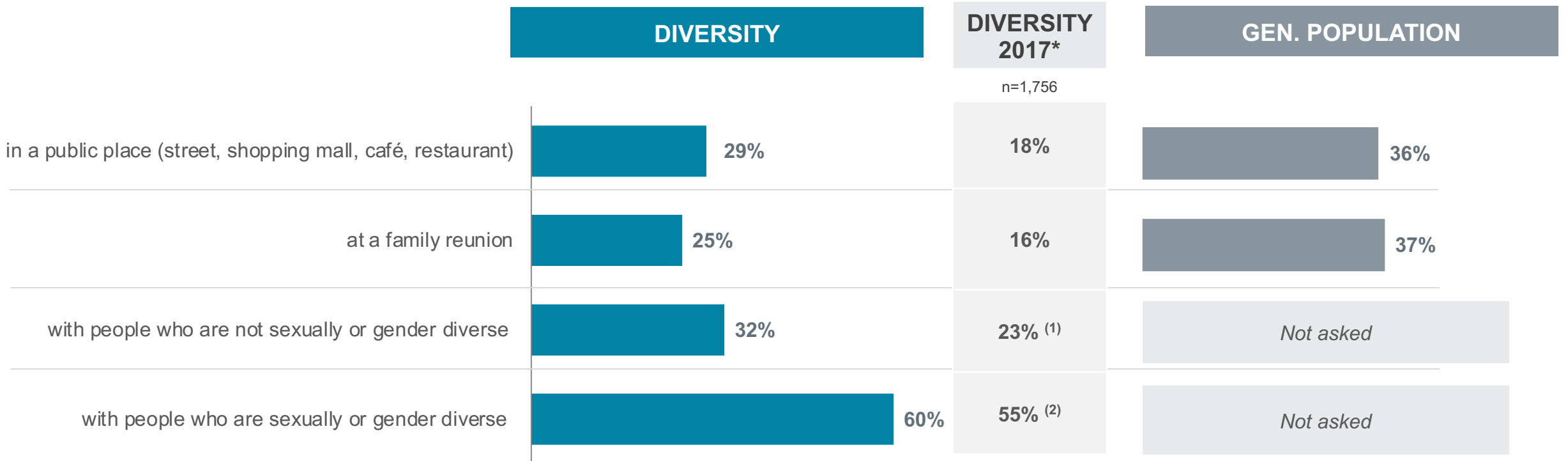
Again, age is a factor affecting confidence and comfort: younger people are shyer about doing this, especially when they are around family members.

Restraint and discomfort are much more pronounced among non-binary people, those questioning their gender identity, trans men, gay men, lesbian women and asexual people.

Degree of comfort with displaying affection in specific situations (1/2)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % VERY COMFORTABLE



* The 2017 study excluded respondents who identified as asexual.

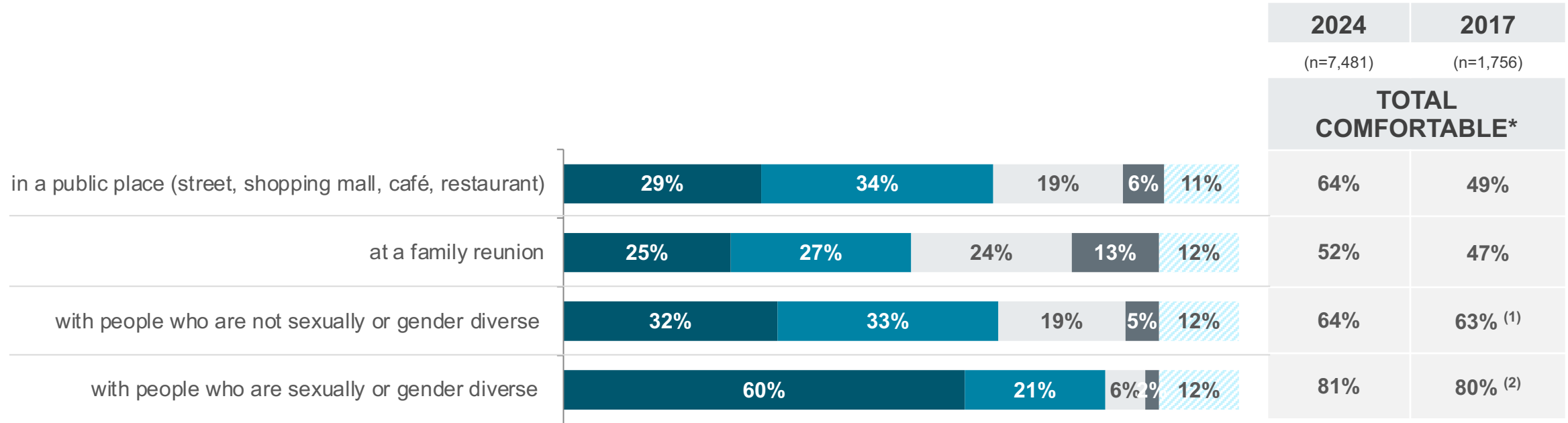
1) When you are with friends who do not belong to a sexual minority.

2) When you are with LGBT friends.

Degree of comfort with displaying affection in specific situations (2/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: ALL RESPONSES



■ Very comfortable
 ■ Somewhat comfortable
 ■ Somewhat uncomfortable
 ■ Very uncomfortable
 ▨ Does not apply / have never been in a romantic relationship

* Very + somewhat comfortable

** The 2017 study excluded respondents who identified as asexual, n=1,756.

- 1) When you are with friends who do not belong to a sexual minority.
- 2) When you are with LGBT friends.



Social acceptance of diversity

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SOCIAL ACCEPTANCE OF DIVERSITY

If we can believe what the general population has told us, things have improved (51%) or remained stable (34%) in terms of the acceptance and integration of sexual and gender diversity by the Canadian population. Only 14% think that things have gotten worse.

However, people of diversity do not see things in the same light: 39% of them believe that things have deteriorated, the same proportion who think that things have improved (also 39%).

This impression is much more pronounced among trans and non-binary people, with more than one in two (52% and 61%, respectively) believing that the acceptance and integration of diversity has declined over the past three years.

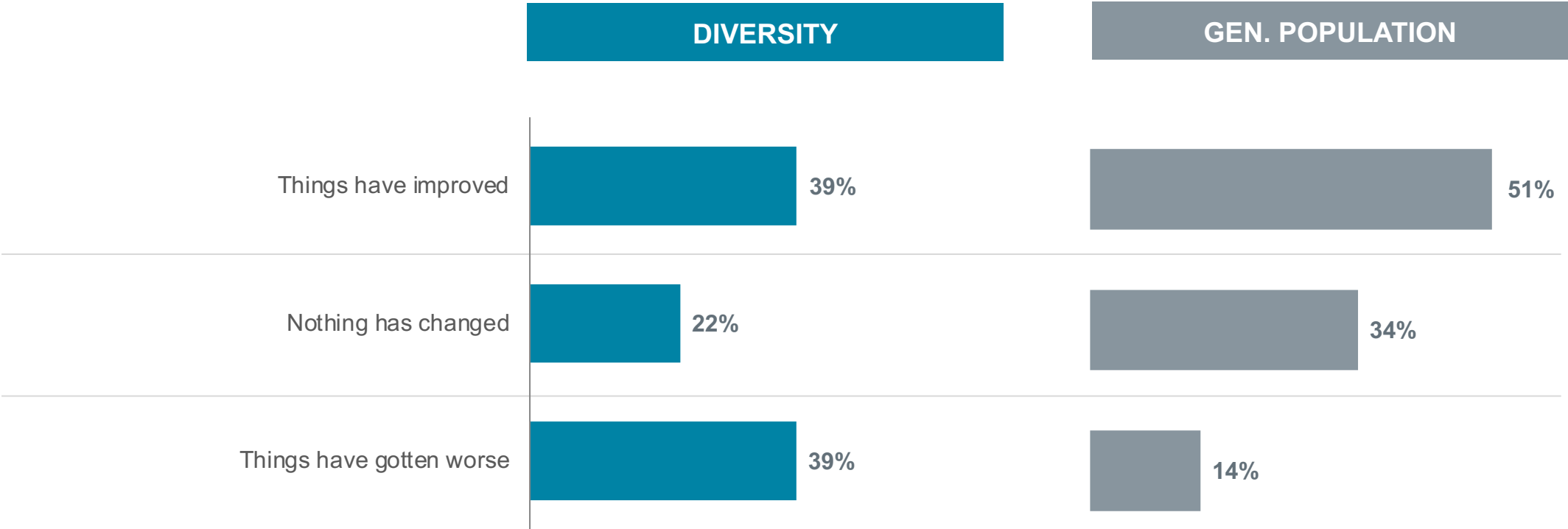
Paradoxically, it is the youngest people of diversity (15–24-year-olds) who are the most positive about the social progress in recent years.

All the audiences surveyed believe that sex education is the most useful way to move things forward and, consequently, that it should be improved.

Fluctuation in the acceptance and integration of people of diversity

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES



Useful actions to promote the well-being and integration of people of diversity

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES

	DIVERSITY	% DIVERSITY 2017	GEN. POPULATION
Enhancing sex education in schools	57%	n=1,897 49% (1)	36%
Making access easier to professional support	32%	--	30%
Better representation of sexually and gender-diverse individuals in the media	44%	41% (2)	29%
Conducting awareness workshops (in companies, schools or other settings)	30%	-- (3)	27%
Running communications campaigns against homophobia/transphobia	30%	27% (4)	25%
Having more clinics that specialize in health issues specific to sexually and gender-diverse individuals	29%	23% (2)	22%
More funding for resources and groups for sexually and gender-diverse people	27%	--	14%
Making access easier to interventions for sex or gender transitions	21%	19% (5)	12%
Other	6%	3%	5%
No intervention / nothing	3%	--	20%

1) Return/increase in sex education classes in schools / 2) In 2017, the term “LGBTQ” was used instead of “sexually and gender-diverse people” / 3) statements about awareness were grouped together this year. In 2017: 41% wanted to raise awareness in schools, 18% in businesses and 13% in settings involving the elderly / 4) Addition of “biphobia” in 2017 5) Facilitate access to medical treatments for gender transitions.



Fluidity of gender identity and sexual orientation

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GRADATION AND FLUIDITY OF GENDER IDENTITY

To measure the fluidity of gender identity, we asked survey participants to indicate, on an 11-point scale (zero to 10), whether they felt totally masculine (0), both masculine and feminine (5), totally feminine (10), or somewhere in between.

For the purposes of analysis, cisgender people in the Canadian population (mostly heterosexual) are compared with sexually diverse cisgender people.

The average for cisgender Canadian men is 1.8 out of 10. For cisgender women, it is 8.4 out of 10. It is therefore understandable that feelings of gender identity can be fluid, even within the general population.

These averages are less polarized among people of diversity: 2.9 out of 10 for cis men of diversity, and 6.8 for cis women of diversity. We therefore find greater gender fluidity within the diversity population.

The biggest difference between the two groups is the high proportion of cisgender people in the general population (mostly heterosexual) who define themselves categorically as totally male (0/10: 44%) or totally female (10/10: 43%). Among diversity respondents, only 15% and 10%, respectively, selected the choices at the extremities (0 or 10) of the measurement scale.



GRADATION AND FLUIDITY OF SEXUAL ORIENTATION

Fantasies represent the second indicator of a fluid sexual orientation. We should point out from the outset that 85% of heterosexual cisgender men report that their sexual fantasies feature women. Among women, 65% fantasize about men. This significant difference is mainly attributable to the fact that sexual fantasies are less prevalent among heterosexual cisgender women (23% say they have never had any sexual fantasies compared to 8% of heterosexual cisgender men).

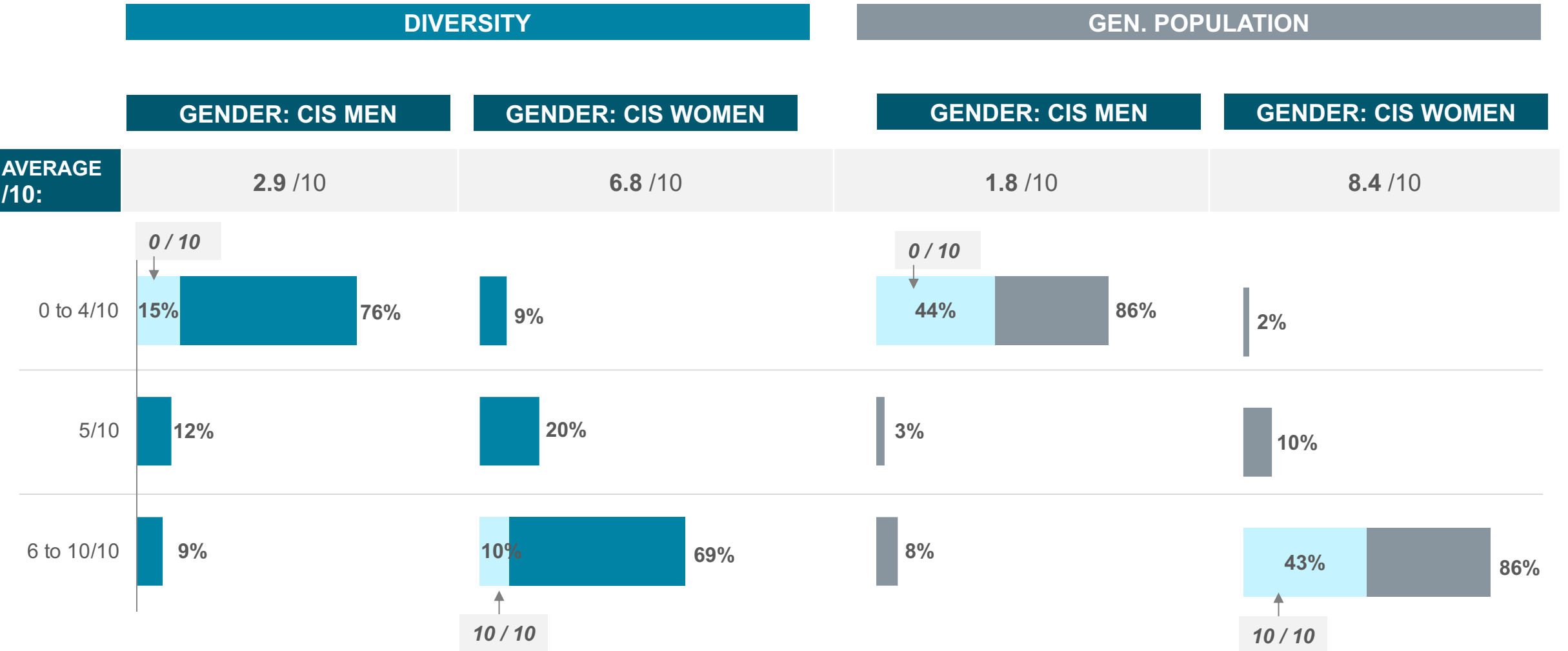
Same-sex attraction is more prevalent among women: 25% report having lesbian fantasies vs. 10% of men reporting homosexual fantasies. More men (5%) report having sexual fantasies featuring trans or non-binary people, compared to only 1% of women.

In so far as having intimate contact or engaging in sexual activity, both sexes engage in analogous behaviour with respect to homosexual relationships. This means that heterosexual cisgender men are more likely to realize their homosexual fantasies than women are to realize their lesbian fantasies.

The feeling of being a masculine or feminine person

Base: all cisgender respondents. People of diversity, (M, n=1,188 / F, n=2,685), General population, (M, n=479 / F, n=510)

DIVERSITY and GEN. POPULATION: COMPARISON – % GROUPED TOGETHER

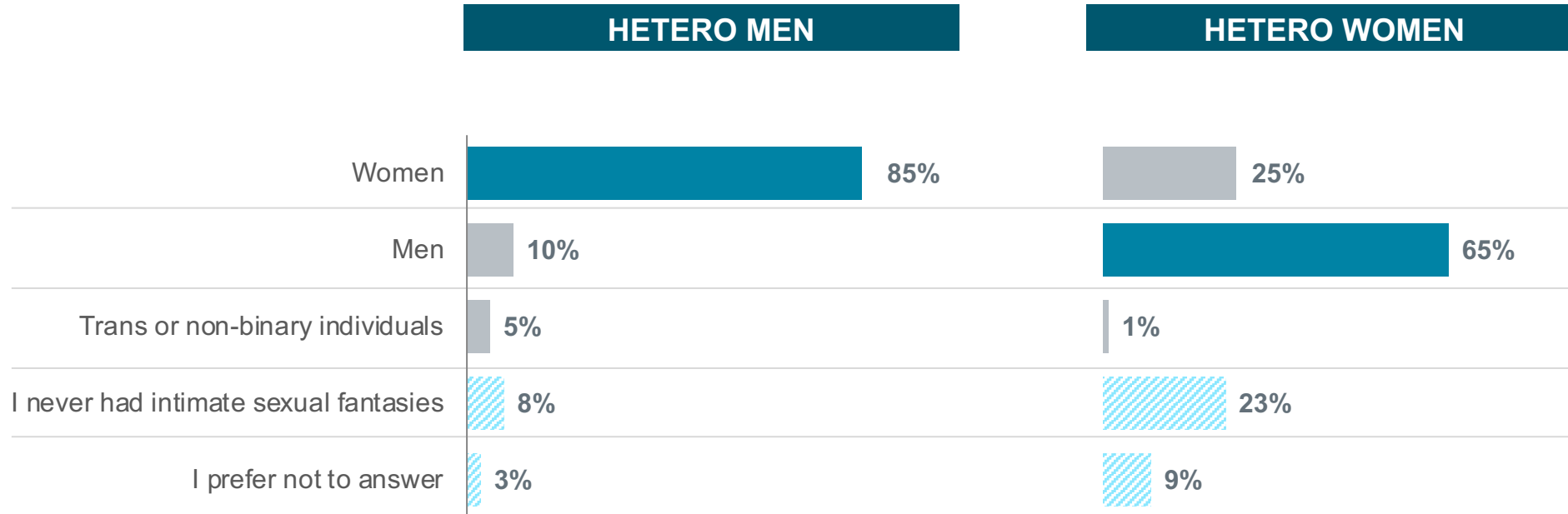


The answers "I don't know" and "I prefer not to answer" are not shown.

Sexual fantasies featuring... (1/2)

Base: all heterosexual cisgender respondents. General population, n=914 (M, n=444 / F, n=470)

GEN. POPULATION: ALL RESPONSES



Sexual fantasies featuring... (2/2)

Base: People of diversity, n=7,481

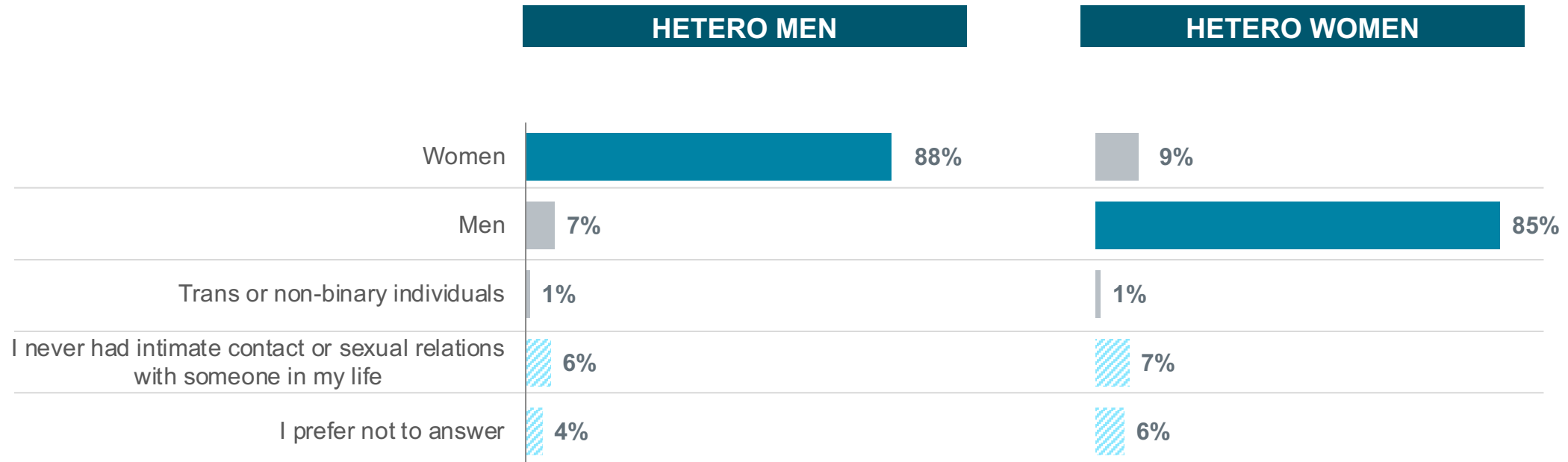
DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo. N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Women	74	53	87	81	90	84	84	23	93	84	82	93	91	93	94	47	93	72	93
Men	77	88	71	79	71	74	74	97	50	54	53	87	89	94	94	39	92	65	86
Trans or non-binary people	40	33	33	65	71	72	67	16	23	60	60	57	34	81	82	24	75	37	80
I never had intimate sexual fantasies	5	3	7	5	2	7	6	1	4	1	3	0	3	1	1	33	1	16	1
I prefer not to answer	3	2	4	4	2	4	5	1	3	3	4	2	3	2	2	10	4	3	3

Intimate contact or sexual activity with... (1/2)

Base: all heterosexual cisgender respondents. General population, n=914 (M, n=444 / F, n=470)

GEN. POPULATION: ALL RESPONSES



Intimate contact or sexual activity with ... (2/2)

Base: People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo. N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
	n= 7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Women	61	53	67	57	81	66	54	32	81	68	75	86	68	74	68	29	73	39	77
Men	68	78	67	55	48	65	43	92	56	46	53	66	80	60	74	34	78	43	71
Trans or non-binary people	21	17	17	48	47	49	24	6	12	42	42	30	16	55	57	11	45	9	56
I never had intimate contact or sexual relations with someone in my life	13	8	15	18	10	13	28	5	13	14	13	6	11	11	9	44	8	32	6
I prefer not to answer	3	2	3	4	1	3	5	1	3	2	2	2	2	2	2	8	4	6	2



THE REALITIES OF DIVERSITY

life to ideas



**Jasmin Roy
Sophie Desmarais**
FOUNDATION



Questioning and accepting their sexual orientation

life to ideas



Jasmin Roy
Sophie Desmarais
FOUNDATION



QUESTIONING AND ACCEPTING THEIR SEXUAL ORIENTATION

People of diversity report a much greater fluctuation in their sexual orientation over time (57%) than the Canadian average (16%). Note that the fluctuation is even greater among trans and non-binary people and is particularly high among the youngest cohort, reaching 71% of 15–17-year-olds of diversity.

Among people of diversity, gay men are the ones whose sexual orientation has fluctuated the least (28%) over time.

Questioning their sexual orientation usually begins in childhood (between 6 and 12 years of age: 29%) or in adolescence (between 13 and 19 years of age: 43%). More rarely, in early adulthood (20-34 years of age: 12%) and, exceptionally, in early childhood (0-5 years of age: 5%).

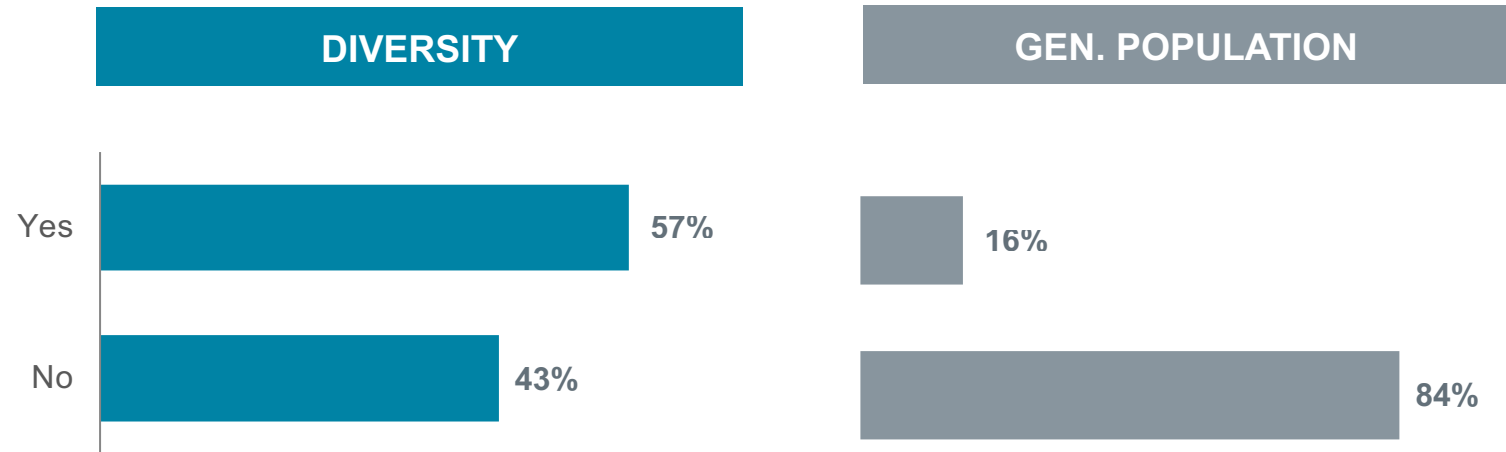
Acceptance and coming out (talking about it openly) follow and manifest mainly in adolescence (40% and 33%) or shortly thereafter (20-34 years of age: 33% and 32%).

Trans men (and to a lesser extent non-binary people) are more precocious: one in two trans men (49%) began their questioning in childhood. They are also more precocious in their acceptance of and particularly in coming out with their sexual orientation. Conversely, trans women constitute the group among whom acceptance and coming out occur latest.

Fluctuation in sexual orientation over time

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES



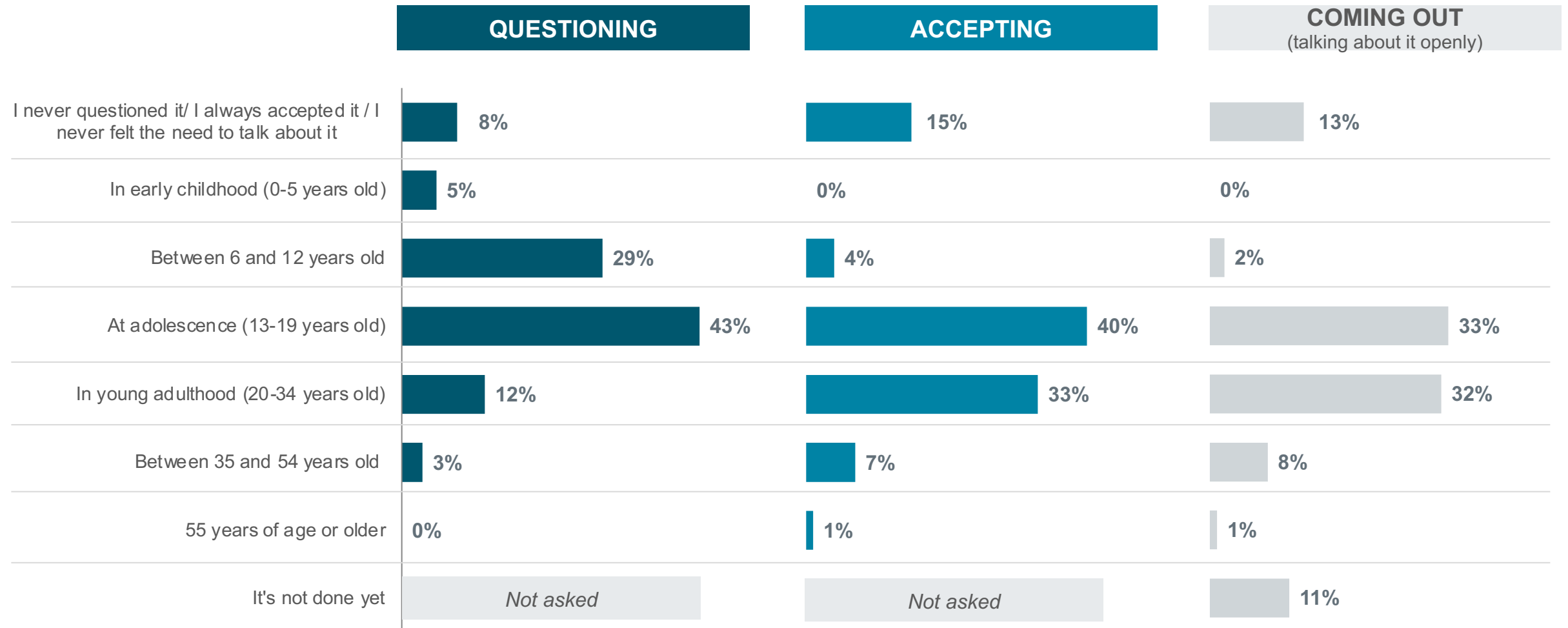
DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo. N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
	n= 7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Yes	57	45	60	74	64	66	73	28	51	58	55	64	68	79	73	47	74	75	78

Start of questioning, accepting and coming out with their sexual orientation

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: ALL RESPONSES





Degree of comfort with their sexual orientation

life to ideas



Jasmin Roy
Sophie Desmarais
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DEGREE OF COMFORT WITH THEIR SEXUAL ORIENTATION

Although a large majority (94%) of people of diversity are comfortable with their sexual orientation, this percentage drops to 59% among people who are questioning their sexual orientation.

As people of diversity get older, they say they are more comfortable with their sexual orientation and more comfortable talking about it openly to family members and co-workers. Willingness to talk about it is highest with friends (92%), average with co-workers and immediate family (66% with both) and more difficult (45%) with extended family (uncles, aunts, grandparents, etc.).

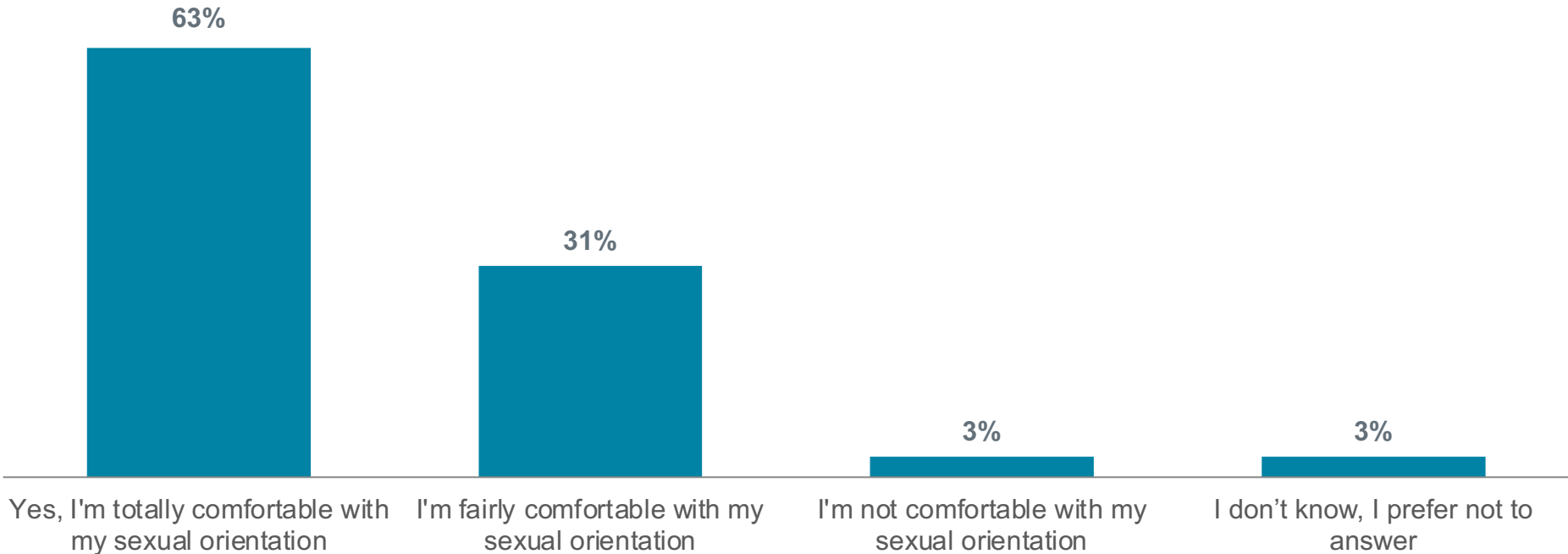
This variation in openness is directly related to how their sexual orientation has been received by these groups.

Again, trans, non-binary and questioning people have been the least well-accepted.

Degree of comfort with their sexual orientation

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: ALL RESPONSES

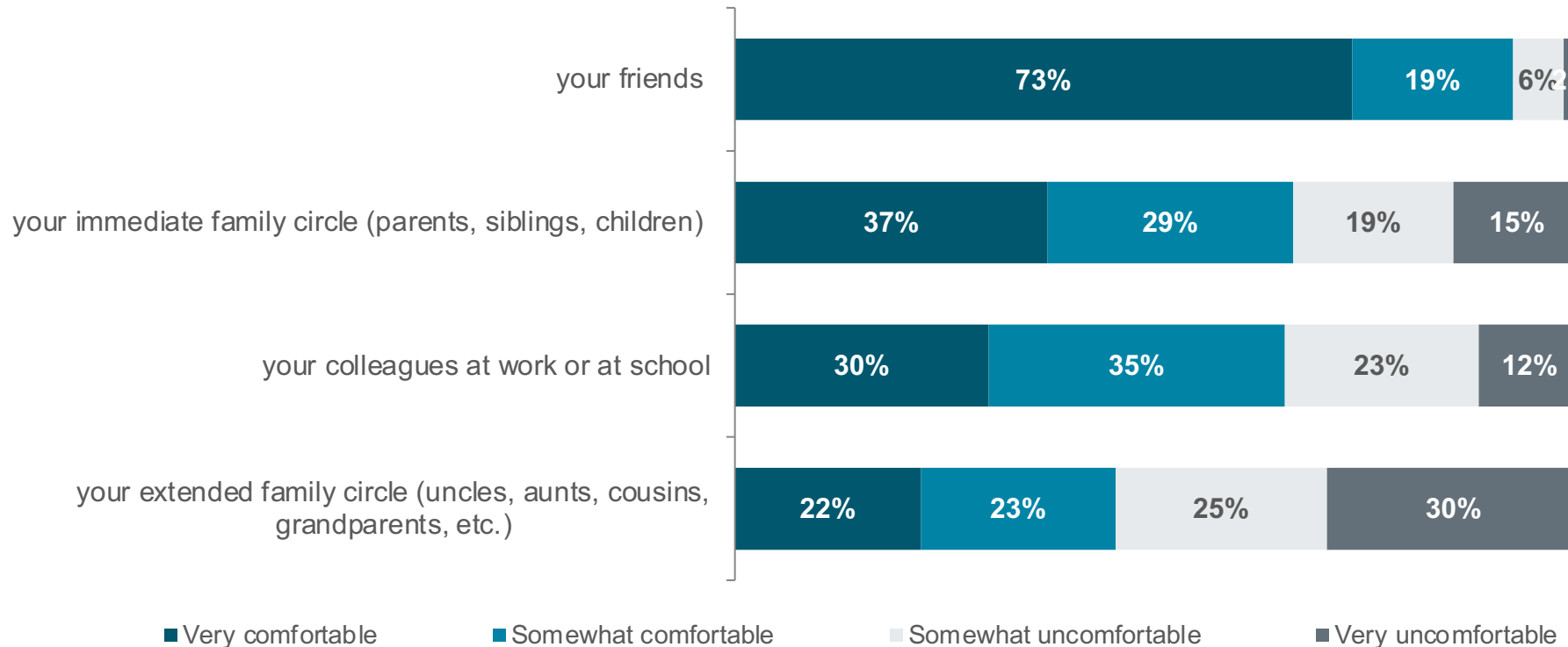


For reference purposes, in 2017, we asked the following question: “Overall, would you say that you are living very well, somewhat well, somewhat badly or very badly with your sexual orientation/gender identity?” 51% of sexually diverse cisgender people lived “very well” and 40% “somewhat well” with their sexual orientation.

Willingness to speak openly about their sexual orientation

Base: Sexually diverse people, excluding those who haven't started the coming-out process or for whom it did not apply, n=variable, 5,936 – 6,658

SEXUAL DIVERSITY: ALL RESPONSES



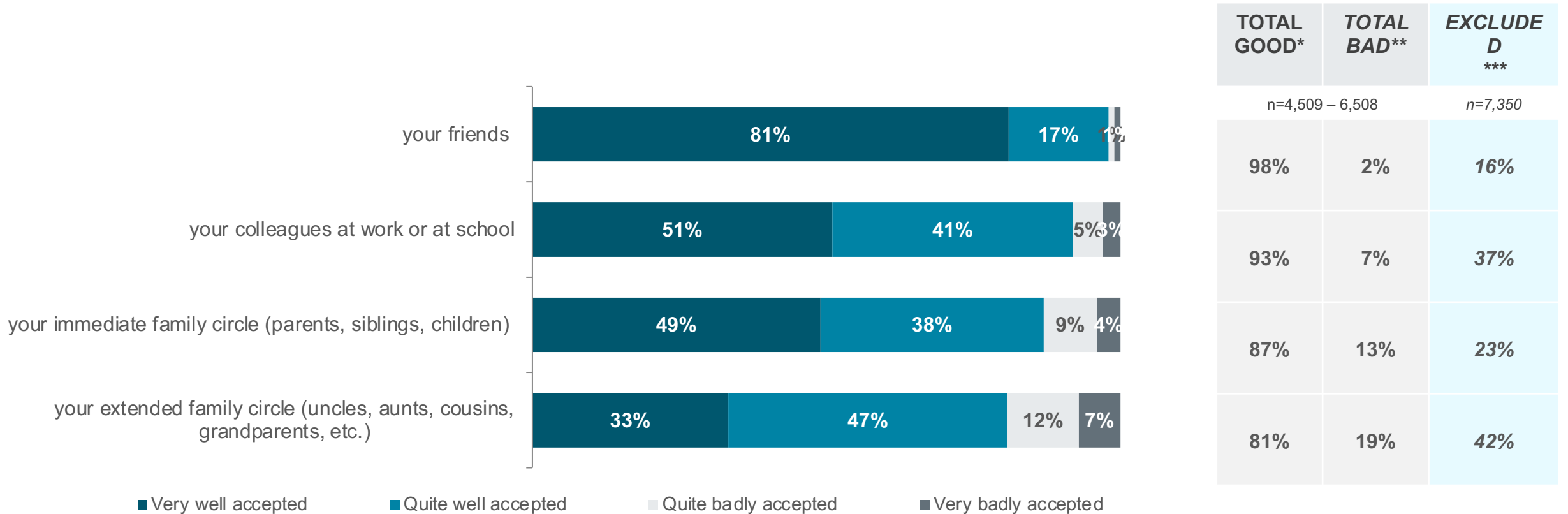
TOTAL GOOD*	TOTAL BAD**	EX- CLUDED**
n=5,936 – 6,658		n=7,350
92%	8%	13%
66%	34%	15%
66%	34%	23%
45%	55%	20%

* Very + somewhat comfortable
 ** Very + Somewhat uncomfortable
 ***% have not started the coming-out process+ does not apply

Acceptance by their entourage – sexual orientation

Base: Sexually diverse people, excluding those who haven't started the coming-out process or for whom it did not apply, n=variable, 4,509 – 6,508

SEXUAL DIVERSITY: ALL RESPONSES



* Very + Quite well accepted

** Very + quite badly accepted

***% have not started the coming-out process+ I don't know+ does not apply



Questioning and accepting their gender identity

┌
life to ideas



QUESTIONING AND ACCEPTING THEIR GENDER IDENTITY

The fluctuation in gender identity is half that of sexual orientation, both among people of diversity and the general population. People of diversity also report much greater fluctuation in their gender identity over time (33%) than the general Canadian population (7%). This fluctuation is even greater among trans, non-binary and gender-questioning people. Fluctuation is also higher among the youngest people of diversity.

The gender identity of gay men has fluctuated the least (11%) over time of all the subgroups.

Among trans and non-binary people, questions about gender identity usually begin earlier than questions about sexual orientation. In 41% of cases, it begins before the age of 13.

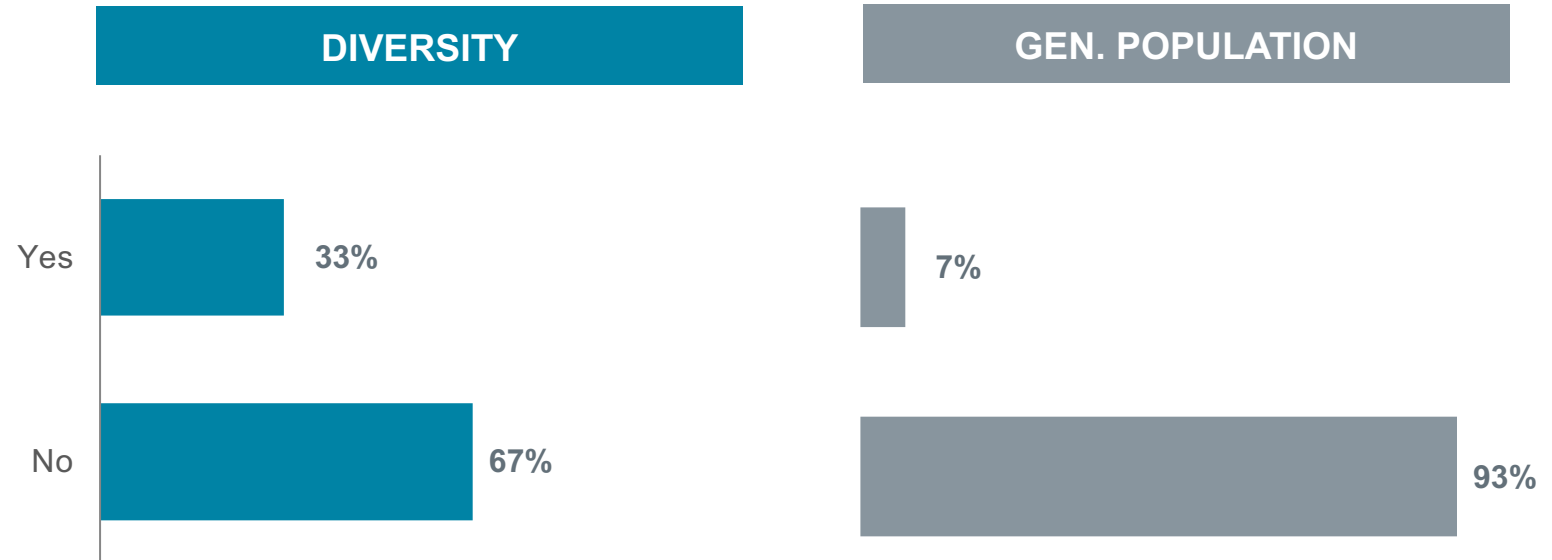
Acceptance and coming out (talking about it openly) follow and manifest themselves in adolescence (30% and 24%) or more often slightly thereafter (20-34 years of age: 40% and 37%).

Young trans people under 25 (and to a lesser extent non-binary young people) are more precocious, both in their questioning, accepting and coming out with their gender identity.

Fluctuation in gender orientation over time

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

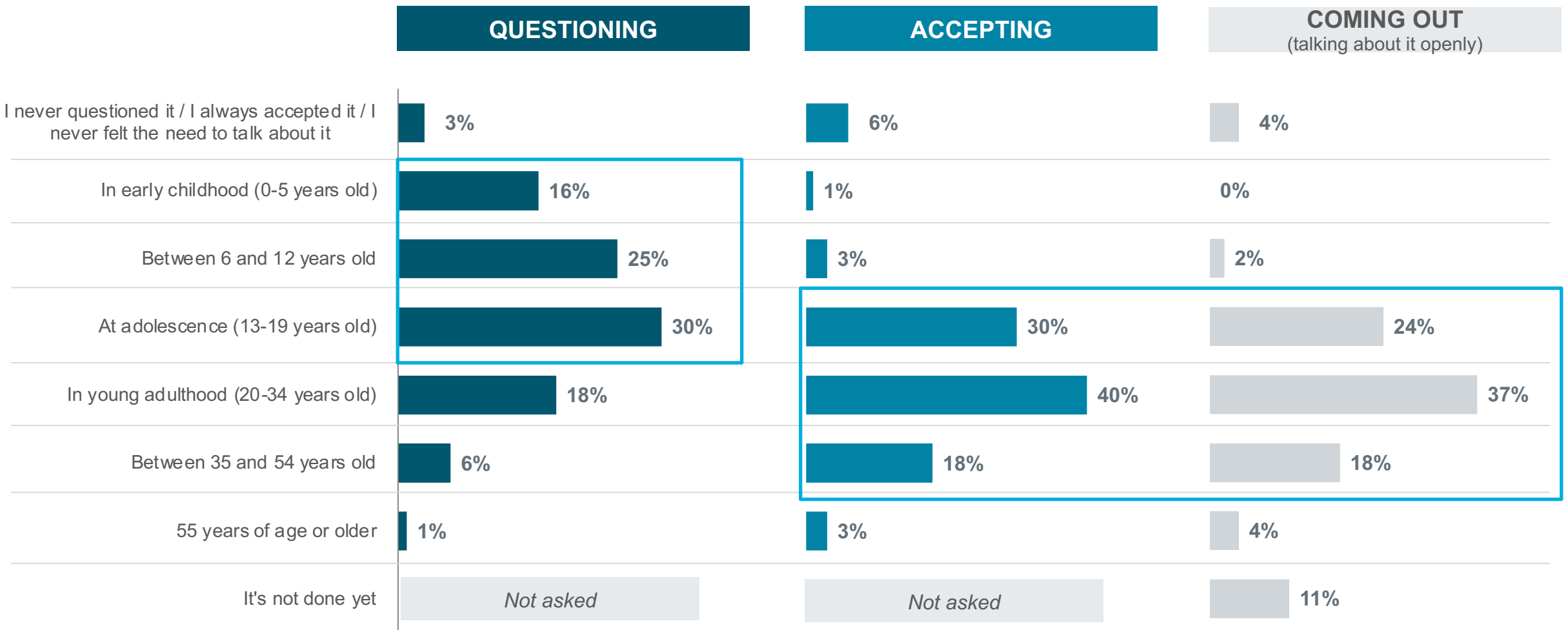
DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES



Start of questioning, accepting and coming out with their gender identity

Base: Trans or non-binary people, n=2,934

GENDER DIVERSITY (TRANS + NON-BINARY): ALL RESPONSES





Degree of comfort with their gender identity

┌
life to ideas



DEGREE OF COMFORT WITH THEIR GENDER IDENTITY

While a large majority (94%) of trans and non-binary people are comfortable with their gender identity, a third of those questioning (31%) do not feel comfortable with their gender identity.

As trans and non-binary people get older, they say they are more comfortable with their gender identity and more comfortable talking about it openly to family members and co-workers. Just as with our questions about sexual orientation, the willingness to talk about their gender identity is highest with friends (88%), average with co-workers and immediate family (52% and 50%) and more difficult (29%) with extended family (uncles, aunts, grandparents, etc.).

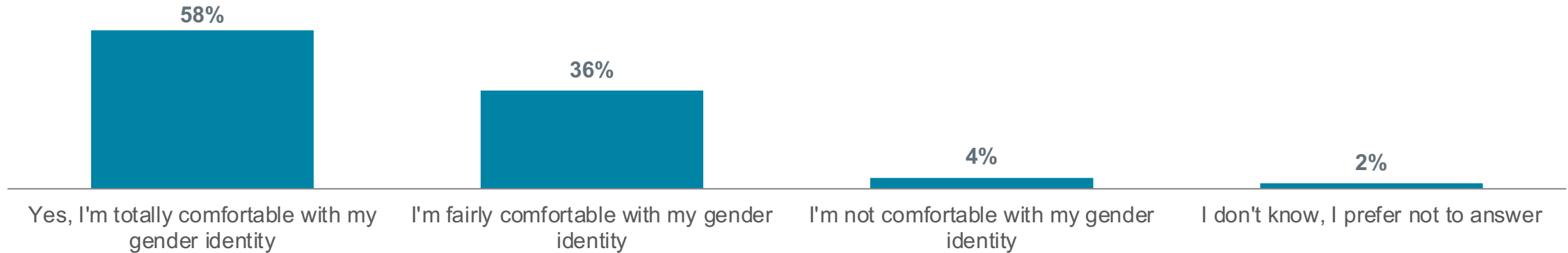
It is important to note that, among people who have opened up about their gender identity, young trans people are those who receive the most difficult reception in the workplace and in educational institutions. Indeed, only 15% of adolescents between 15 and 17 years of age say that their gender identity has been very well received in these environments.

One in five trans or non-binary people (19%) say that they often feel uncomfortable in a public place because of their gender identity. This percentage rises to 33% at family gatherings and peaks (47%) among adolescents aged 15-17. It is only in the company of other gender-diverse people that this feeling disappears (3%).

Degree of comfort with their gender identity

Trans or non-binary people, n=2,934, questioning people, n=319

GENDER DIVERSITY (TRANS + NON-BINARY): ALL RESPONSES + CROSS-TABULATIONS



	TOTAL TRANS + NON-BIN (%)	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BIN.				
		TOTAL Trans**	Trans M	Trans W	Non-bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	2,934	1,309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
Yes, I'm totally comfortable with my gender identity	58	69	67	73	49	9	49	59	69	72	87	31	46	45	56	*
I'm fairly comfortable with my gender identity	36	27	29	24	43	40	38	35	28	26	12	52	46	46	38	*
I'm not comfortable with my gender identity	4	3	3	3	5	31	9	4	2	1	0	9	5	6	4	*
I don't know, I prefer not to answer	2	1	1	1	3	20	4	2	1	1	0	8	3	3	2	*

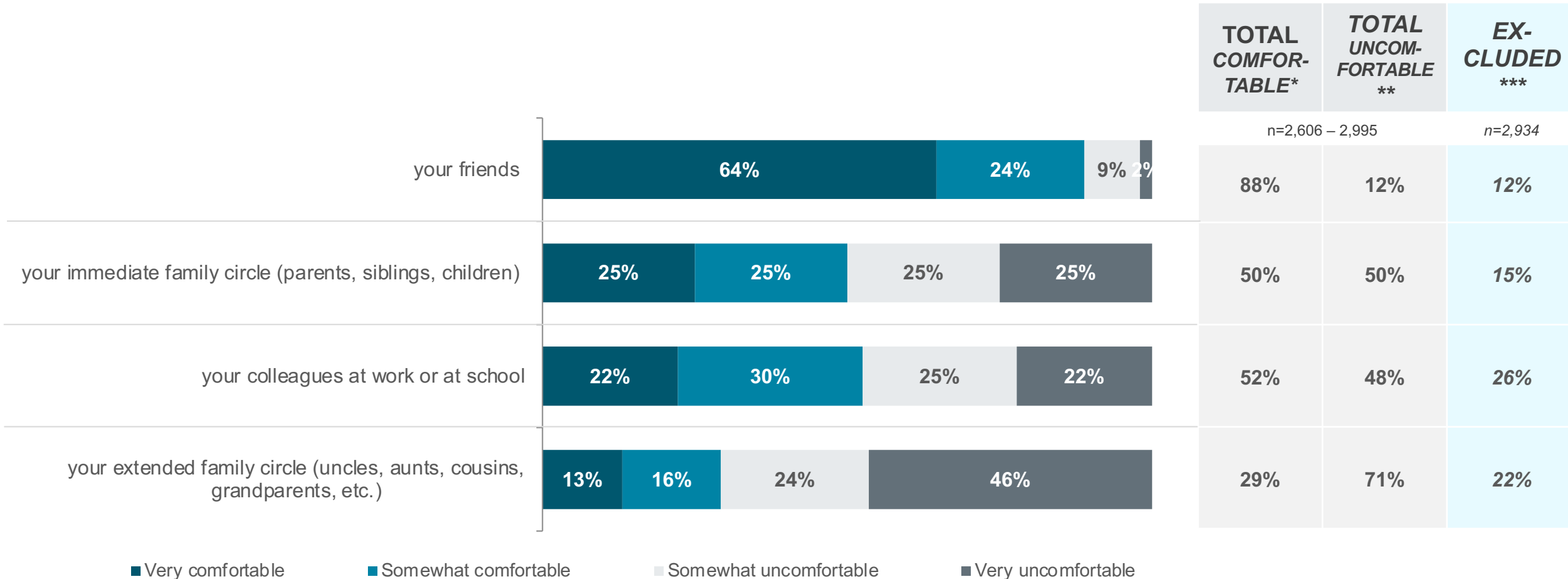
For reference purposes, in 2017, we asked the following question: "Overall, would you say that you are living very well, somewhat well, somewhat badly or very badly with your sexual orientation/gender identity?" 30% of trans binary and 25% trans non-binary lived "very well" with it. The percentages for "quite well" were 51% and 60%, respectively.

** Trans men, trans women and other trans / * Results where the number of people representing the subgroup was less than 100 are not presented.

Willingness to speak openly about their gender identity

Base: Excluding those who haven't started the coming-out process and for whom it did not apply, n=variable
Among the trans and non-binary, n=2,606 – 2,995

GENDER DIVERSITY (TRANS AND NON-BINARY): ALL RESPONSES



* Very + somewhat comfortable

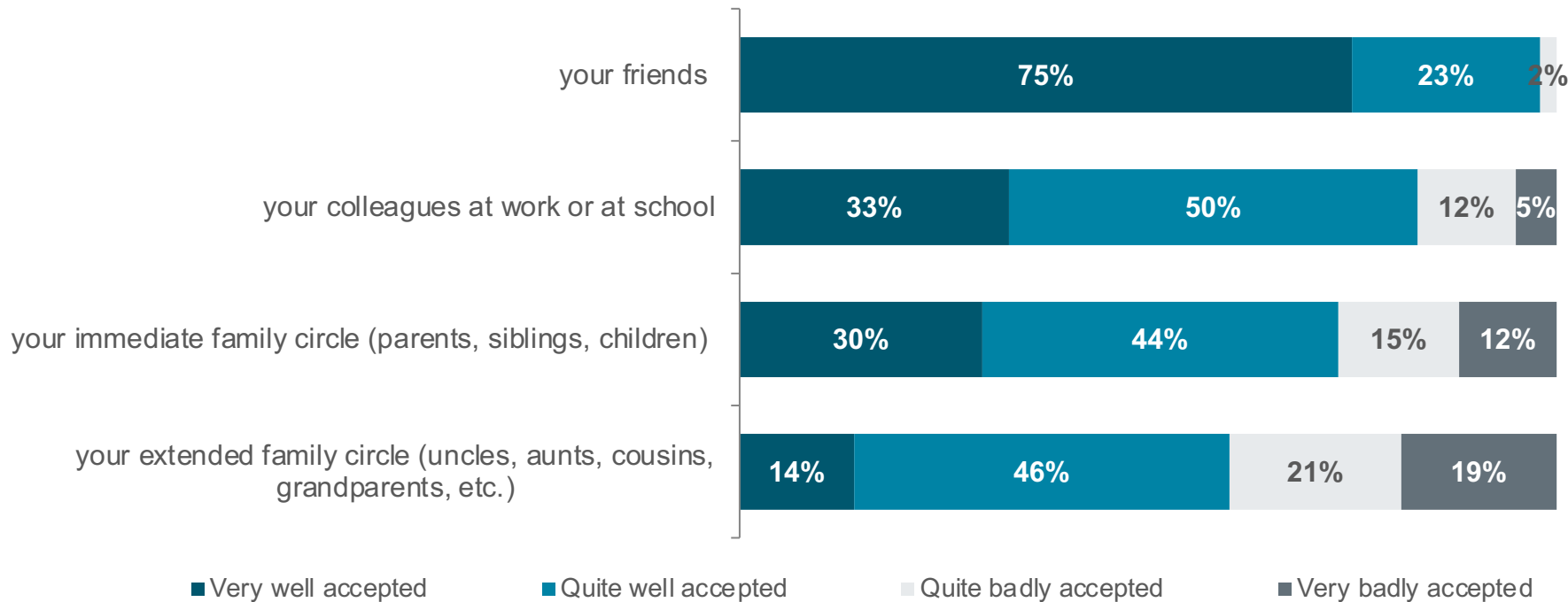
** Very + somewhat uncomfortable

***% have not started the coming-out process+ does not apply

Acceptance by their entourage – gender identity

Base: Excluding those who haven't started the coming-out process and for whom it did not apply, n=variable
Among the trans and non-binary, n=1,643 – 2,528

GENDER DIVERSITY (TRANS AND NON-BINARY): ALL RESPONSES



TOTAL GOOD *	TOTAL BAD**	EX-CLUDED ***
n=1,643 – 2,528		n=2,934
98%	2%	15%
83%	17%	41%
74%	26%	24%
60%	40%	45%

* Very + quite well accepted

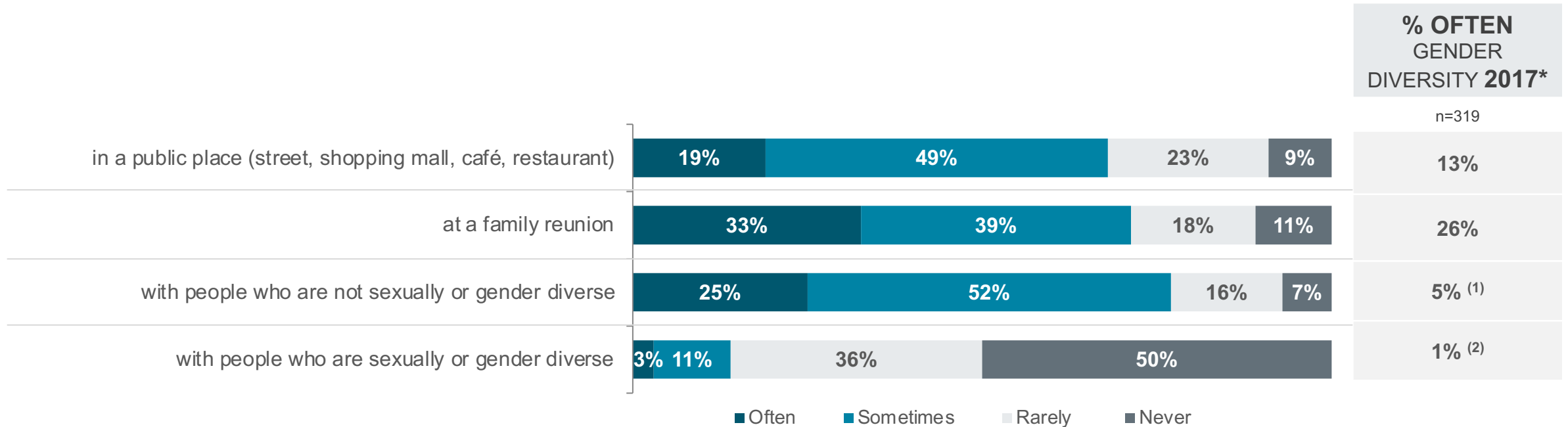
** Very + quite badly accepted

***% have not started the coming-out process+ I don't know + does not apply

Discomfort of other people around a person with a non-cis gender identity

Base: Trans or non-binary people, n=2,934

GENDER DIVERSITY (TRANS + NON-BINARY): ALL RESPONSES



* The 2017 study was based on transgender, non-binary and other gender identities.

- 1) When you are with friends who do not belong to a sexual minority.
- 2) When you are with LGBT friends.



Useful resources and support

life to ideas



USEFUL RESOURCES AND SUPPORT

While a quarter (23%) of people of diversity have made use of community organizations or support groups related to their sexual orientation or gender identity, among trans people, one in two have made use this type of service.

Three-quarters (76%) of those who used these organizations believe that the support they received was very (26%) or quite (50%) satisfactory.

Of the various resources available, social networks (52%) and the web in general (42%) were what help the most in the process of coming to terms with, accepting or coming out with their gender identity and sexual orientation.

As for the availability of resources, people of diversity are twice as likely (58%) as the general population (30%) to believe that the resources are insufficient. This proportion is even higher among trans and non-binary people (74% to 86%).

Interestingly, people of diversity aged 35 and over are more critical of the lack of resources, with almost two in three (62%) considering them insufficient.

Made use of organizations related to their gender identity / sexual orientation

Base: People of diversity, n=7,481

DIVERSITY: ALL RESPONSES AND CROSS-TABULATIONS

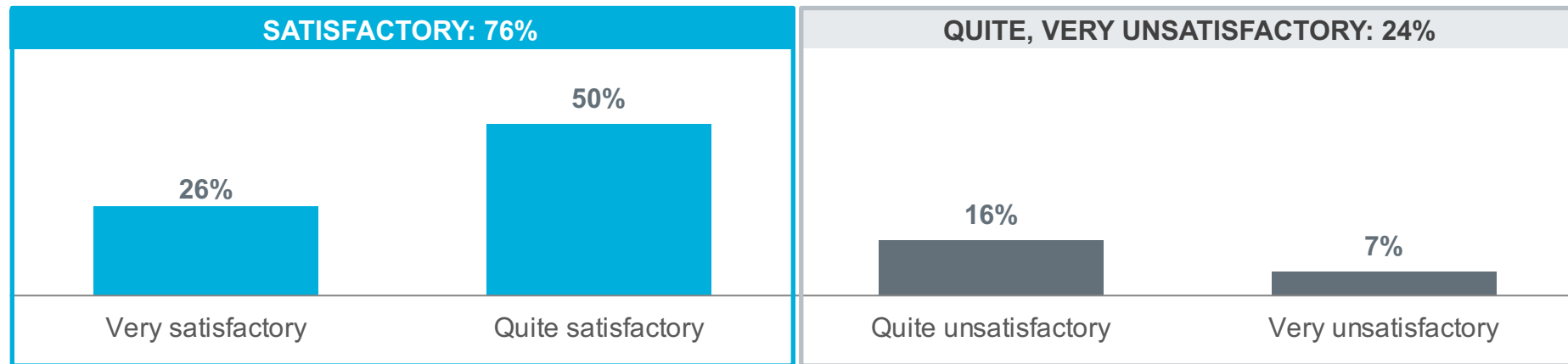


GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																		
	TOTAL	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo. N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Yes	23	21	19	50	55	39	22	24	20	59	44	18	19	53	37	17	26	17	35

Satisfaction with the support obtained from these organizations

Base: People of diversity who obtained support from an organization, n=2,295

DIVERSITY: ALL RESPONSES AND CROSS-TABULATIONS



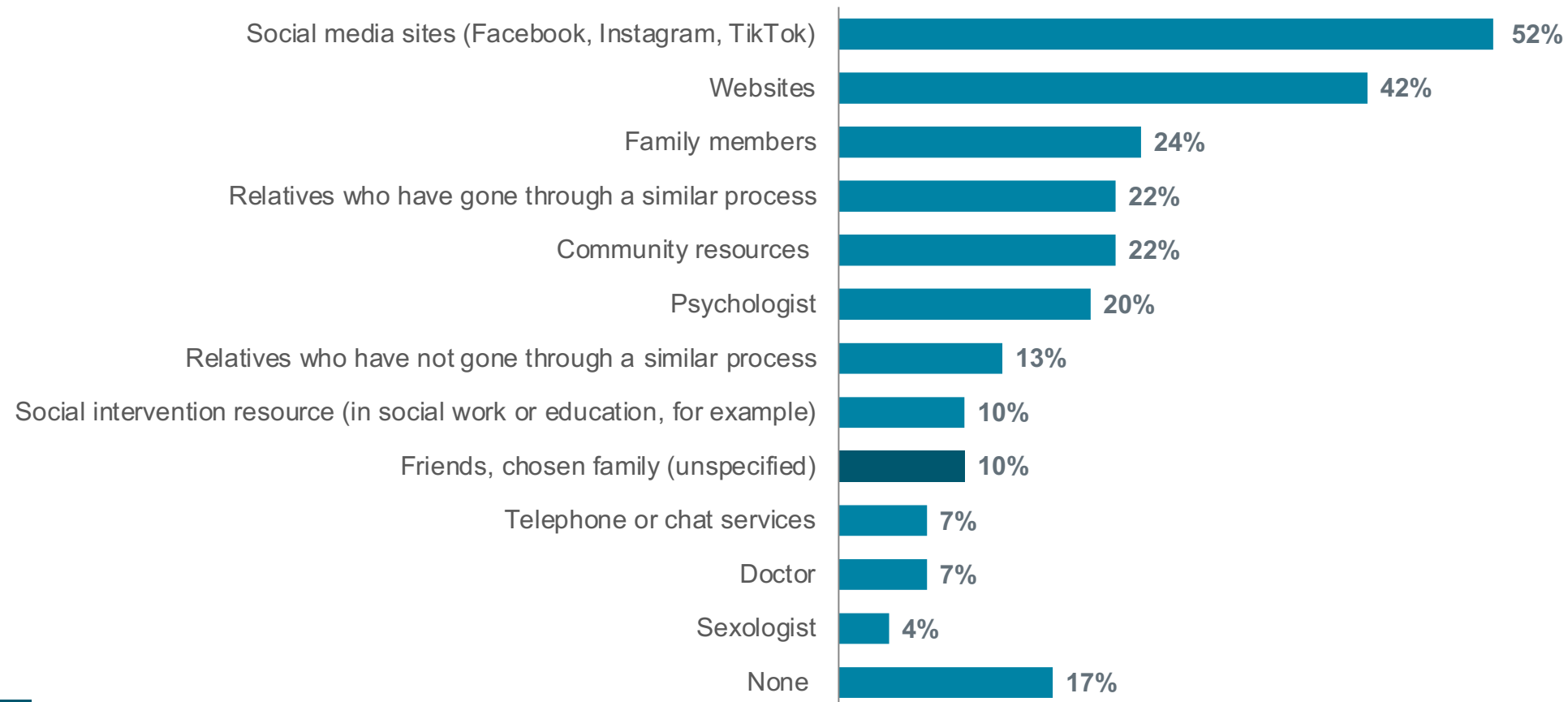
GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																		
	TOTAL	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
(%)	n= 2,295	261	497	359	305	633	71	190	220	199	139	44	159	188	122	154	459	67	194
Satisfactory	76	82	77	65	79	72	*	79	75	77	67	*	77	65	75	70	78	*	71
Quite, very unsatisfactory	24	18	23	35	21	28	*	21	25	23	33	*	23	35	25	30	22	*	29

* Results where the number of people representing the subgroup was less than 100 are not presented.

Helpful resources for the process of coming to terms with, accepting or coming out with their gender identity / sexual orientation

Base: People of diversity, n=7,481

DIVERSITY: ALL RESPONSES

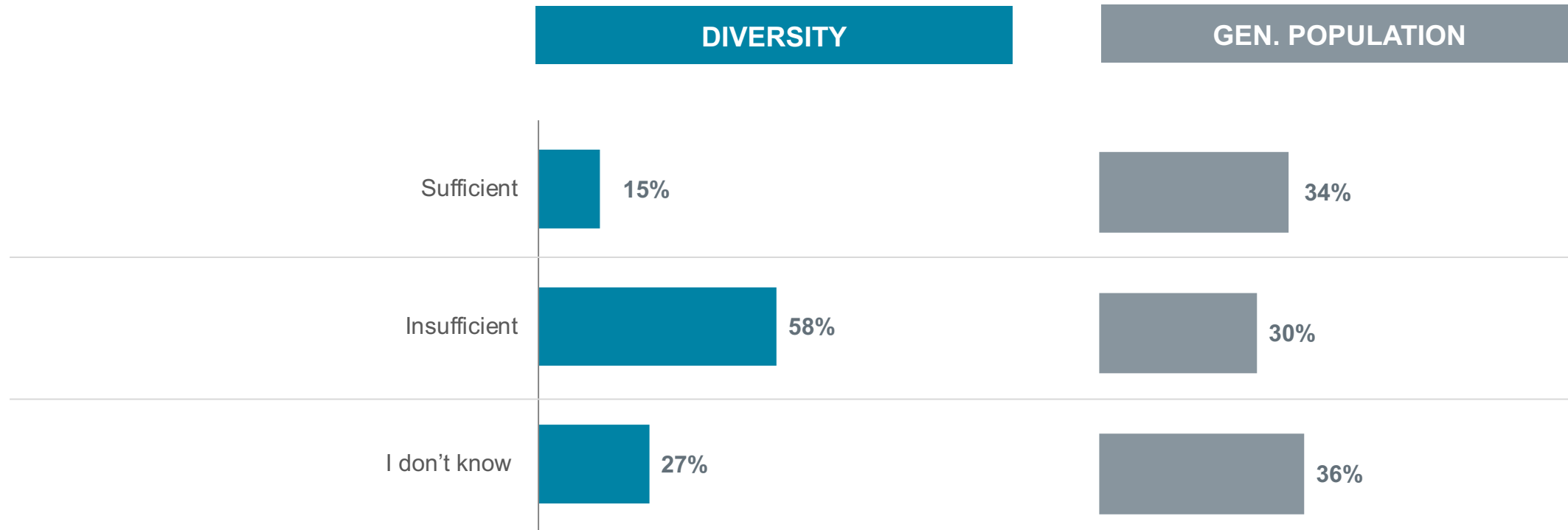


Code added due to the high number of people mentioning it in the “other, specify” category.

Sufficient resources to support sexually and gender-diverse people

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES





Gender identity and medical treatments



GENDER IDENTITY AND MEDICAL TREATMENTS

Hormonal treatments and surgeries were reported by 76% and 37%, respectively, of trans people, and 20% and 13% of non-binary people. Of those who opted for these treatments, 53% reported that access to these services was difficult.

One in two trans men (48%) have had surgery to live better with their gender identity. The same proportion does not obtain for trans women, of whom only 29% have opted for surgery. Although they have had less recourse to surgery, they are however more likely to opt for hormones (81% compared to 72% of trans men).

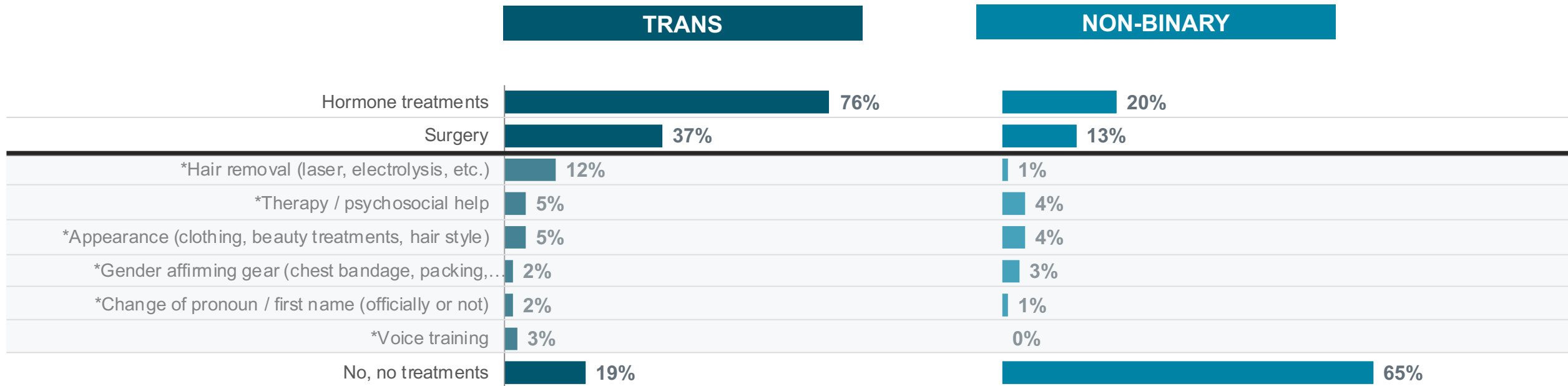
In the 25-34 age group, 90% of trans people have opted for hormones and 45% for surgery.

Lastly, although these treatments are rarer in adolescence, nearly one in three trans adolescents aged 15 to 17 (28%) have started taking hormones. The incidence of surgery in this age group is low, at 4%.

Treatments that help them live better with their gender identity

Base: Trans people, n=1,309 or non-binary, n=1,625

GENDER DIVERSITY (TRANS + NON-BINARY): ALL RESPONSES



Only treatments mentioned by at least 3% of people in any group measured in the cross-tabulations shown on the next page (trans man, trans woman, non-binary or questioning) are presented. Between 1% and 3% of these subgroups did not wish to answer the question.

*People of diversity spontaneously mentioned several types of treatment, such as therapy or psychosocial help, hair removal (laser, electrolysis, etc.), changing their appearance (clothing, beauty treatments, hair style), or the use of gender-affirming gear (chest bandage, packing, tucking, padding).

IMPORTANT: Since these choices were not presented but came from the “other, specify” category, they are very probably under-estimated.

Treatments that help them live better with their gender identity

Base: Trans people, n=1,309 or non-binary, n=1,625 /questioning, n=319

GENDER DIVERSITY (TRANS, NON-BINARY, QUESTIONING): CROSS-TABULATIONS

	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE X NON-BINARY					
	(%) TOTAL Trans**	Trans M	Trans W	Non- bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +	
	n=	1309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
Hormone treatments	76	72	81	20	2	28	69	90	82	82	12	22	24	16	*	
Surgery	37	48	29	13	1	4	21	45	46	51	1	9	19	14	*	
Hair removal (laser, electrolysis, etc.)***	12	3	20	1	1	0	3	11	19	21	1	0	2	2	*	
Therapy / psychosocial help***	5	6	4	4	3	4	4	6	5	4	3	3	4	4	*	
Appearance (clothing, beauty treatments, hair style)***	5	5	4	4	2	7	5	4	3	4	1	5	3	5	*	
Gender affirming gear (chest bandage, packing, tucking, padding)***	2	3	1	3	2	6	1	2	1	1	4	5	2	4	*	
Change of pronoun / first name (officially or not)*	2	3	1	1	0	2	3	1	2	2	1	2	1	1	*	
Voice training***	3	1	4	0	0	2	2	3	4	2	0	1	1	0	*	
No, no treatments	19	21	16	65	88	61	22	9	11	17	80	65	58	67	*	

Only treatments mentioned by at least 3% of people in any group measured in the cross-tabulations shown on the next page (trans man, trans woman, non-binary or questioning) are presented. Between 1% and 3% of these subgroups did not wish to answer the question

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

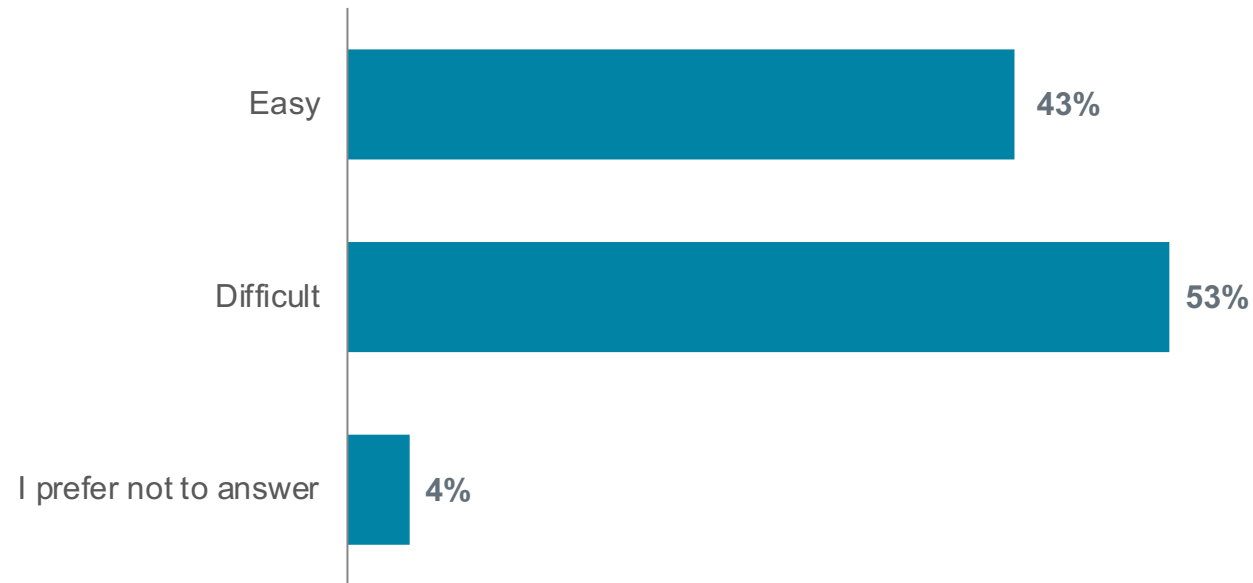
*** People of diversity spontaneously mentioned several types of treatment, such as therapy or psychosocial help, hair removal (laser, electrolysis, etc.), changing their appearance (clothing, beauty treatments, hair style), or the use of gender-affirming gear (chest bandage, packing, tucking, padding).

IMPORTANT: Since these choices were not presented but came from the “other, specify” category, they are very probably under-estimated.

Ease of obtaining these treatments

Base: Gender-diverse people who reported having undergone a treatment, n=1,688

GENDER DIVERSITY: ALL RESPONSES





Violence / discrimination suffered

life to ideas



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PREAMBLE TO THE SECTION

Due to the particularly sensitive nature of this section, respondents were given the option to skip the section at any point if they felt the need. Thus, the number of respondents may vary from one question to another.

This section was prefaced by the following message:

The next section deals with violence in all its forms.

We understand that these questions can be difficult, as they are likely to bring back painful memories.

If you feel the need to reach out or need help, here is a list of organizations that may be able to help you. Click [here](#) for a list of organizations.

The choice “I prefer not to answer” is available for each of the following questions. Feel free to use it as needed!

If you wish, you can choose not to answer this section, either partially or fully. Simply select the button below to proceed to the next section of the questionnaire.

TAKE ME TO THE NEXT SECTION [BUTTON AVAILABLE FOR ALL QUESTIONS].

VIOLENCE AND DISCRIMINATION SUFFERED (1/3)

In order to produce a more representative picture of today's reality, we have chosen to present as a priority the numbers for violence and discrimination suffered over the last 12 months. The percentages related to violence/discrimination suffered over a lifetime are obviously much higher.

On average, people of diversity report experiencing twice as much violence/discrimination in the past year, regardless of its nature, as people in the general population. Verbal abuse (20%) and psychological abuse (14%) are the most common types of violence experienced by people of diversity at present.

It is important to note that people of diversity (11%) are targeted significantly more today (in the past 12 months) by cyberviolence than the general population (3%). And trans and non-binary people by far are the ones bearing the brunt of this type of violence (trans men: 17%, trans women: 31%, non-binary people: 20%). The web, despite its positive aspects for trans and non-binary people, has today become a place where violence/discrimination against these people has reached disproportionate levels.

The youngest people of diversity (15-17 years old) are up to twice as likely to have suffered some of the types of violence/discrimination addressed in this survey.

VIOLENCE AND DISCRIMINATION SUFFERED (2/3)

This violence and discrimination experienced by people of diversity primarily focuses on three things: physical appearance (18%), gender identity, and sexual orientation (both 15%). Here again, trans, non-binary and the youngest cohort are the most targeted.

Over the course of a lifetime, violence/discrimination in all forms has been experienced by nine out of 10 people of diversity (89%), compared to 69% for the Canadian population, a difference of 20 percentage points. Moreover, in the last 12 months, the difference in the violence/discrimination suffered was double for people of diversity: 23% for the general population compared to 46% for people of diversity.

The aggressors and the places where the violence/discrimination against diversity occurs are also different from those against the general population. Against members of the general population, it is more often perpetrated by colleagues, partners or neighbours, and the violence/discrimination occurs mainly at home or in the workplace.

Another marked difference is that nearly two thirds (61%) of victims in the general population knew their aggressor, compared to only half (48%) of diversity victims.

VIOLENCE AND DISCRIMINATION SUFFERED (3/3)

Nearly one in two young people (46%) who self-identify as a person of diversity reported that the most recent episode of violence/discrimination they suffered took place in or near a school.

The main aggressors (in the last 12 months) against people of diversity comprise colleagues from work or school (18%), friends (16%), family members (13%) or people in positions of authority (12%). It is also important to note that violence/discrimination is also perpetrated by other people of diversity (6% in the last year).

In the majority of reported cases, men were the aggressors (in 73% of cases against people of diversity and in 69% of cases against people in the general population), whereas women perpetrated a third (33%) of the most recent aggressions against people of diversity. Questioning people (44%), trans men (41%) and lesbian women (38%) more often mentioned having been attacked by women.

The age of the perpetrators varies greatly: 17% of the attackers were minors (under 18 years of age) and 21%, over 55. Most aggressions (44%) were committed by people in the 30-50 age group.



SO-CALLED CONVERSION THERAPIES

Four percent (4%) of people of diversity report having undergone so-called conversion therapy.

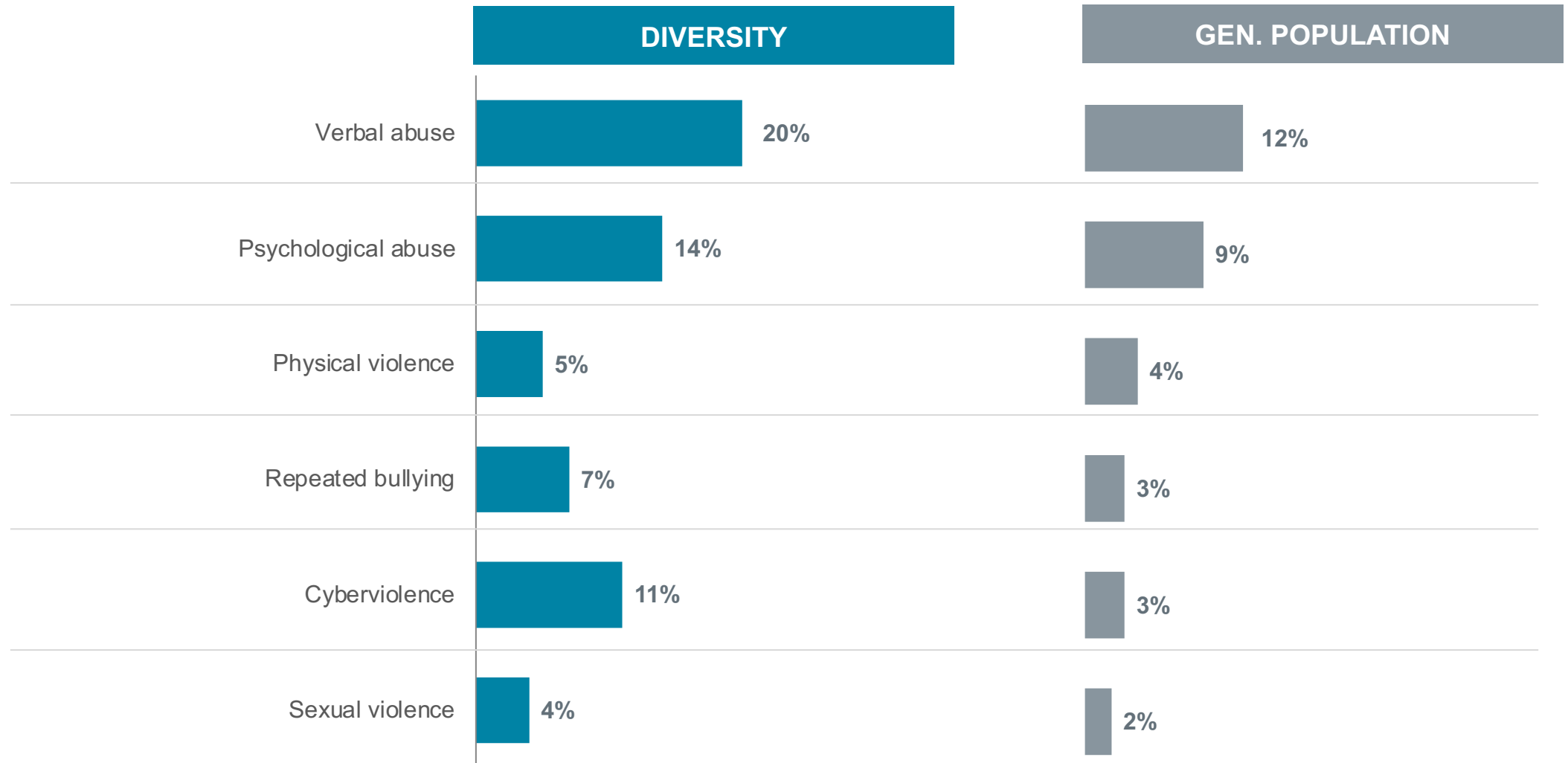
This proportion is almost double among trans and non-binary people (between 7% and 9%).

Note that conversion therapies have been banned in Quebec since 2020 (Law P42.2) and in the Canadian Criminal Code since 2021 (since January 2022).

Types of violence suffered (1/2)

Base: all respondents. People of diversity, n=7,121 / General population, n=927

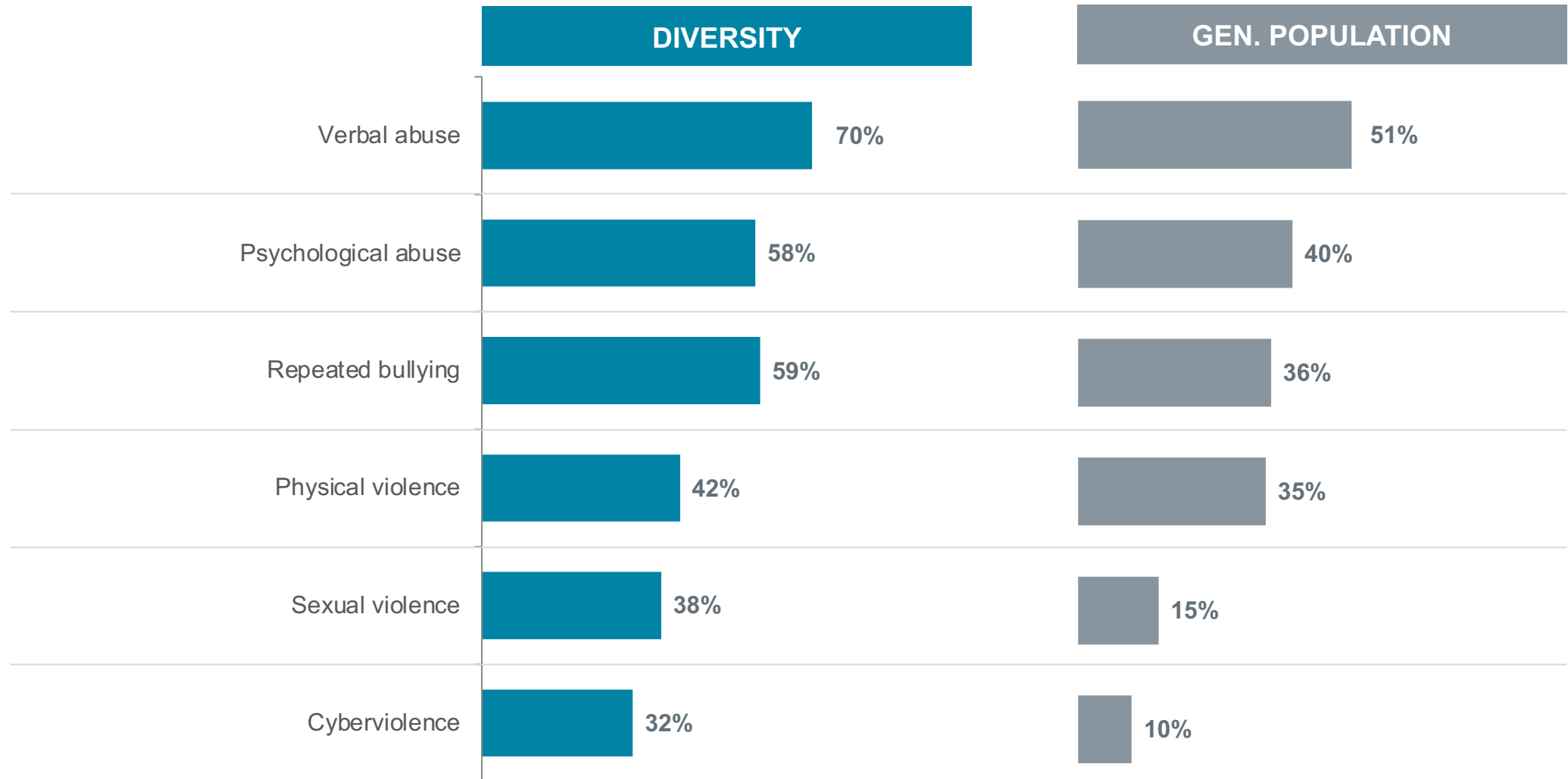
DIVERSITY and GEN. POPULATION: COMPARISON – % IN LAST 12 MONTHS



Types of violence suffered (2/2)

Base: all respondents. People of diversity, n=7,121 / General population, n=927

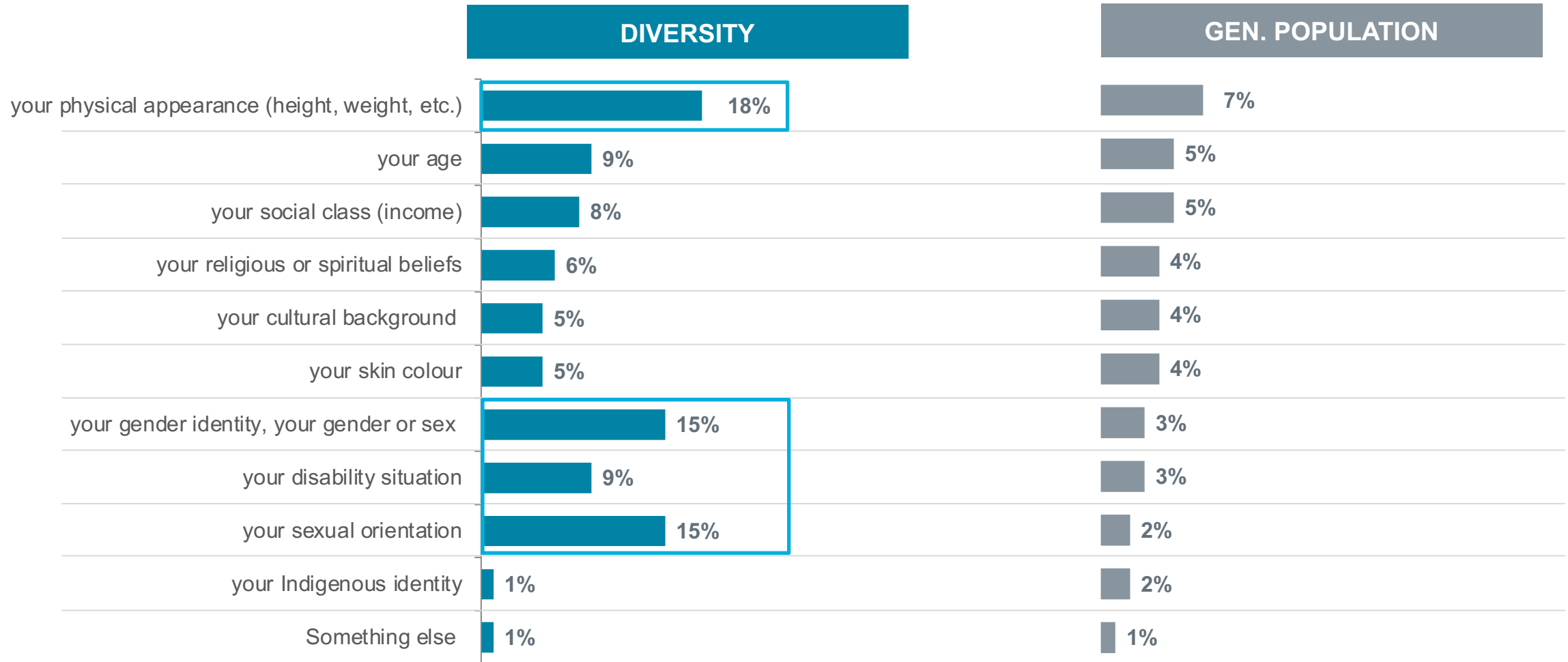
DIVERSITY and GEN. POPULATION: COMPARISON – % TOTAL (in last 12 months or earlier)



Focus of the violence / discrimination suffered (1/2)

Base: all respondents. People of diversity, n=7,056 / General population, n=916

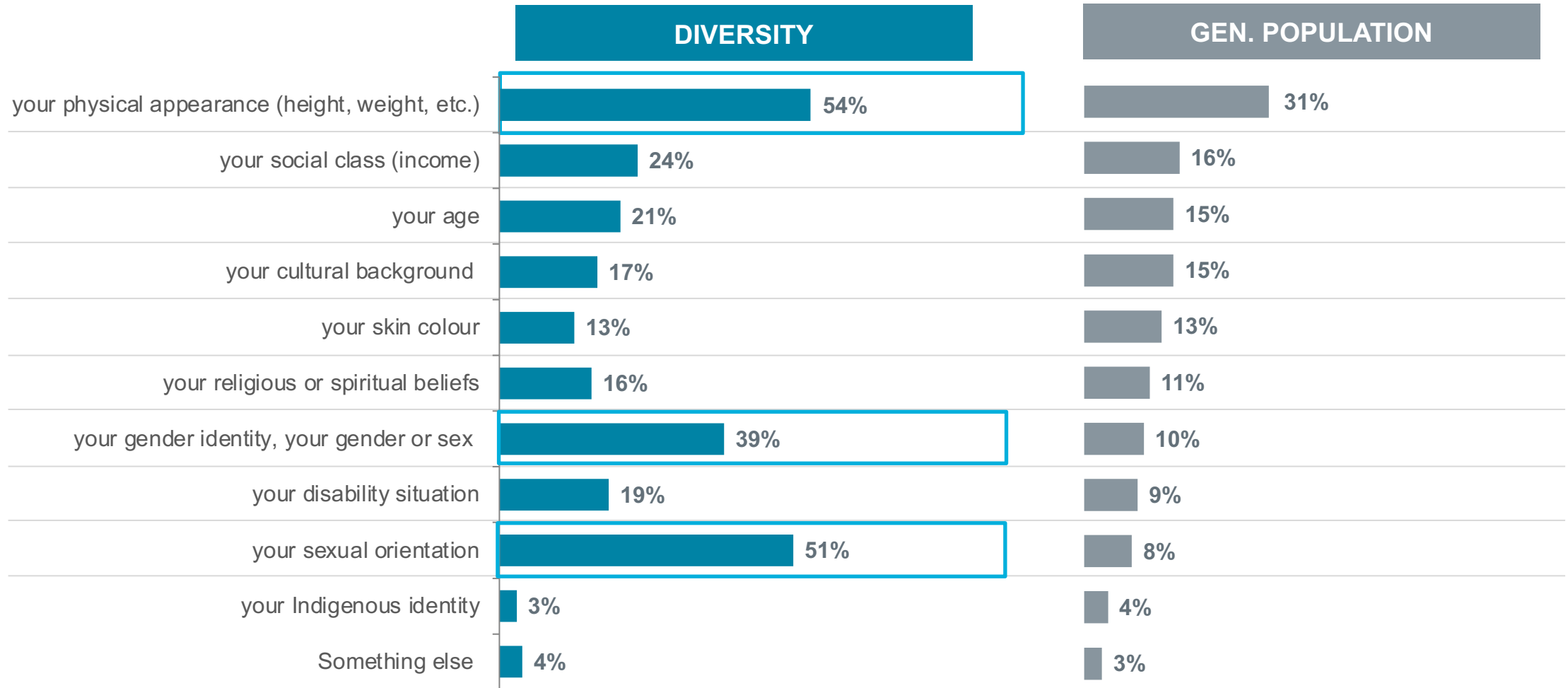
DIVERSITY and GEN. POPULATION: COMPARISON – % IN LAST 12 MONTHS



Focus of the violence / discrimination suffered (2/2)

Base: all respondents. People of diversity, n=7,056 / General population, n=916

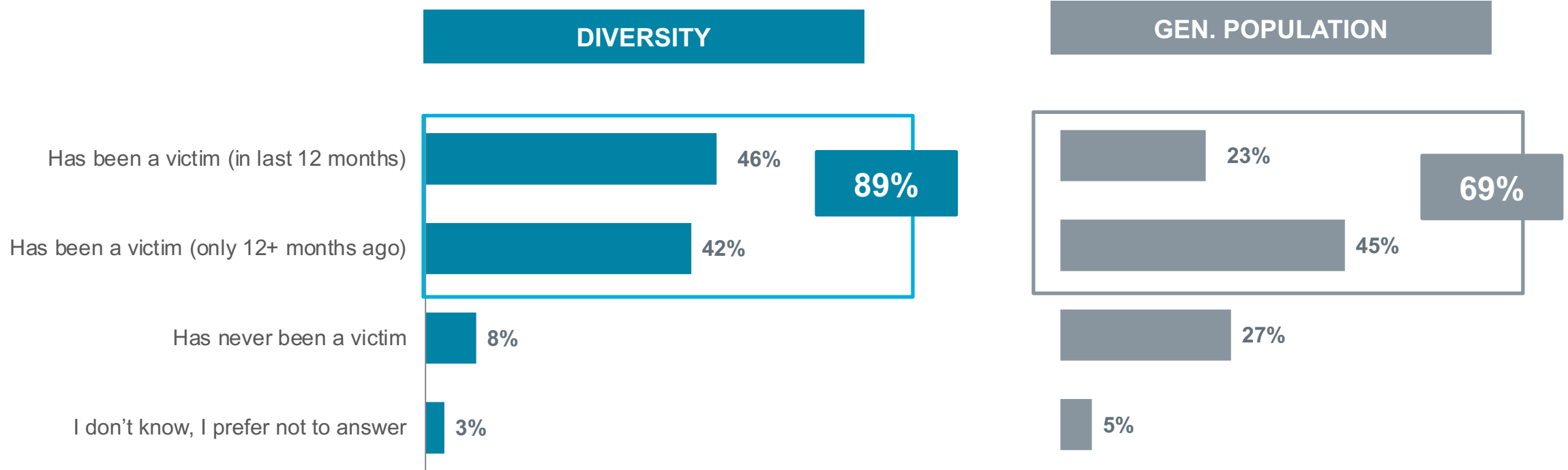
DIVERSITY and GEN. POPULATION: COMPARISON – % TOTAL (last 12 months or earlier)



Victim of violence or discrimination

Base: all respondents. People of diversity, n=7,121 / General population, n=927

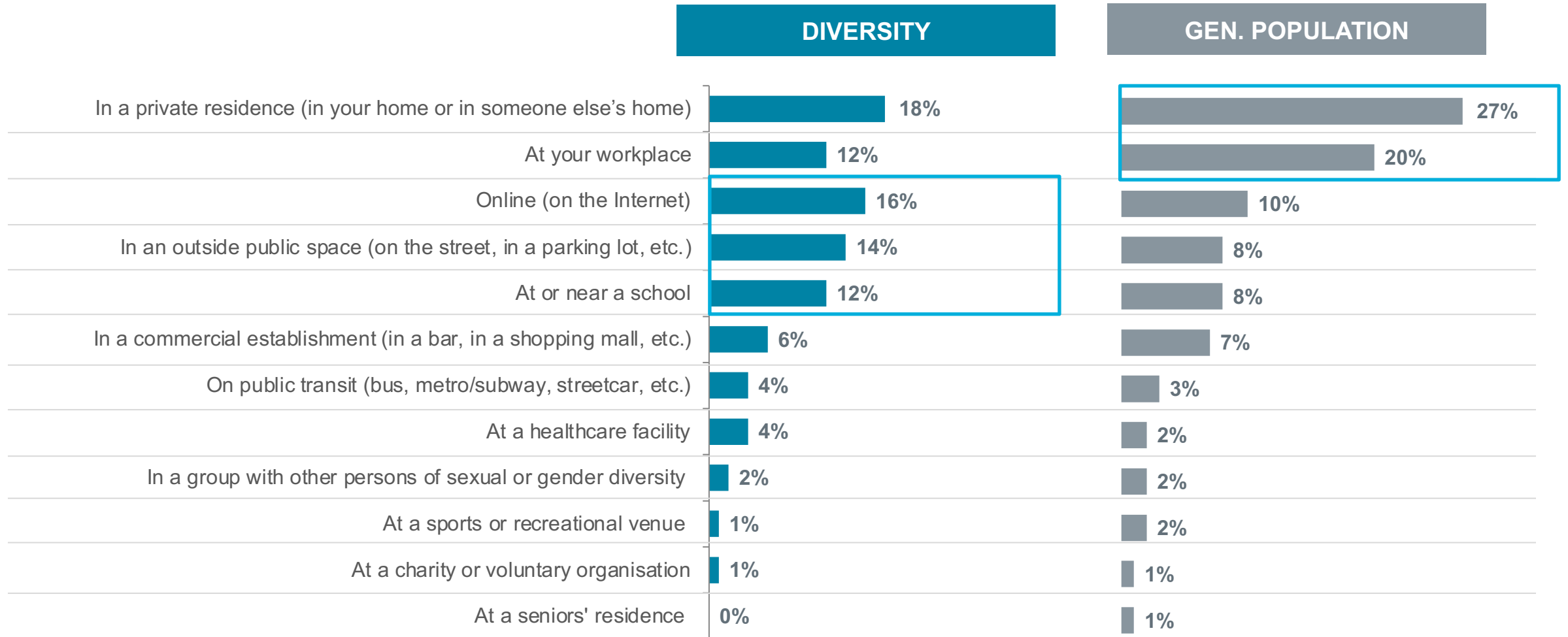
DIVERSITY and GEN. POPULATION: COMPARISON (% types of violence + discrimination or violence related to...)



Location of the last episode of violence / discrimination

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,547 / General population, n=218

DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES

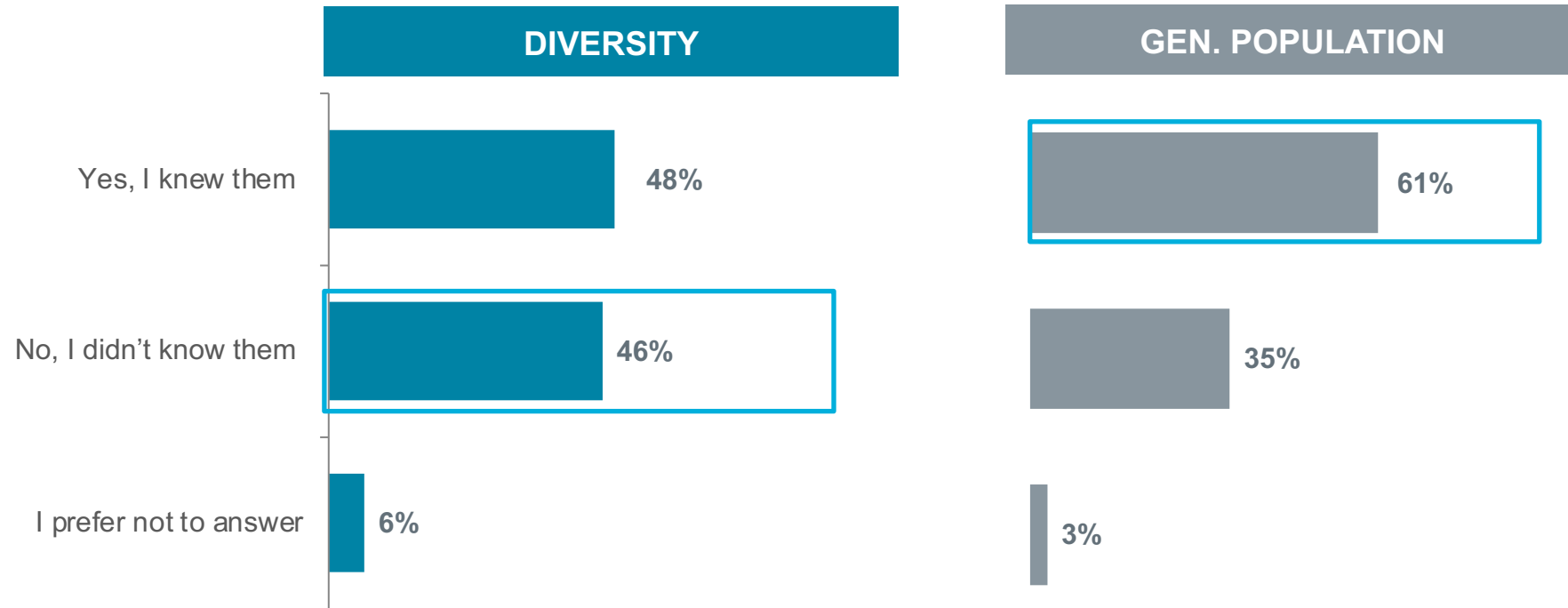


The following responses were not presented: I prefer not to answer (8%: diversity / 5%: gen. population) and "other, specify" (1%: diversity / 4%: gen. population).

Knowledge of the person(s) who victimized them

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,532 / General population, n=216

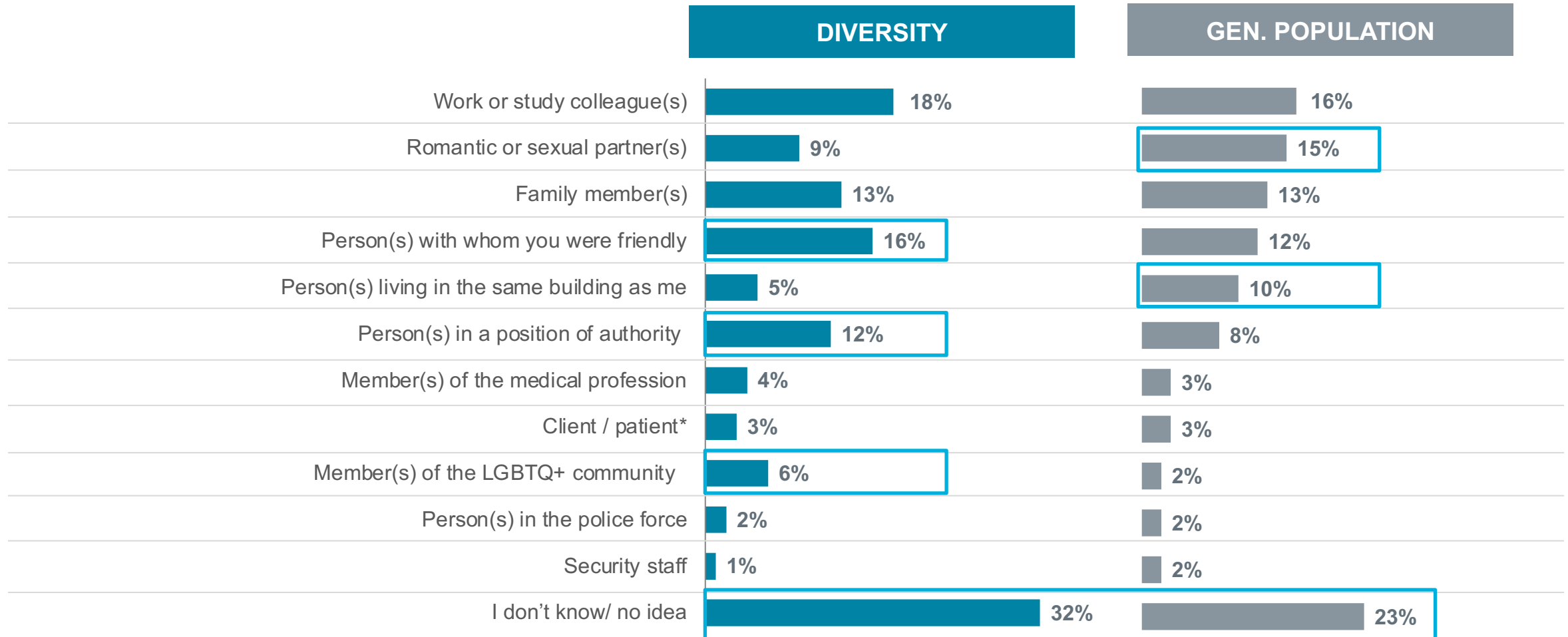
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Nature of their relationship with the person(s) who victimized them

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,509 / General population, n=213

DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



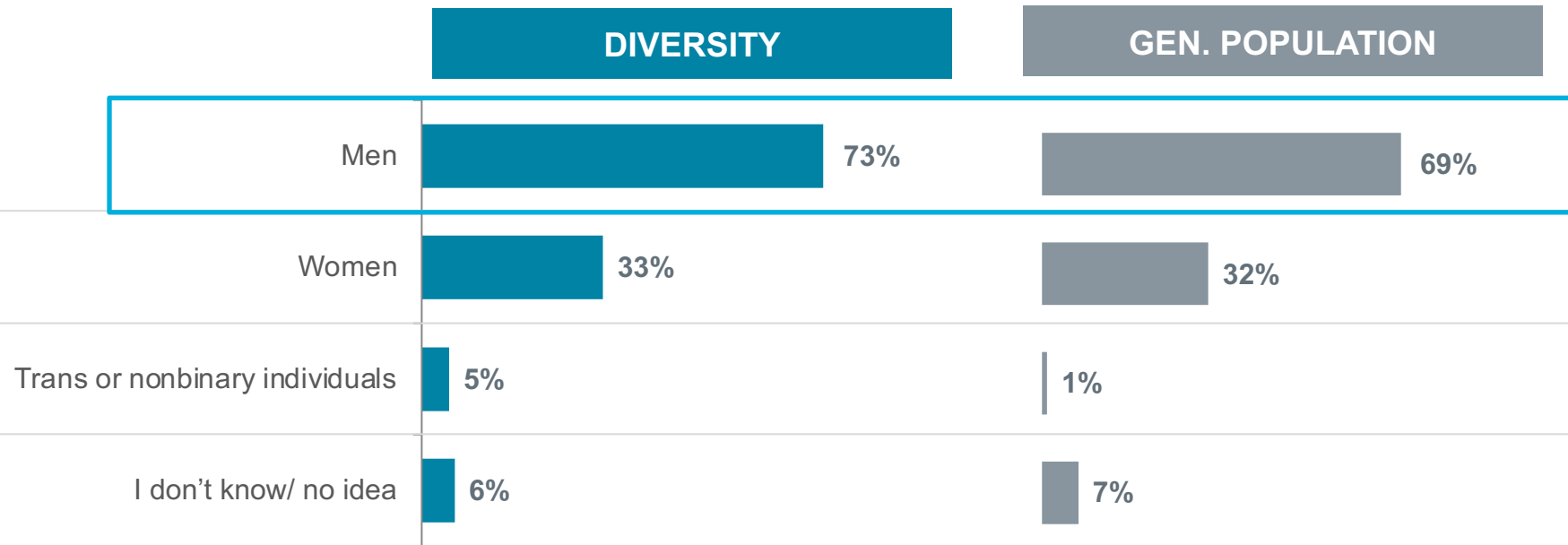
* This response choice was mentioned spontaneously under the “other, specify” category, so it is certainly underestimated.

The following responses were not presented: I prefer not to answer(4%: diversity / 4%: gen. population) and “other, specify” (4%: diversity / 4%: gen. population).

Gender identity of the person(s) who committed the aggression

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,503 / General population, n=213

DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



DIVERSITY: CROSS-TABULATIONS

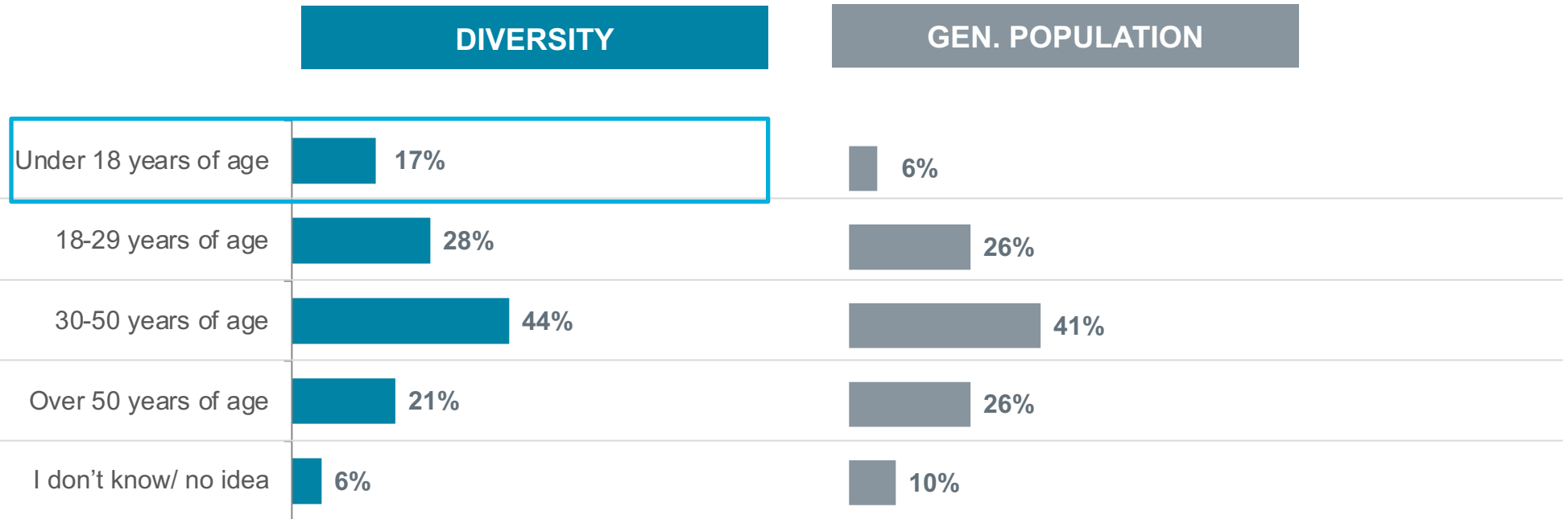
TOTAL (%)	GENDER IDENTITY - DIVERSITY							SEXUAL ORIENTATION											
	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer	
n= 3,503	367	1,059	399	345	942	141	225	382	211	192	79	356	205	176	298	740	136	244	
Men	73	79	70	68	73	70	73	82	70	74	74	*	71	71	67	65	74	71	72
Women	33	28	35	41	34	35	36	26	38	35	39	*	35	38	30	43	29	44	30
Trans or non-binary people	5	7	4	4	3	3	2	5	3	3	4	*	3	3	1	4	5	11	1

The following responses were not presented: I prefer not to answer(4%: diversity / 4%: gen. population) / * Results where the number of people representing the subgroup was less than 100 are not presented.

Age of the person(s) who committed the aggression

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,493 / General population, n=212

DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES

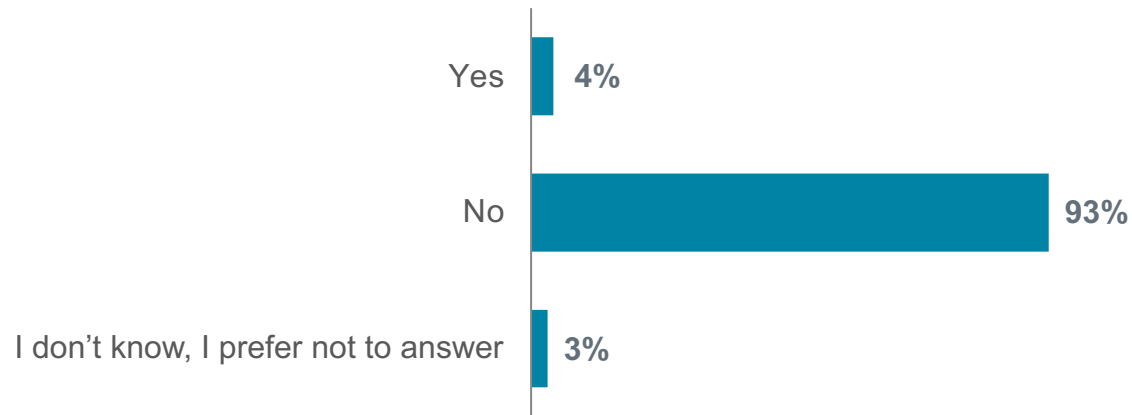


The following responses were not presented: I prefer not to answer (3%: diversity / 4%: gen. population).

So-called conversion therapy

Base: People of diversity, n=7,041

DIVERSITY: ALL RESPONSES AND CROSS-TABULATIONS



GENDER IDENTITY - DIVERSITY	GENDER IDENTITY - DIVERSITY							SEXUAL ORIENTATION											
	TOTAL (%)	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,041	1,114	2,523	649	523	1,531	295	732	1,036	335	324	238	803	321	321	564	1,179	271	433
Yes	4	4	4	7	9	7	2	5	5	7	10	3	4	9	6	4	4	3	4
No	93	94	93	88	86	89	92	94	94	87	85	94	93	86	90	93	94	91	94
I don't know, I prefer not to answer	3	2	3	5	5	4	5	1	1	7	5	3	3	5	4	3	2	6	3



Freedom of self-expression in Canada

life to ideas



FREEDOM OF SELF-EXPRESSION IN CANADA

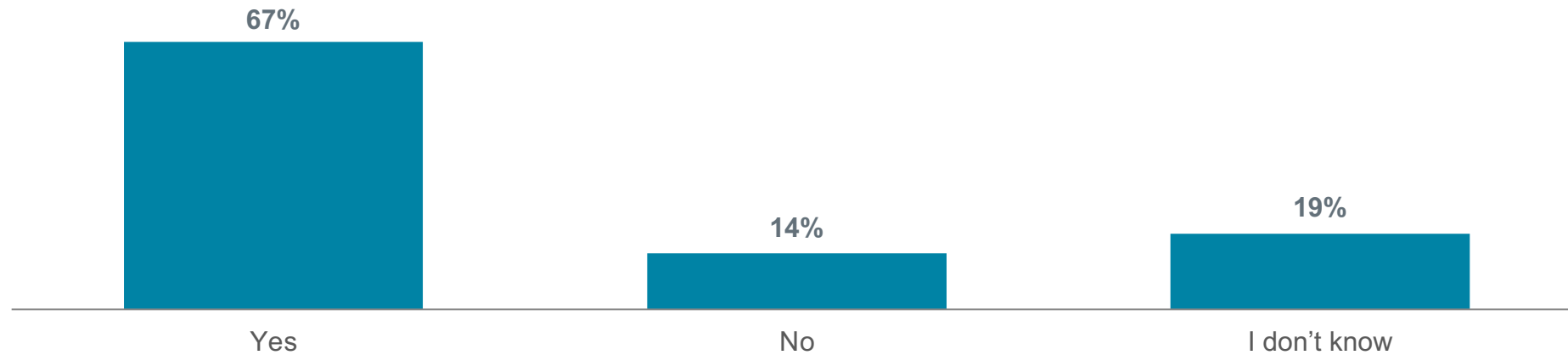
Despite the tensions highlighted in this report, Canada remains a receptive and open country for people of diversity whose country of origin may be more repressive in this regard.

As proof, among people of diversity who were not born in Canada, two-thirds (67%) believe that their arrival in the country has allowed them to express their gender identity or sexual orientation more freely.

Ability to express their gender identity / sexual orientation more freely since arriving in Canada

Base: People of diversity who were not born in Canada, n=900

DIVERSITY: ALL RESPONSES



A heart-shaped object, possibly a knitted heart, is positioned on the left side of the image. It has a white bandage on its right side. A stethoscope is placed over the heart and extends across the middle of the image. The background is a textured blue surface.

Health

┌
life to ideas



MENTAL HEALTH (1/2)

While the self-assessment of their physical health by people of diversity does not differ much from the Canadian average, the same cannot be said for their mental health. A quarter of people of diversity consider their mental health to be “bad,” compared to only 8% of the general population. If we include those who rate it as “fair,” this represents 60% of people of diversity, double the incidence in the general population (32%). Questioning (77%), non-binary (74%) or trans (66%) people are the most afflicted by poor mental health. Again, this reality is even more dire among the youngest cohort, with up to 83% of trans adolescents aged 15 to 17 experiencing psychological distress.

Nearly half of people of diversity have been diagnosed with depression (49%) or anxiety disorder (48%), whereas this proportion is half that among the Canadian population, 26% in both cases. These diagnoses peak among non-binary people (depression: 66% and anxiety disorders: 66%) and trans men (depression: 66% and anxiety disorders: 64%).

The highest numbers of these diagnoses, up to 73%, are found among trans and non-binary young people 25 to 34 years of age.



MENTAL HEALTH (2/2)

Over the past 12 months addiction problems have affected twice as many people of diversity (21%) as the general population (12%), as have eating disorders (20% among people of diversity versus 8%). People of diversity stand out most starkly by their suicidal thoughts. While one in ten people (12%) in the general population have considered suicide, four out of 10 people of diversity (40%) have thought about ending their lives in the past year.

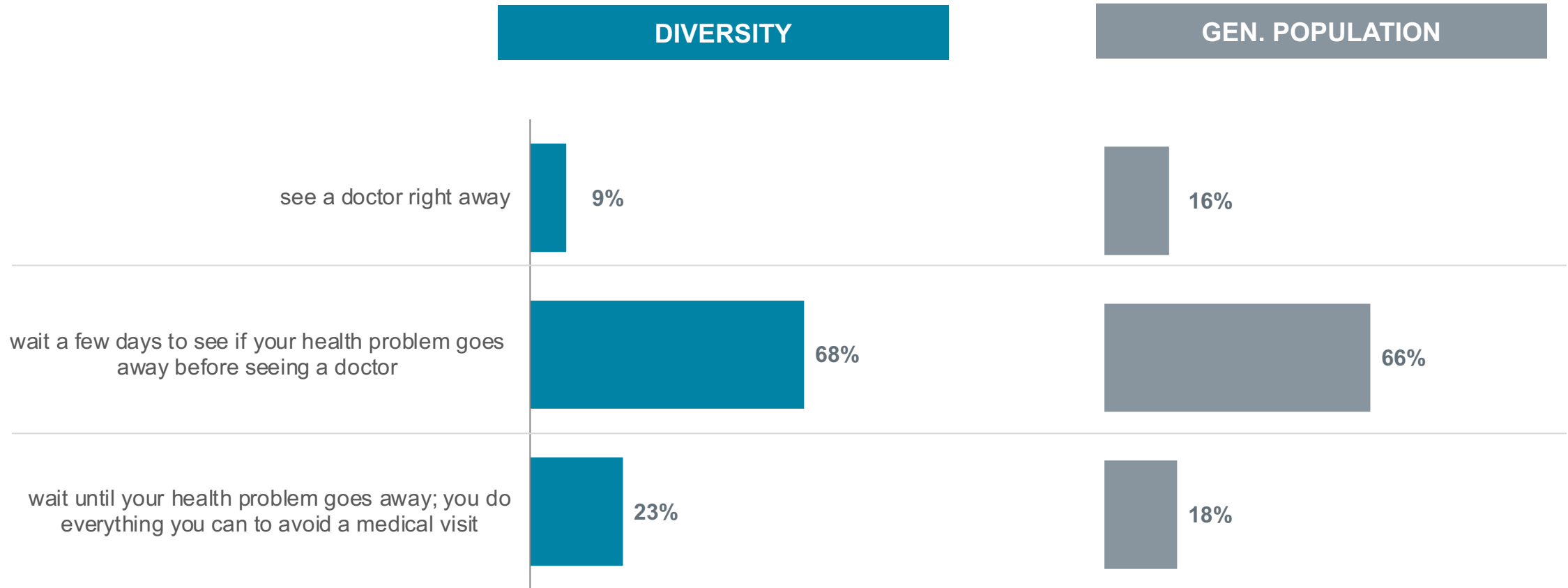
Again, this distress attains the highest level among non-binary and trans people, particularly trans men.

Lastly, suicide attempts are higher among the youngest people of diversity. While these attempts affect 2% of the general population, they rise to 5% among people of diversity. This dramatic incidence peaks among 15–17-year-old trans (20%) and non-binary (23%) adolescents (15-17-year-old).

Time taken to consult a doctor about a health problem

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

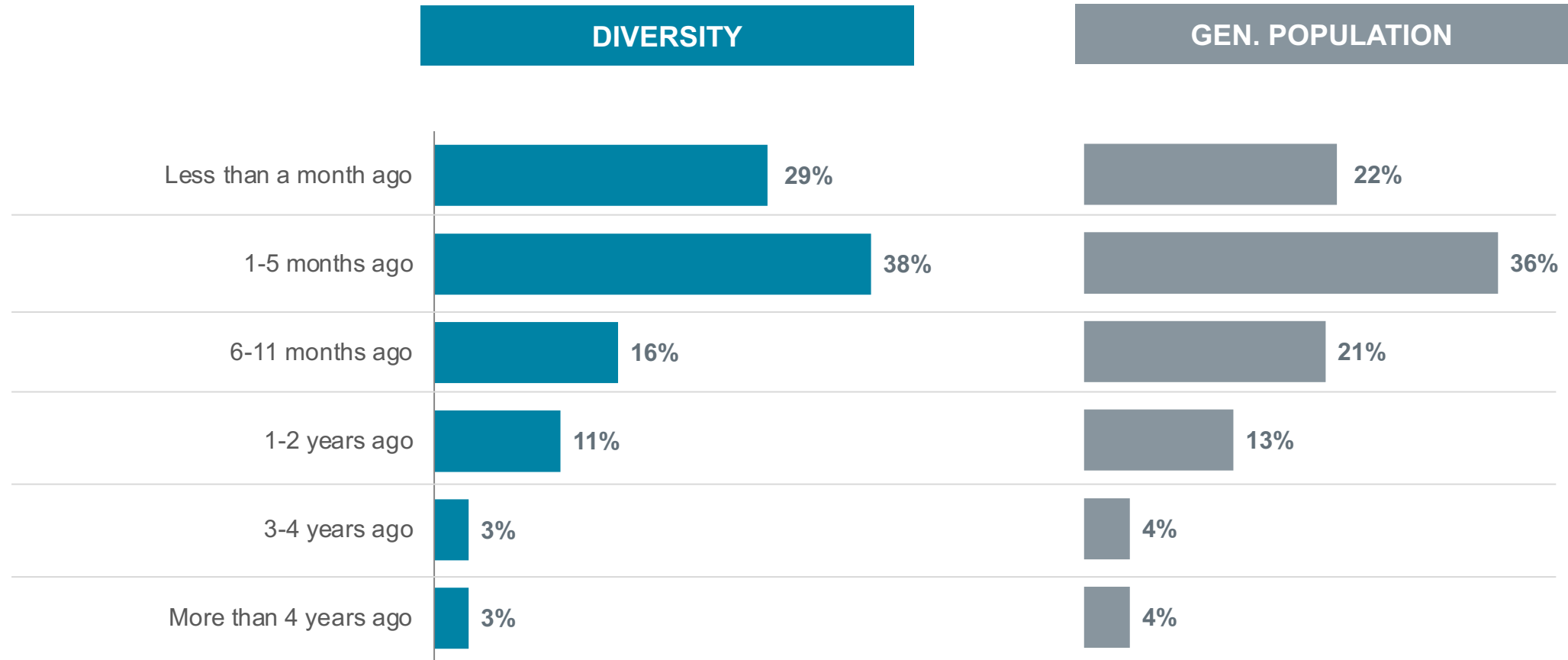
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Last medical visit

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

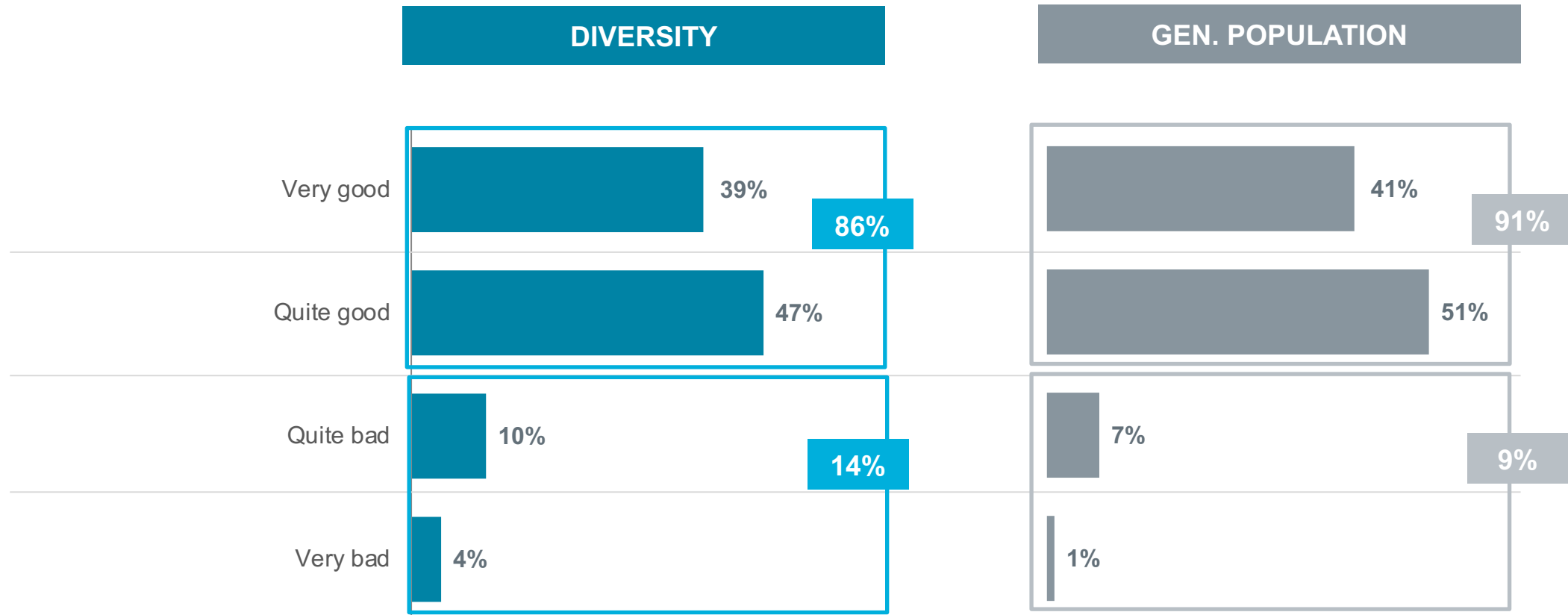
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Evaluation of the quality of the support at the last medical visit

Base: all respondents excluding DKN. People of diversity, n=7,107 / General population, n=972

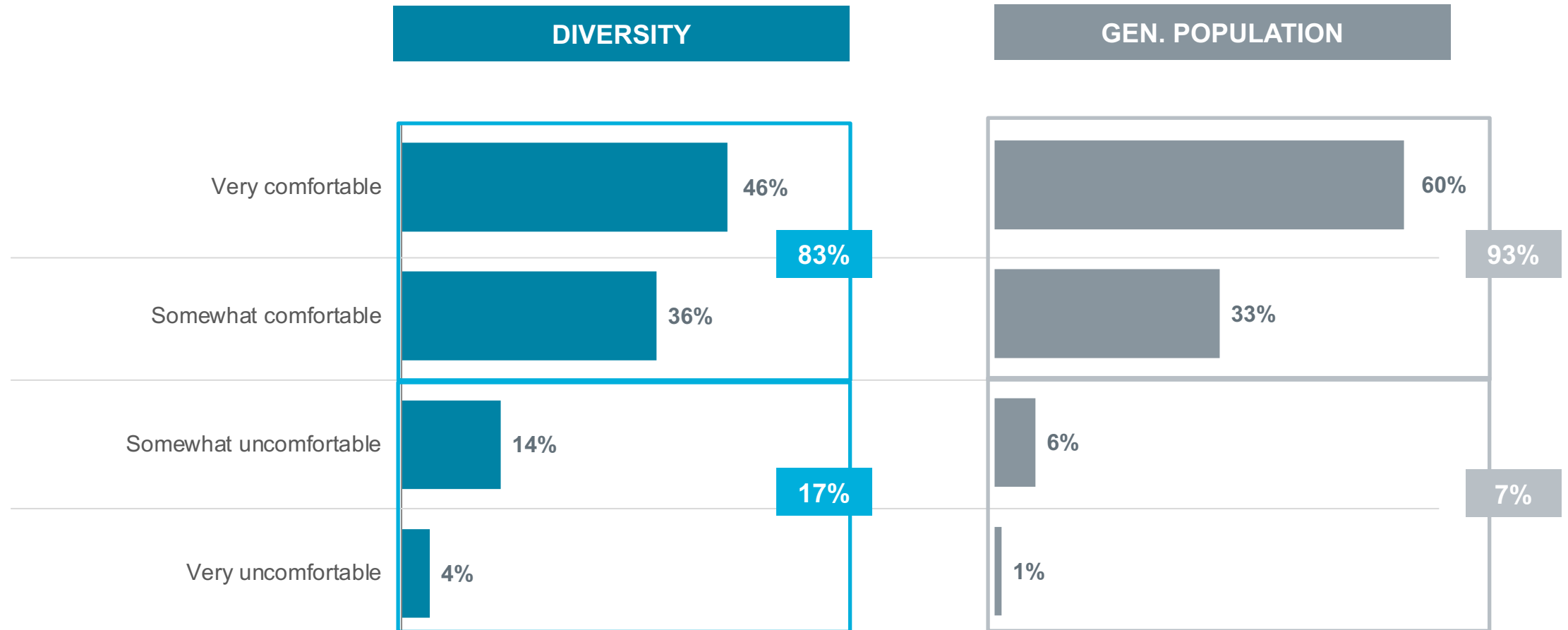
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Degree of comfort with asking all questions during the last medical visit

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

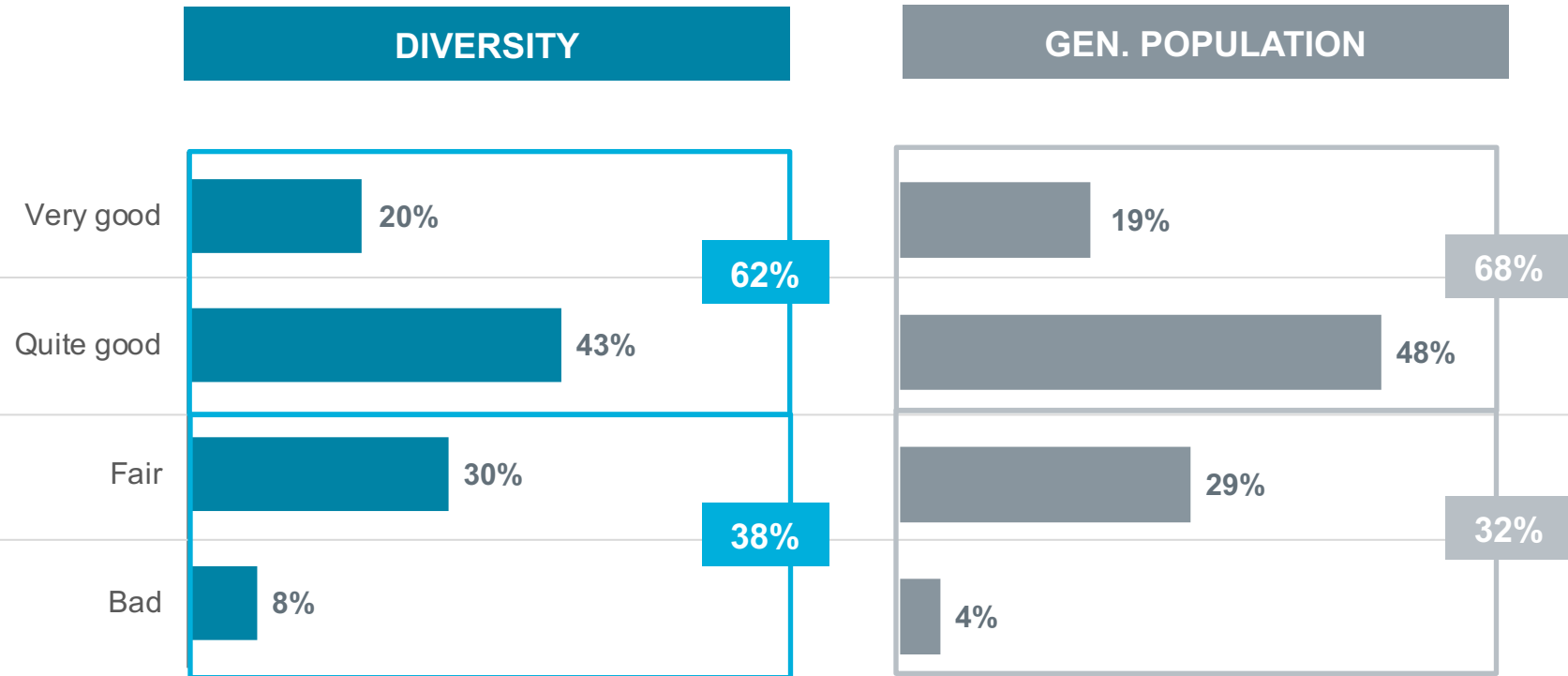
DIVERSITY and GEN. POPULATION: COMPARISON – % ALL RESPONSES



Self-assessment of physical health

Base: all respondents excluding DNK. People of diversity, n=7,459 / General population, n=999

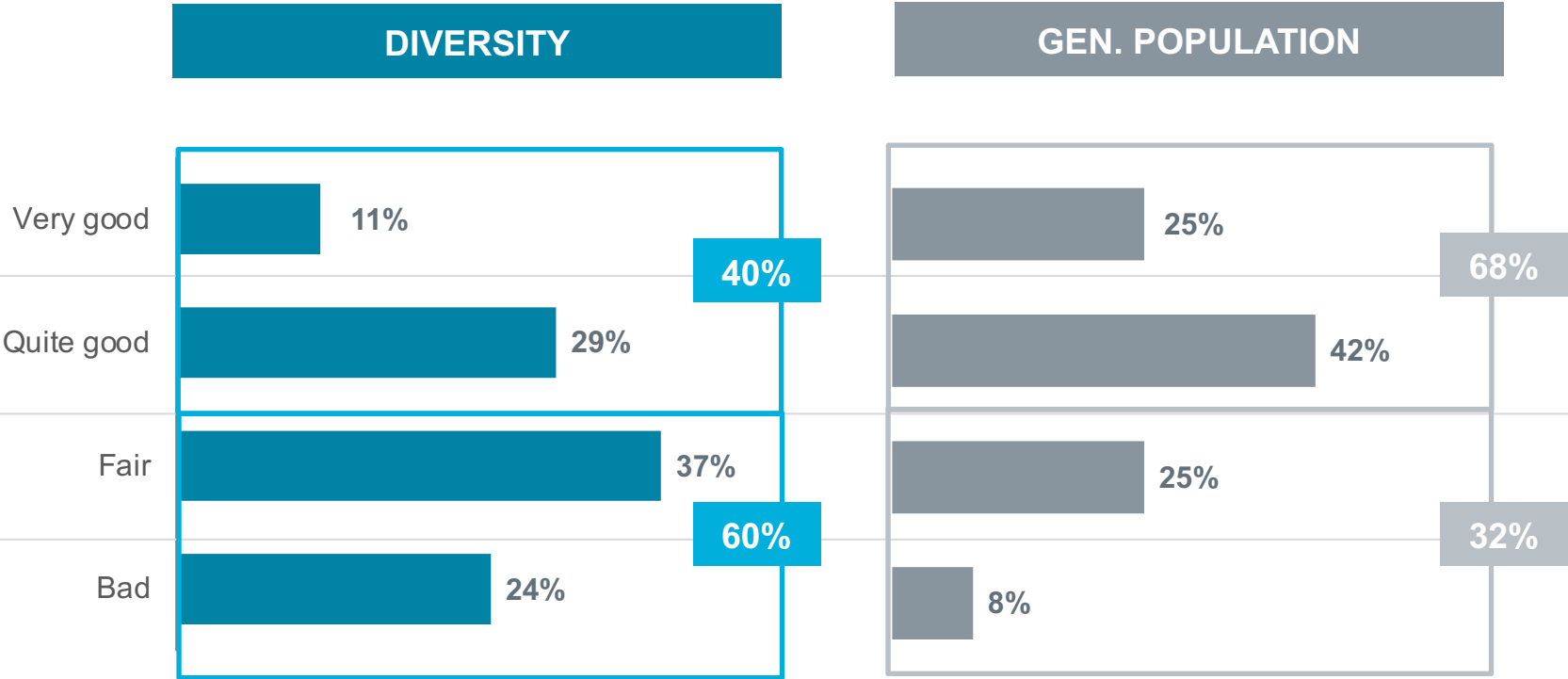
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Self-assessment of mental health

Base: all respondents excluding DNK. People of diversity, n=7,447 / General population, n=995

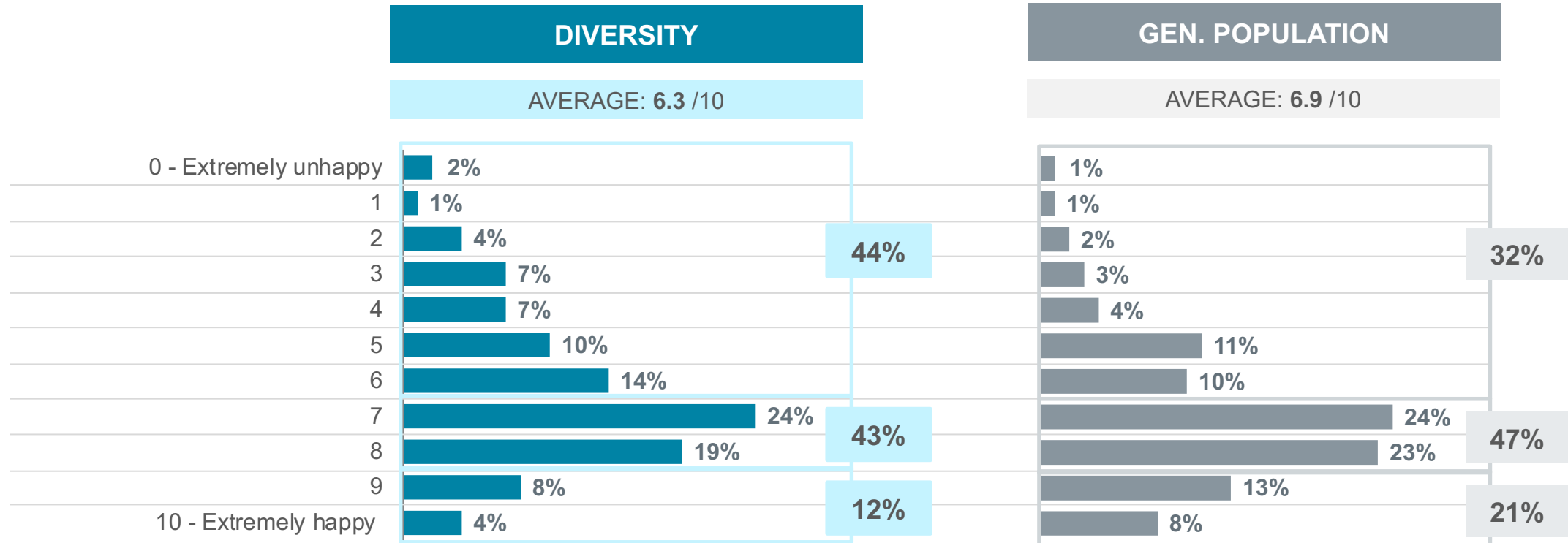
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Degree of happiness

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES

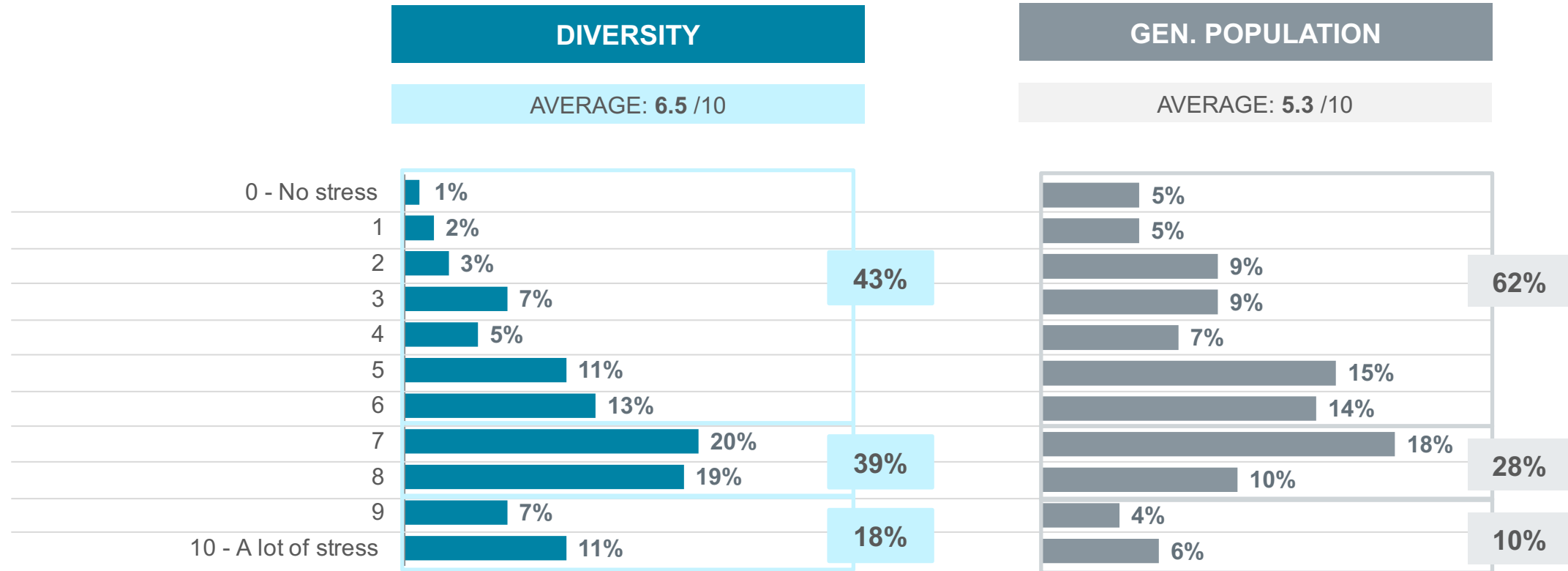


For reference purposes, in 2017, the level of happiness was assessed on a scale of 1 (very unhappy) to 5 (very happy). The average for diversity respondents was 3.6/5, compared to 3.7/5 among the general (heterosexual cisgender) population.

Stress level

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

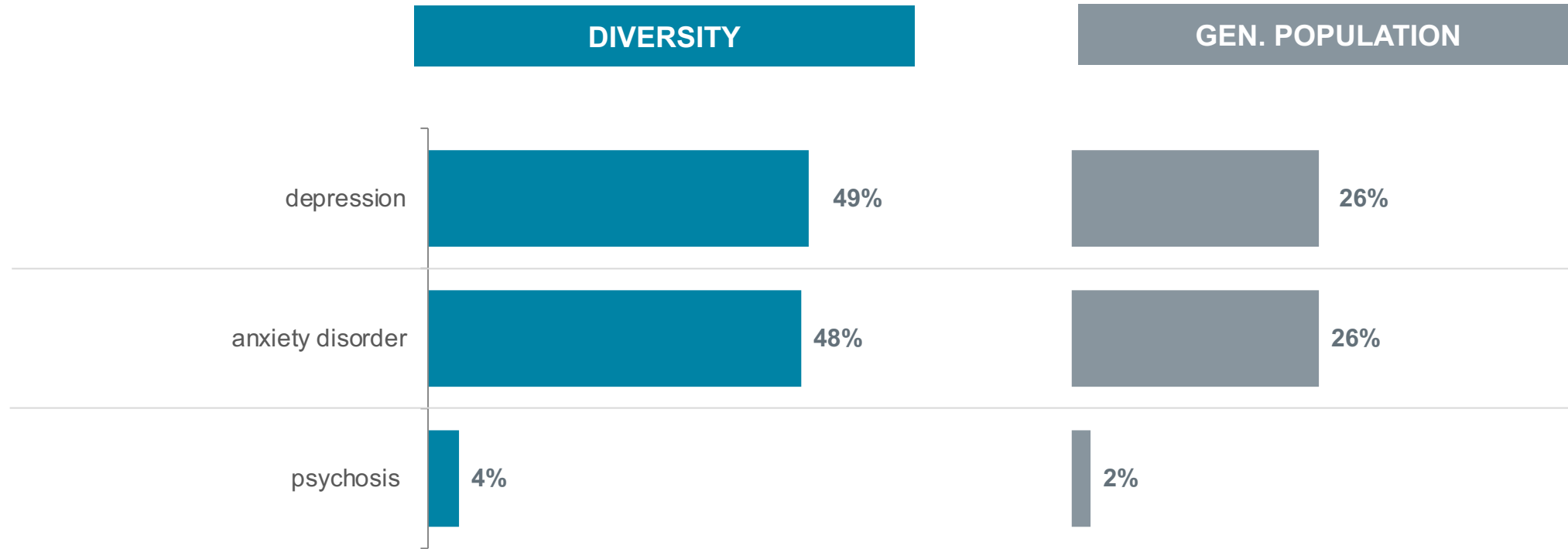
DIVERSITY and GEN. POPULATION: COMPARISON – ALL RESPONSES



Received a diagnosis of ...

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % YES

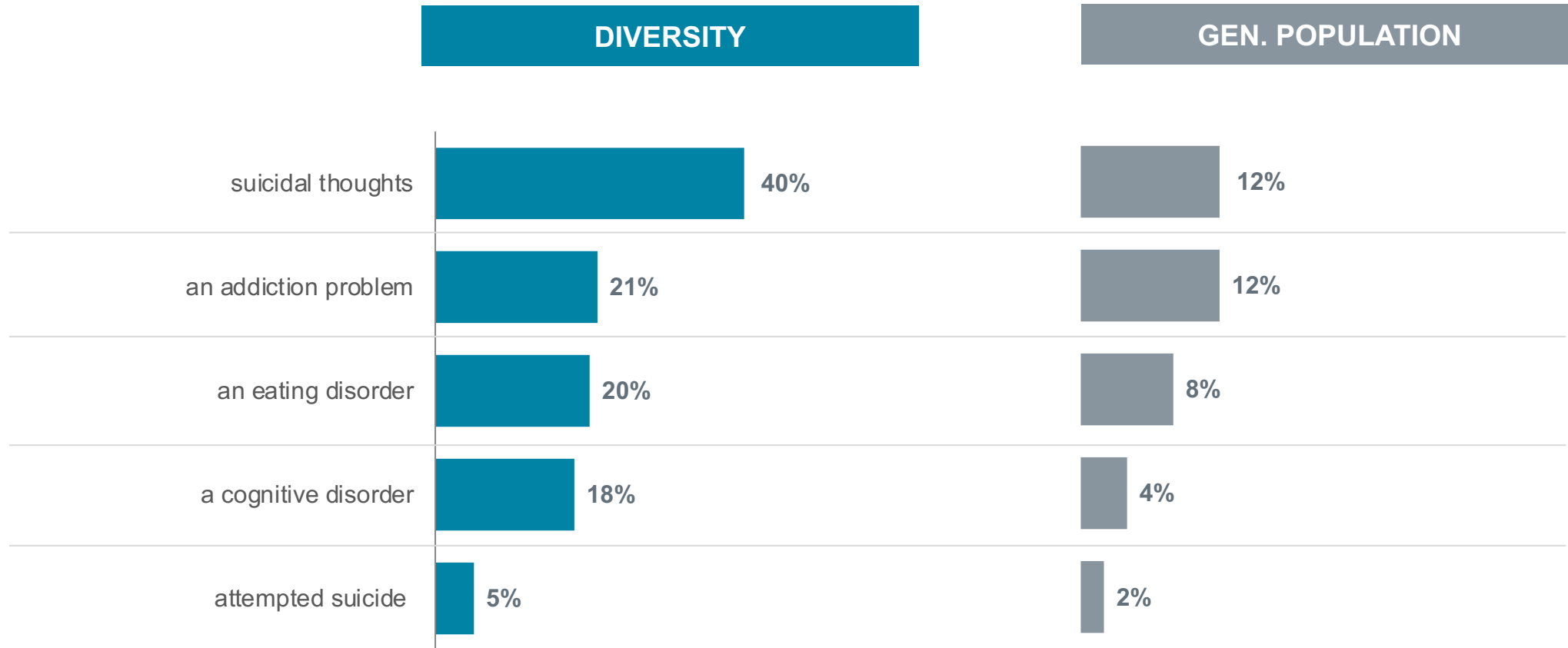


The results present the % of "yes." The other response choices were: No / I don't know, refusal.

Suffers from...

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: COMPARISON – % YES



The results show the % of “yes.” The other response choices were: No / I don’t know, refusal.

DETAILED GRAPHS AND TABLES

┌
life to ideas



Comfort in dealing with different types of people and friendships

Details and tables

life to ideas

Friendships with different types of people (1/2)

Base: all respondents with friendships. People of diversity, n=7,417

DIVERSITY: CROSS-TABULATIONS – % YES

	YES (%) TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,417	1,174	2,665	682	544	1,608	316	766	1,086	346	338	261	859	337	333	594	1,248	285	454
different skin colour from yours	81	82	80	81	78	82	80	82	76	79	82	82	83	80	81	81	84	73	85
religious or spiritual beliefs different from yours	78	75	79	77	75	82	79	71	73	75	79	76	81	72	85	81	84	78	86
a cultural community different from yours	78	78	77	79	78	83	79	79	74	78	84	74	80	76	81	78	83	70	88
gay, lesbian, bisex. or pansex	91	89	92	95	93	96	92	92	95	95	95	86	92	94	96	86	96	78	99
with a physical disability	46	40	46	63	58	70	46	37	41	60	59	42	48	61	71	52	57	38	67
from an Indigenous community	40	37	41	54	47	49	38	35	37	48	46	36	43	46	46	38	49	36	58
with an intellectual disability	43	33	45	62	50	61	54	26	35	50	58	38	48	59	61	54	58	40	56
trans or non-binary	60	48	61	84	85	89	77	43	58	84	90	50	58	85	90	68	79	49	93

	YES (%) TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,417	497	1,730	2,018	2,091	1,081
different skin colour from yours	81	80	83	82	83	73
religious or spiritual beliefs different from yours	78	78	78	73	81	79
a cultural community different from yours	78	71	78	81	82	71
gay, lesbian, bisex. or pansex	91	89	93	92	92	89
with a physical disability	46	28	36	43	57	60
from an Indigenous community	40	31	34	37	48	47
with an intellectual disability	43	54	49	43	40	33
trans or non-binary	60	67	67	59	60	48

Friendships with different types of people (2/2)

Base: all respondents with friendships. General population, n=977

GEN. POPULATION: CROSS-TABULATIONS – % YES

	YES (%)	TOTAL	AGE		
			18-34	35-54	55+
n=		977	263	325	389
different skin colour from yours	70		80	80	56
religious or spiritual beliefs different from yours	64		68	71	57
a cultural community different from yours	63		70	70	54
gay, lesbian, bisex. or pansex	46		59	49	36
with a physical disability	41		32	39	47
from an Indigenous community	28		28	28	26
with an intellectual disability	24		27	24	23
trans or non-binary	13		21	15	7

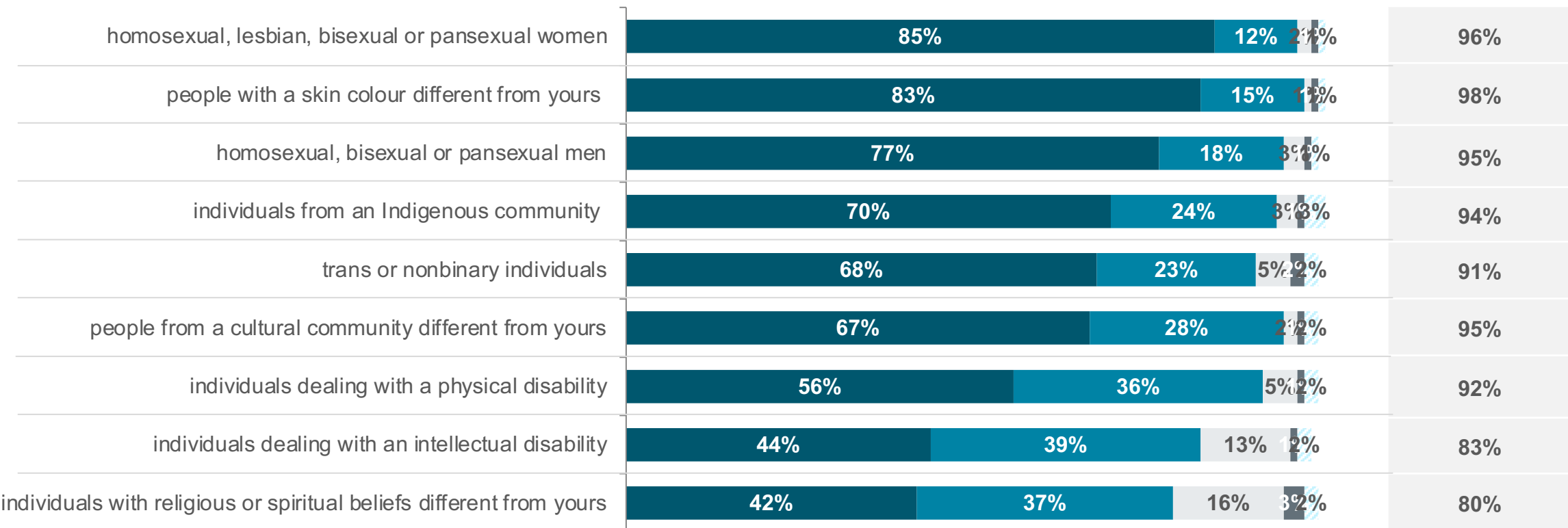
Degree of comfort dealing with different types de people (1/5)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: ALL RESPONSES

TOTAL COMFORTABLE*

n=7,481



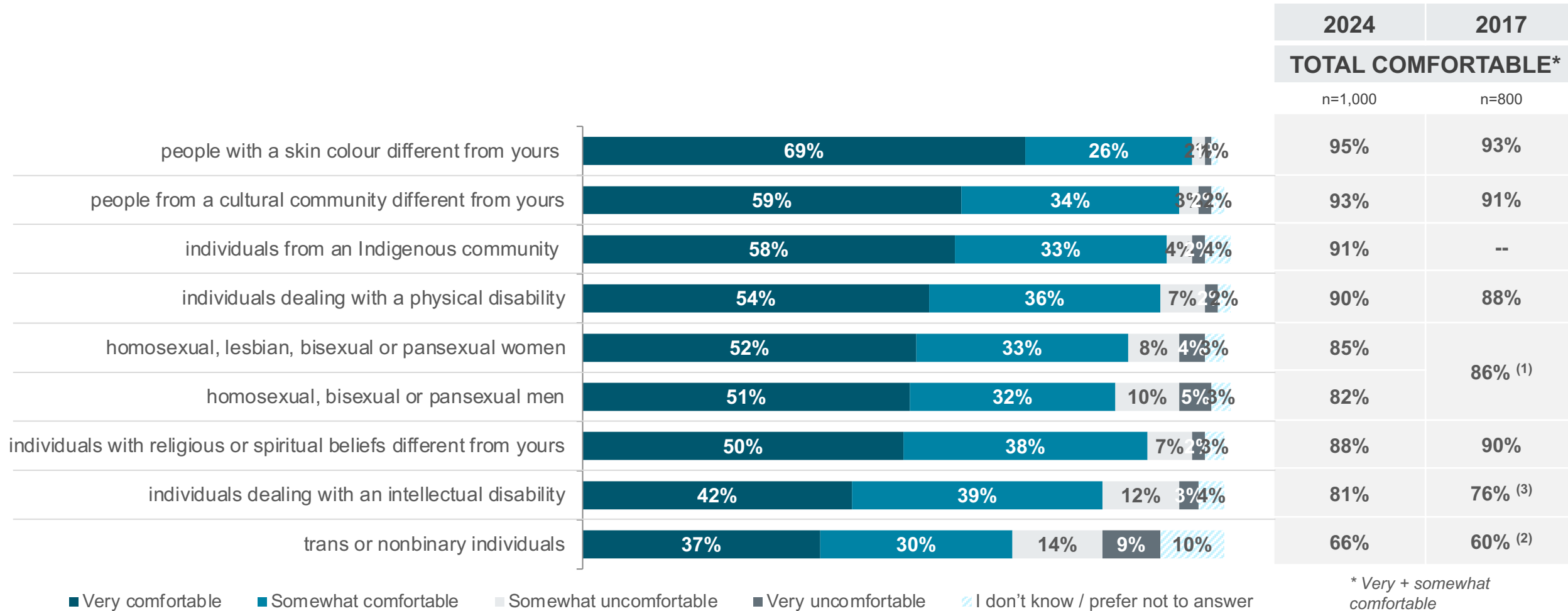
■ Very comfortable
 ■ Somewhat comfortable
 ■ Somewhat uncomfortable
 ■ Very uncomfortable
 ■ I don't know / prefer not to answer

* Very + somewhat comfortable

Degree of comfort dealing with different types de people (2/5)

Base: all respondents. General population, n=1,000

GEN. POPULATION: ALL RESPONSES



The statements were slightly different in 2017. The main differences were: 1) In 2017, the question asked about homosexual or bisexual people in general / 2) In 2017: Transgender / 3) "having a mental handicap"

Degree of comfort dealing with different types de people (3/5)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS – % VERY COMFORTABLE

STATEMENTS SHORTENED TOTAL People... (%)	n=	GENDER IDENTITY - DIVERSITY							SEXUAL ORIENTATION										
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
different <u>skin colour</u> from yours	83	79	86	82	84	83	81	81	85	84	85	78	86	83	85	77	87	73	88
a <u>cultural community</u> different from yours	67	67	69	64	66	64	63	67	68	64	65	66	70	66	66	66	72	62	71
from an <u>Indigenous</u> community	70	66	72	73	73	73	66	65	71	70	77	68	74	74	69	65	75	65	76
with a <u>physical disability</u>	56	52	58	64	63	63	53	52	60	62	65	50	58	62	60	53	61	44	67
homosexual, lesbian, bisexual or pansexual women	85	78	90	80	88	89	84	79	91	84	95	80	89	85	88	79	90	71	91
homosexual, bisexual or pansexual men	77	80	78	72	68	70	72	86	77	67	64	81	81	70	75	67	77	63	70
<u>religious</u> or spiritual beliefs different from yours	42	47	43	32	31	31	34	42	42	30	33	56	45	35	31	41	38	42	34
with an <u>intellectual disability</u>	44	39	46	47	47	48	45	37	46	43	49	43	48	45	47	39	49	36	48
trans or non-binary	68	59	69	84	87	90	76	58	66	86	92	64	68	85	91	68	80	50	88

Degree of comfort dealing with different types de people (4/5)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % VERY COMFORTABLE

DIVERSITY: CROSS-TABULATIONS

STATEMENTS SHORTENED People... (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
different <u>skin colour</u> from yours	83	86	84	81	82	82
a <u>cultural community</u> different from yours	67	77	68	66	66	66
from an <u>Indigenous</u> community	70	77	72	69	68	67
with a <u>physical disability</u>	56	52	54	54	57	63
homosexual, lesbian, bisexual or pansexual women	85	80	87	85	87	81
homosexual, bisexual or pansexual men	77	72	72	76	82	83
<u>religious</u> or spiritual beliefs different from yours	42	48	43	40	40	47
with an <u>intellectual disability</u>	44	44	49	39	44	43
trans or non-binary	68	68	74	68	67	60

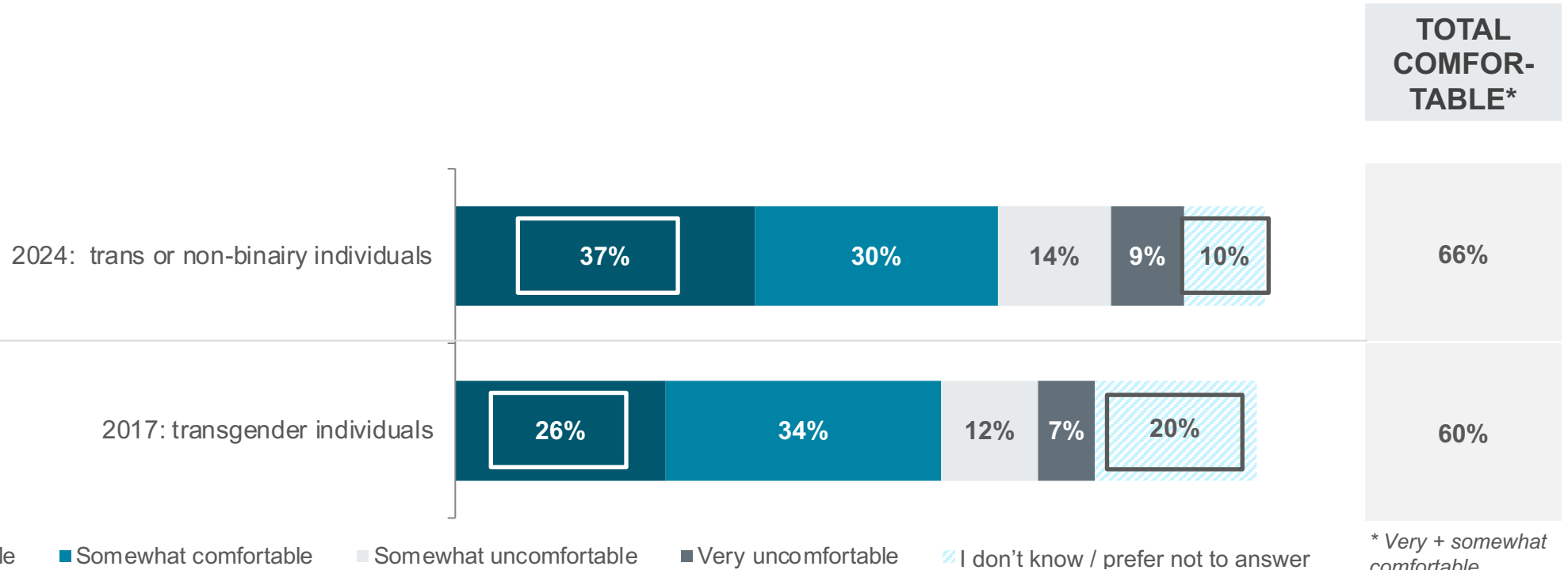
GEN. POPULATION: CROSS-TABULATIONS

STATEMENTS SHORTENED People... (%)	TOTAL	GENDER IDENTITY GEN POP	
		Hom. cis	Fem. cis
n=	1,000	479	510
different <u>skin colour</u> from yours	69	69	69
a <u>cultural community</u> different from yours	59	58	60
from an <u>Indigenous</u> community	58	57	59
with a <u>physical disability</u>	54	51	57
homosexual, lesbian, bisexual or pansexual women	52	46	58
homosexual, bisexual or pansexual men	51	42	59
<u>religious</u> or spiritual beliefs different from yours	50	52	49
with an <u>intellectual disability</u>	42	40	42
trans or non-binary	37	31	41

Degree of comfort dealing with different types de people (5/5)

Base: all respondents. General population, 2024: n=1,000 / 2017: n=800

GEN. POPULATION – COMPARISON of 2017 with 2024 for trans or non-binary people





Social acceptance of public displays of affection

Details and tables

┌ life to ideas

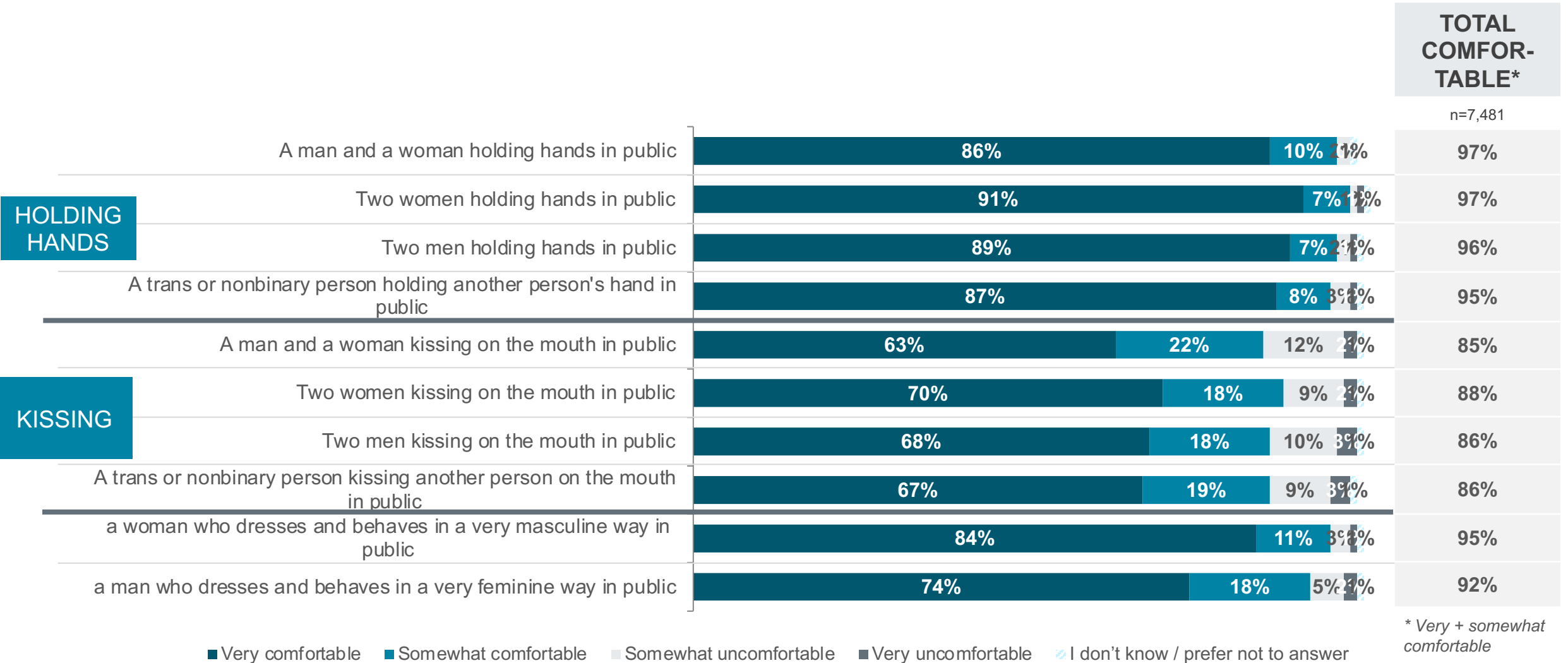


Jasmin Roy
Sophie Desmarais
FOUNDATION

Degree of comfort seeing... (1/4)

Base: all respondents. People of diversity, n=7,481

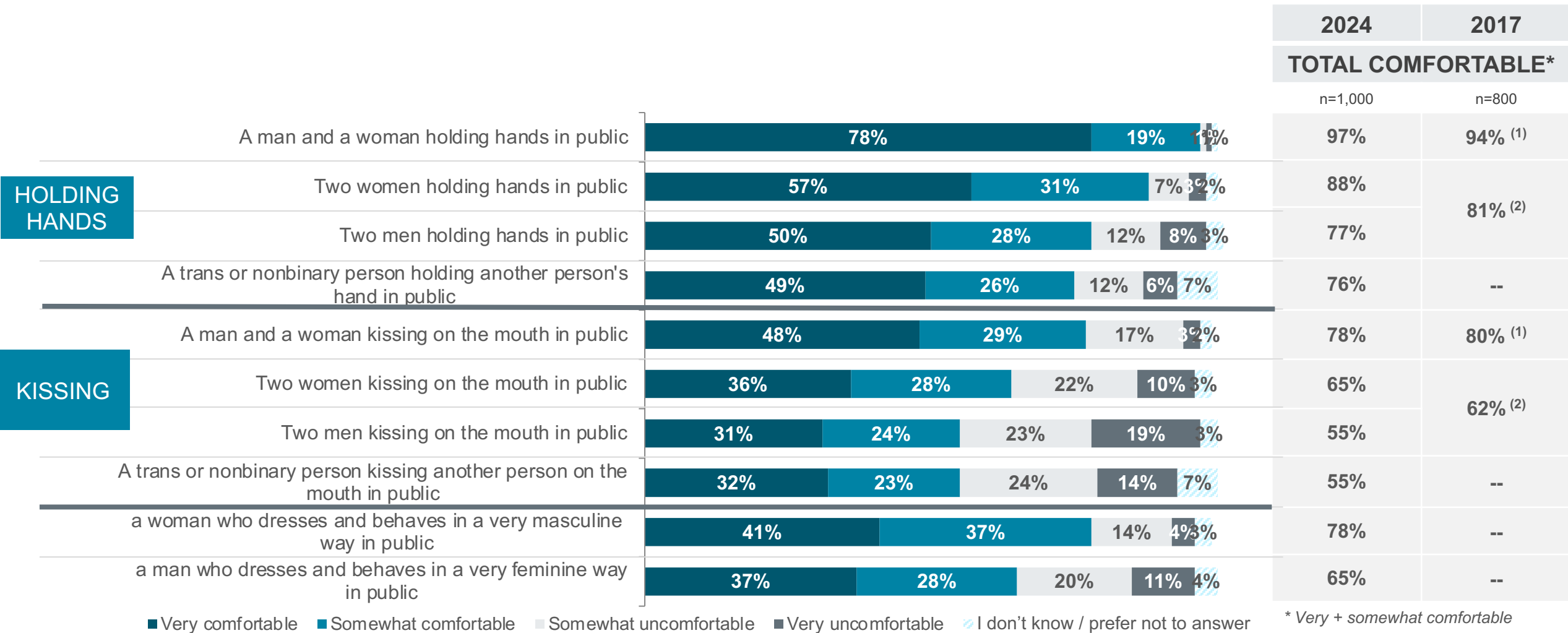
DIVERSITY: ALL RESPONSES



Degree of comfort seeing... (2/4)

Base: all respondents. General population, n=1,000

GEN. POPULATION: ALL RESPONSES



The statements were slightly different in 2017. The main differences were: 1) people of the opposite sex / 2) In 2017, the question was asked about same-sex people in general.

Degree of comfort seeing... (3/4)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS – % VERY COMFORTABLE

STATEMENTS SHORTENED

... in public (%)

STATEMENTS SHORTENED ... in public (%)	TOTAL n=	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
A man and a woman holding hands	86	86	88	85	88	85	80	84	84	83	79	91	91	91	87	82	91	79	86
Two women holding hands	91	85	94	93	97	97	92	87	95	96	98	84	94	97	98	83	98	77	98
Two men holding hands	89	83	92	92	94	96	89	88	93	91	97	79	92	96	97	83	95	73	98
A trans or non-binary person holding another person's hand	87	80	90	92	96	96	90	82	90	95	98	80	89	95	96	82	96	72	98
A man and a woman kissing on the mouth	63	64	63	54	71	61	56	65	60	60	53	69	68	67	61	42	72	50	67
Two women kissing on the mouth	70	65	73	64	82	76	69	69	77	79	83	66	71	77	72	45	80	54	81
Two men kissing on the mouth	68	63	70	63	77	74	66	72	73	70	78	59	69	75	70	42	77	49	81
A trans or non-binary person kissing another person on the mouth	67	62	69	63	82	76	67	68	72	76	80	62	68	76	74	43	78	47	82
a woman who dresses and behaves in a very masculine way	84	72	89	89	93	96	93	72	88	91	96	71	89	95	98	81	94	77	99
a man who dresses and behaves in a very feminine way	74	61	80	86	88	92	81	59	79	83	92	66	78	92	93	75	87	59	94

Degree of comfort seeing... (4/4)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % VERY COMFORTABLE

DIVERSITY: CROSS-TABULATIONS

STATEMENTS SHORTENED ... in public (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
	n= 7,481	497	1,744	2,032	2,117	1,091
A man and a woman holding hands	86	82	83	88	87	88
Two women holding hands	91	92	93	92	90	86
Two men holding hands	89	91	93	90	88	82
A trans or non-binary person holding another person's hand	87	86	91	89	85	80
A man and a woman kissing on the mouth	63	48	55	66	70	65
Two women kissing on the mouth	70	63	68	73	74	64
Two men kissing on the mouth	68	60	66	71	72	61
A trans or non-binary person kissing another person on the mouth	67	57	65	71	71	60
a woman who dresses and behaves in a very masculine way	84	86	90	87	82	71
a man who dresses and behaves in a very feminine way	74	70	82	76	73	61

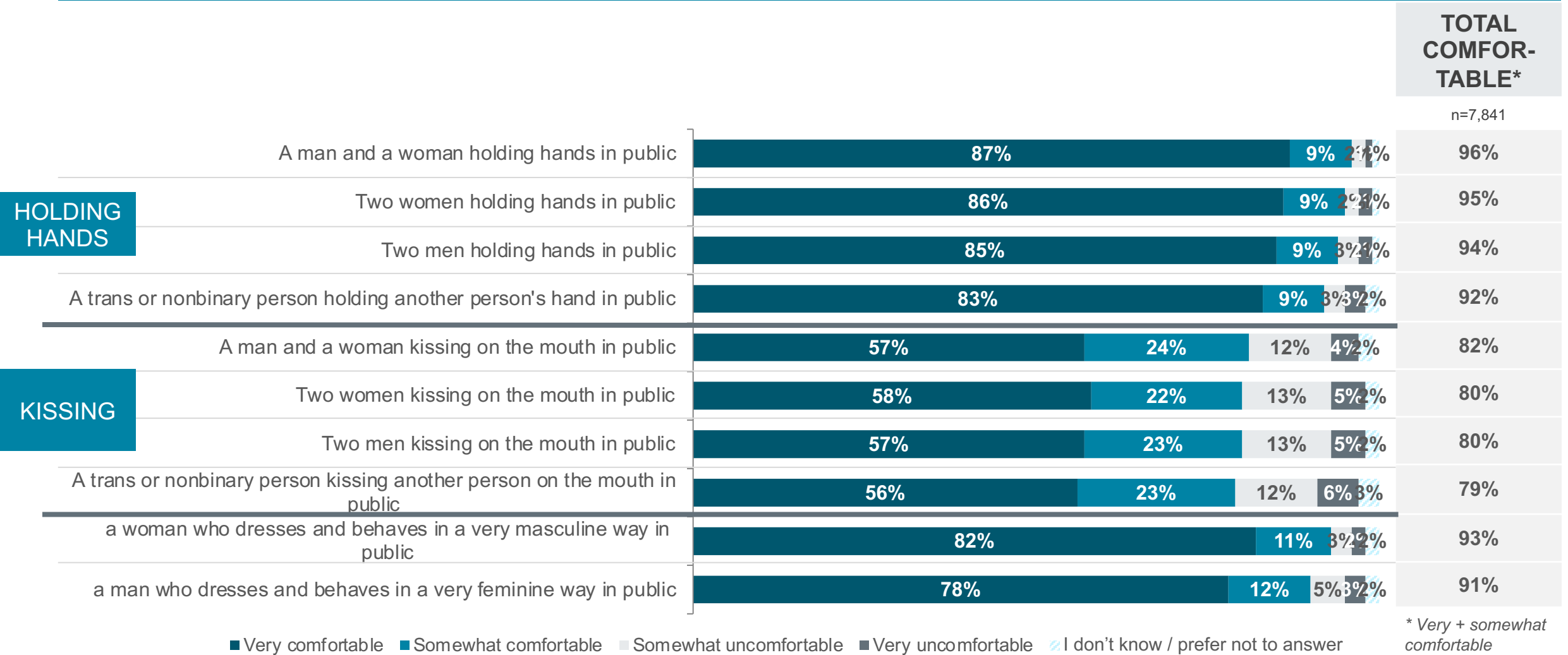
GEN. POPULATION: CROSS-TABULATIONS

STATEMENTS SHORTENED ... in public (%)	TOTAL	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
	n= 1,000	479	510	267	334	399
A man and a woman holding hands	78	78	78	79	75	79
Two women holding hands	57	57	57	63	60	51
Two men holding hands	50	44	54	57	51	44
A trans or non-binary person holding another person's hand	49	45	52	56	51	44
A man and a woman kissing on the mouth	48	53	43	53	48	46
Two women kissing on the mouth	36	37	35	45	37	29
Two men kissing on the mouth	31	28	32	38	33	23
A trans or non-binary person kissing another person on the mouth	32	30	34	40	33	26
a woman who dresses and behaves in a very masculine way	41	35	46	46	41	38
a man who dresses and behaves in a very feminine way	37	31	42	44	37	32

Degree of comfort with CHILDREN seeing... (1/4)

Base: all respondents. People of diversity, n=7,481

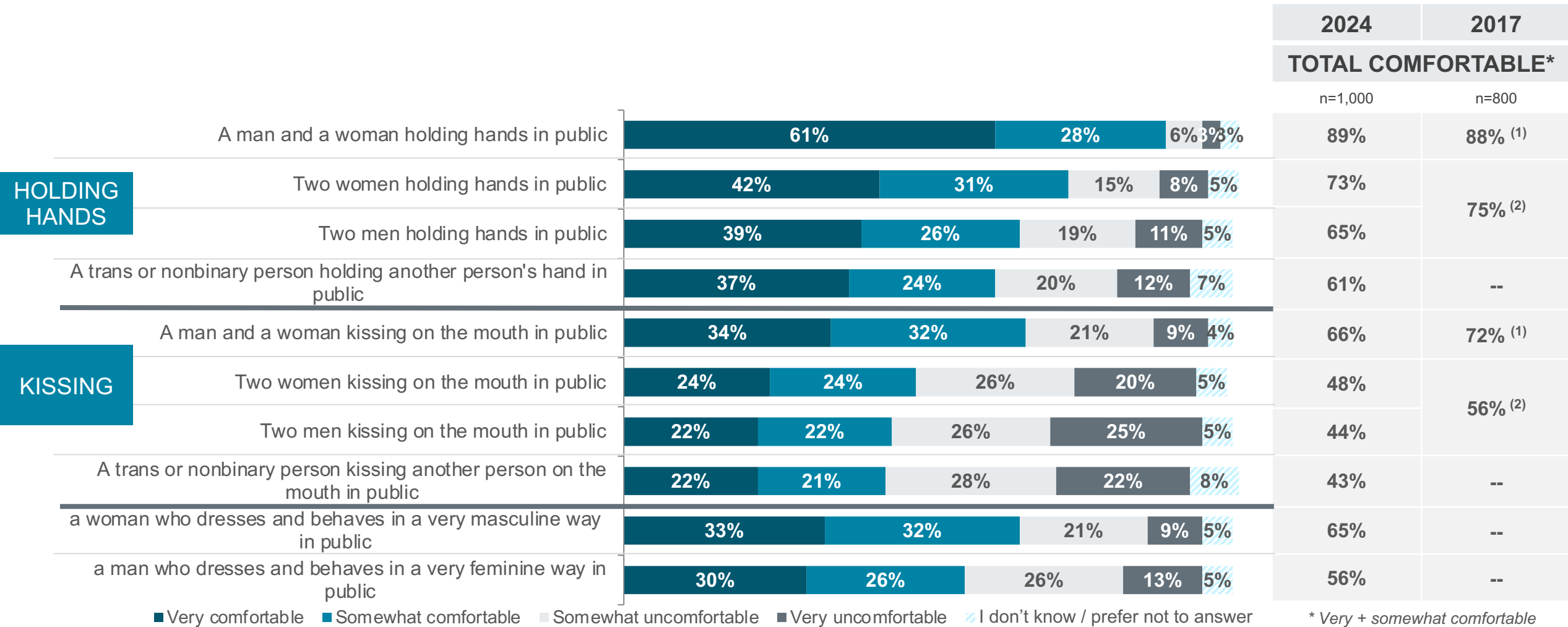
DIVERSITY – ALL RESPONSES



Degree of comfort with CHILDREN seeing... (2/4)

Base: all respondents. General population, n=1,000

GEN. POPULATION – ALL RESPONSES



The statements were slightly different in 2017. The main differences were: 1) people of the opposite sex / 2) In 2017, the question was asked about same-sex people in general.

Degree of comfort with CHILDREN seeing... (3/4)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS – % VERY COMFORTABLE

STATEMENTS SHORTENED ... in public (%)

STATEMENTS SHORTENED ... in public (%)	TOTAL n=	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
A man and a woman holding hands in public	7,481	82	89	91	92	93	90	84	90	89	93	82	90	95	94	83	93	74	93
Two women holding hands in public	7,481	78	89	91	93	96	90	81	92	91	96	75	88	95	97	80	94	70	95
Two men holding hands in public	7,481	77	89	90	91	95	89	83	92	87	95	73	87	94	96	79	94	66	96
A trans or non-binary person holding another person's hand in public	7,481	75	86	89	91	96	87	78	88	90	96	72	85	92	97	78	94	62	96
A man and a woman kissing on the mouth in public	7,481	53	60	56	65	64	54	59	63	64	67	46	56	58	64	50	67	43	70
Two women kissing on the mouth in public	7,481	51	61	57	65	67	57	58	66	65	72	43	56	60	68	47	70	43	75
Two men kissing on the mouth in public	7,481	51	61	57	64	67	55	59	65	65	71	41	56	59	66	46	69	41	75
A trans or non-binary person kissing another person on the mouth in public	7,481	49	60	56	65	67	54	56	64	67	72	42	55	59	68	45	68	38	75
a woman who dresses and behaves in a very masculine way in public	7,481	70	87	91	91	96	91	73	87	91	97	64	85	93	96	81	93	69	99
a man who dresses and behaves in a very feminine way in public	7,481	65	84	90	91	95	86	69	84	90	98	60	81	92	95	79	90	60	99

Degree of comfort with CHILDREN seeing... (4/4)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

STATEMENTS SHORTENED ... in public (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
A man and a woman holding hands in public	87	86	90	88	87	82
Two women holding hands in public	86	86	90	87	86	76
Two men holding hands in public	85	84	89	87	86	74
A trans or non-binary person holding another person's hand in public	83	82	87	85	84	72
A man and a woman kissing on the mouth in public	57	40	50	60	65	60
Two women kissing on the mouth in public	58	44	52	61	66	55
Two men kissing on the mouth in public	57	42	51	60	66	54
A trans or non-binary person kissing another person on the mouth in public	56	41	51	59	65	53
a woman who dresses and behaves in a very masculine way in public	82	84	89	84	81	67
a man who dresses and behaves in a very feminine way in public	78	80	86	79	79	63

GEN. POPULATION: CROSS-TABULATIONS

STATEMENTS SHORTENED ... in public (%)	TOTAL	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
n=	1,000	479	510	267	334	399
A man and a woman holding hands in public	61	62	60	61	60	61
Two women holding hands in public	42	42	41	49	45	34
Two men holding hands in public	39	37	39	47	41	32
A trans or non-binary person holding another person's hand in public	37	34	39	45	39	31
A man and a woman kissing on the mouth in public	34	38	30	31	33	36
Two women kissing on the mouth in public	24	25	24	28	26	20
Two men kissing on the mouth in public	22	21	22	26	24	17
A trans or non-binary person kissing another person on the mouth in public	22	21	23	26	25	17
a woman who dresses and behaves in a very masculine way in public	33	28	36	40	34	27
a man who dresses and behaves in a very feminine way in public	30	25	33	37	32	23

A photograph of two men and a dog, overlaid with a blue tint. The man on the left has curly hair and glasses, smiling. The man on the right has long hair, a beard, and glasses, looking at the dog. They are holding a small dog wrapped in a blanket. The background is a blurred indoor setting with a grid pattern.

Personal displays of affection

Details and tables

┌
life to ideas



Jasmin Roy
Sophie Desmarais
FOUNDATION

Degree of comfort displaying affection in specific situations (1/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS – % VERY COMFORTABLE

VERY COMFORTABLE (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
In a public place	29	30	30	22	48	25	21	26	23	44	27	37	37	32	24	20	35	29	26
At a family reunion	25	29	24	17	39	20	12	27	22	36	17	34	27	28	19	17	26	18	20
With people who are not sexually or gender diverse	32	34	33	20	42	23	20	27	23	39	18	49	42	29	24	21	35	28	29
With people who are sexually or gender diverse	60	57	61	65	76	69	50	60	68	78	79	58	59	73	64	34	67	39	77

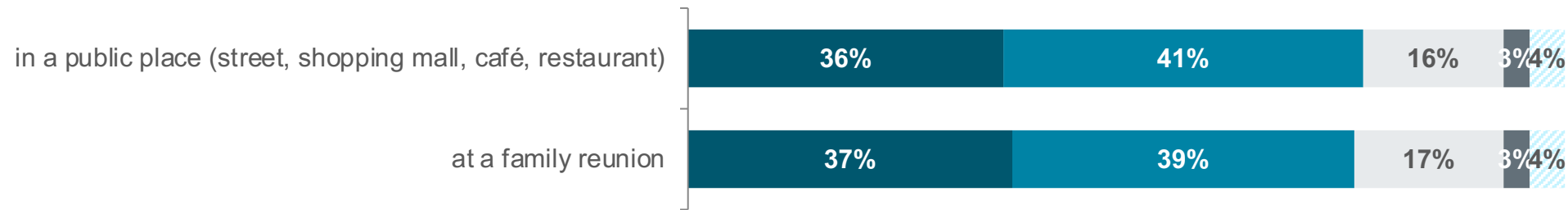
VERY COMFORTABLE (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
In a public place	29	17	25	28	35	35
At a family reunion	25	6	13	24	35	38
With people who are not sexually or gender diverse	32	18	27	33	36	34
With people who are sexually or gender diverse	60	45	54	63	64	61

Note: There is an over-representation of people who are not in a relationship among the youngest cohort (% does not apply, has never been in a romantic relationship: between 21% and 30% for 15–24-year-olds). When we also exclude “does not apply,” the proportion of young people “very comfortable” showing their affection remains lower than the average, particularly among 15–17-year-olds.

Degree of comfort displaying affection in specific situations (2/2)

Base: all respondents. General population, n=1,000

GEN. POPULATION: ALL RESPONSES AND CROSS-TABULATIONS – % VERY COMFORTABLE



TOTAL COMFORTABLE (%)*

77%

76%

* Very + somewhat comfortable

■ Very comfortable ■ Somewhat comfortable ■ Somewhat uncomfortable ■ Very uncomfortable ■ Does not apply / have never been in a romantic relationship

	TOTAL	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
VERY COMFORTABLE (%)						
n=	1,000	479	510	267	334	399
in a public place	36	40	33	32	35	40
at a family reunion	37	42	33	28	36	44



Social acceptance of diversity

Details and tables

┌ life to ideas



**Jasmin Roy
Sophie Desmarais**
FOUNDATION

Fluctuation in the acceptance and integration of people of diversity

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

THINGS... (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
	n= 7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
have improved	39	40	41	27	28	31	34	31	36	30	29	58	47	28	32	41	35	45	22
nothing has changed	22	22	24	18	12	18	23	27	25	10	15	13	23	15	19	25	20	25	20
have gotten worse	39	37	35	55	61	52	43	42	38	60	56	29	30	56	49	33	46	30	57

DIVERSITY: CROSS-TABULATIONS

THINGS... (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
	n= 7,481	497	1,744	2,032	2,117	1,091
have improved	39	46	45	38	34	37
nothing has changed	22	31	24	22	20	21
have gotten worse	39	23	32	41	46	42

GEN. POPULATION: CROSS-TABULATIONS

THINGS... (%)	TOTAL	AGE		
		18-34	35-54	55+
	n= 1,000	267	334	399
have improved	51	57	49	49
nothing has changed	34	31	38	34
have gotten worse	14	12	13	17

Useful actions to promote the well-being and integration of people of diversity

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

* STATEMENTS
SHORTENED FOR
BETTER READING (%)

	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Enhancing sex education in schools	57	53	59	54	40	60	60	56	60	48	59	53	60	46	63	55	60	42	64
Making access easier to professional support	32	30	32	33	29	31	42	27	30	27	27	35	32	32	37	29	34	42	26
Better representation of sexually and gender-diverse people in the media	44	40	48	32	39	41	39	44	51	32	39	38	47	38	37	44	44	28	45
Awareness workshops	30	28	32	26	24	28	28	34	35	30	31	24	30	19	25	28	30	24	26
Communications campaigns against homo./transphobia	30	35	27	23	32	24	24	37	33	29	26	33	23	25	23	23	29	24	24
More clinics that specialize in health issues specific to sexually and gender-diverse people	29	23	30	49	47	43	35	24	26	48	48	20	31	47	40	35	31	31	39
More funding for resources and groups for sexually and gender-diverse people	27	25	27	30	33	33	24	25	26	32	36	26	27	35	39	25	29	24	34
Making access easier to interventions for sex or gender transitions	21	17	20	36	42	30	28	15	18	39	31	20	20	41	30	22	25	21	29
Other	6	8	5	6	6	5	7	8	5	6	4	7	5	8	3	9	5	7	7
No intervention / nothing	3	6	2	1	1	1	1	3	1	1	0	7	4	0	0	4	2	11	0



Fluidity in gender identity and sexual orientation

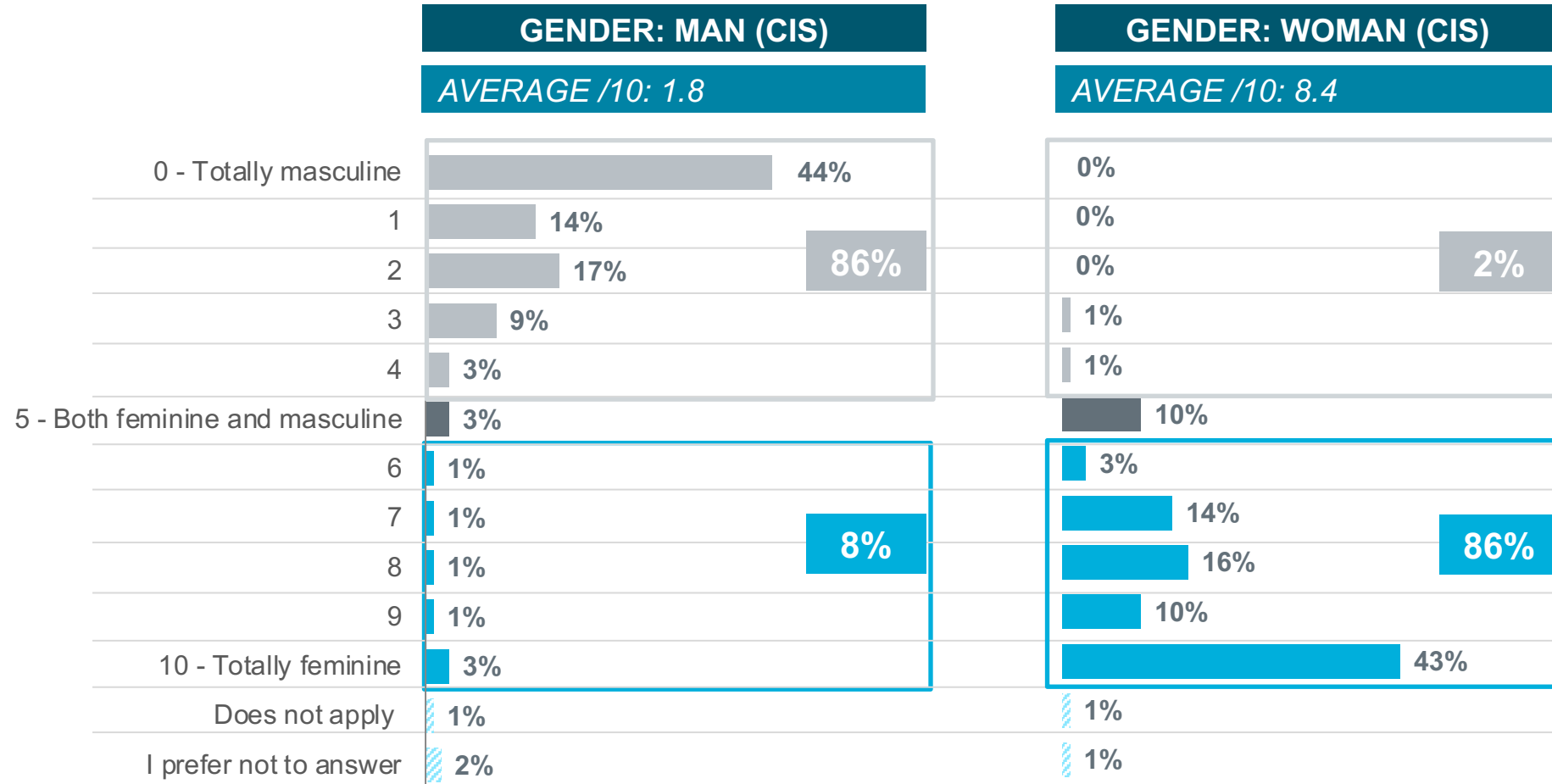
Details and tables

┌
life to ideas

Feeling of being a masculine for feminine person (1/2)

Base: all cisgender respondents. General population, (M, n=479 / F, n=510)

GEN. POPULATION: ALL RESPONSES



Feeling of being a masculine or feminine person (2/2)

Base: People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
AVERAGE	5.1	2.9	6.8	2.7	7.9	4.9	5.1	2.8	6.3	6.0	4.7	3.0	7.0	5.6	5.1	5.7	5.8	5.1	5.6
0 - Totally masculine	6	15	0	7	0	0	1	16	1	2	1	13	0	3	0	4	1	6	0
1	4	11	0	15	0	1	0	11	0	6	0	9	0	5	0	3	3	6	0
2	9	21	1	25	0	4	2	21	2	12	6	20	0	9	2	6	6	6	8
3	10	20	3	24	0	11	11	18	5	7	17	22	2	15	9	7	8	7	8
4	8	10	5	14	1	17	16	11	7	5	19	11	3	7	19	5	7	7	10
SUBTOTAL 0 to 4	37	76	9	84	2	33	31	77	15	32	43	76	6	39	31	24	24	32	26
5 - Both feminine and masculine	18	12	20	9	5	32	24	13	24	10	27	13	18	7	30	17	18	22	22
SUBTOTAL 6 to 10	42	9	69	4	92	25	42	9	60	57	24	11	74	52	33	50	55	39	45
6	10	4	12	2	6	12	27	5	12	3	11	4	9	4	18	14	15	11	15
7	13	2	22	1	23	9	12	2	20	11	9	2	24	16	14	12	16	11	11
8	10	1	18	1	30	3	2	1	13	20	3	3	21	18	1	10	14	8	12
9	4	0	7	0	15	0	0	0	5	10	1	0	9	6	0	5	6	3	3
10 - Totally feminine	6	1	10	1	19	0	1	1	9	13	0	1	11	8	0	9	4	7	5
Does not apply	2	1	1	1	1	10	2	1	1	0	6	0	1	3	5	4	3	6	4
I prefer not to answer	1	1	1	2	1	1	1	1	0	1	0	0	1	0	1	5	1	1	3



Questioning and accepting their sexual orientation

Details and tables

life to ideas



Jasmin Roy
Sophie Desmarais
FOUNDATION

Fluctuation in sexual orientation over time

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % YES

DIVERSITY: CROSS-TABULATIONS

	n=	AGE					
		15-17	18-24	25-34	35-54	55+	
Yes	7,481	497	1,744	2,032	2,117	1,091	
	(%) TOTAL	57	71	67	60	52	37

GEN. POPULATION: CROSS-TABULATIONS

	n=	AGE			
		18-34	35-54	55+	
Yes	1,000	267	334	399	
	(%) TOTAL	16	29	13	11

Start of questioning, accepting and coming out with their sexual orientation (1/3)

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: CROSS-TABULATIONS – QUESTIONING

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,350	1,188	2,685	635	515	1,600	309	772	1,093	351	341	263	866	339	335	608	1,253	288	457
I never questioned it	8	10	7	6	12	4	3	7	3	19	3	13	8	4	3	18	6	8	4
In early childhood (0-5 years old)	5	7	3	8	8	7	4	10	5	9	8	2	3	5	5	2	4	3	8
Between 6 and 12 years old	29	28	28	49	22	37	31	37	31	31	46	16	28	34	36	17	30	21	37
At adolescence (13-19 years old)	43	42	45	32	36	38	47	41	46	27	35	48	45	44	41	40	43	35	41
In young adulthood (20-34 years old)	12	10	14	6	15	11	11	4	13	13	6	18	13	8	13	15	14	23	7
Between 35 and 54 years old	3	2	3	0	6	3	4	1	2	2	1	2	3	4	2	7	2	9	2
55 years of age or older	0	1	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	1

Start of questioning, accepting and coming out with their sexual orientation (2/3)

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: CROSS-TABULATIONS – ACCEPTING

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,350	1,188	2,685	635	515	1,600	309	772	1,093	351	341	263	866	339	335	608	1,253	288	457
I always accepted it	15	14	16	14	16	10	8	8	10	24	7	17	18	10	9	29	15	26	10
In early childhood (0-5 years old)	0	0	0	1	0	0	1	0	0	0	0	0	0	1	1	0	0	1	1
Between 6 and 12 years old	4	5	3	13	3	6	4	5	3	8	5	4	3	7	6	1	5	4	7
At adolescence (13-19 years old)	40	39	39	52	25	43	48	46	39	24	44	34	42	46	49	31	36	24	52
In young adulthood (20-34 years old)	33	35	33	18	30	32	28	35	40	27	35	36	30	24	28	27	33	28	26
Between 35 and 54 years old	7	6	8	2	18	8	9	4	7	12	7	8	6	11	4	10	10	12	4
55 years of age or older	1	1	1	0	7	2	2	1	0	6	2	2	1	3	3	1	1	6	1

Start of questioning, acceptance and coming out with their sexual orientation (3/3)

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: CROSS-TABULATIONS – COMING OUT

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,350	1,188	2,685	635	515	1,600	309	772	1,093	351	341	263	866	339	335	608	1,253	288	457
I never felt the need to talk about it	13	15	13	8	13	5	9	7	4	16	1	20	17	6	6	28	11	29	5
In early childhood (0-5 years old)	0	0	0	0	0	0	0	0	0	0	1	0	0	1	1	0	0	0	0
Between 6 and 12 years old	2	1	3	8	2	5	2	2	3	4	4	1	3	5	4	1	2	3	4
At adolescence (13-19 years old)	33	32	32	60	19	42	40	39	33	28	46	26	34	43	45	25	33	14	50
In young adulthood (20-34 years old)	32	32	35	17	33	32	23	39	44	25	35	22	30	26	32	21	33	18	30
Between 35 and 54 years old	8	7	8	3	20	8	4	7	10	16	8	7	5	11	5	9	10	3	4
55 years of age or older	1	1	1	0	8	1	1	1	1	8	2	2	0	5	3	1	1	1	1
It's not done yet	11	11	10	3	5	7	21	5	5	2	3	21	11	5	6	16	10	33	5



Degree of comfort with their sexual orientation

Details and tables

life to ideas



Jasmin Roy
Sophie Desmarais
FOUNDATION

Degree of comfort with their sexual orientation

Base: Sexually diverse people, n=7,350

SEXUAL DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,350	1,188	2,685	635	515	1,600	309	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Totally comfortable	63	66	63	65	73	68	40	74	72	74	78	56	59	71	66	52	66	28	66
Fairly comfortable	31	29	31	31	23	27	44	23	24	23	19	39	39	26	33	37	29	30	33
Not comfortable	3	2	3	2	1	2	7	2	3	0	1	2	2	1	1	4	3	11	0
I don't know	3	4	3	2	2	2	8	1	1	2	1	3	1	2	0	6	2	31	0

	TOTAL (%)	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,350	485	1717	2006	2073	1069
Totally comfortable	63	40	54	63	70	76
Fairly comfortable	31	41	40	32	26	19
Not comfortable	3	4	3	3	3	2
I don't know	3	15	3	2	2	3

Willingness to talk about their sexual orientation

Base: Sexually diverse people, excluding those who haven't started the coming-out process or for whom it did not apply, n=variable, 5,936 – 6,658

SEXUAL DIVERSITY: CROSS-TABULATIONS – % VERY COMFORTABLE

	VERY TOTAL COMFORTABLE (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
	n= 5,936-6,658	940-1,045	2,165-2,423	548-608	419-480	1,329-1,495	213-237	672-736	960-1,039	301-336	299-333	171-190	660-763	292-321	279-313	413-499	1,016-1,154	162-193	398-436
your friends	73	69	77	81	73	81	62	74	81	74	86	58	75	79	78	62	78	51	89
your immediate family circle (parents, siblings, children)	37	40	39	27	39	28	20	47	50	38	36	29	32	27	23	30	31	20	37
your colleagues at work or at school	30	35	30	16	28	20	18	39	36	28	29	24	26	15	17	25	28	24	26
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	22	29	21	8	20	9	6	34	28	19	15	20	17	10	7	20	13	15	15

	VERY COMFORTABLE (%)	TOTAL	AGE				
			15-17	18-24	25-34	35-54	55+
		n= 5,936-6,658	352-402	1,409-1,574	1,737-1,878	1,704-1,883	734-921
your friends	73	73	70	74	73	74	72
your immediate family circle (parents, siblings, children)	37	37	23	29	32	43	55
your colleagues at work or at school	30	30	12	21	30	37	45
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	22	22	6	11	20	28	43

Acceptance by their entourage – sexual orientation

Base: Sexually diverse people, excluding those who haven't started their coming-out process, those who don't know or for whom it does not apply, n=variable, 4,509 – 6,508

SEXUAL DIVERSITY: CROSS-TABULATIONS – % VERY WELL

VERY WELL (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
	n= 4,509 – 6,508	831-1,012	1,827-2,361	434-597	345-465	1,086-1,478	163-226	627-730	916-1,039	246-329	276-331	127-174	502-736	227-317	217-310	267-465	829-1,127	114-181	356-432
your friends	81	79	83	90	77	83	77	79	86	82	86	75	81	86	82	78	83	72	90
your colleagues at work or at school	51	53	53	43	47	38	43	55	53	56	42	43	53	43	37	50	51	65	43
your immediate family circle (parents, siblings, children)	49	53	51	41	42	33	37	56	56	53	39	44	49	36	34	45	41	59	45
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	33	40	34	15	23	14	14	41	37	27	18	33	29	16	14	50	20	50	22

VERY WELL (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
	n= 4,509 – 6,508	276-396	1,100-1,554	1,455-1,840	1,454-1,822	674-896
your friends	81	79	86	83	78	75
your colleagues at work or at school	51	22	47	54	56	56
your immediate family circle (parents, siblings, children)	49	40	48	46	51	58
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	33	19	25	31	36	49



Questioning and accepting their gender identity

Details and tables

┌
life to ideas

Fluctuation in gender identity over time (1/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS – % YES

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Yes	33	17	25	69	59	82	88	11	22	67	79	25	24	62	86	36	49	41	61

	*TOTAL (%) TRANS	AGE x TRANS					AGE x NON-BINARY				
		15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	1,309	158	462	306	264	119	104	492	561	398	70
Yes	65	75	71	66	67	47	90	82	85	78	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Fluctuation in gender identity over time (2/2)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % YES

DIVERSITY: CROSS-TABULATIONS

	n=	7,481	AGE				
			15-17	18-24	25-34	35-54	55+
Yes			46	46	33	25	17
			497	1,744	2,032	2,117	1,091
			33	46	46	33	17

GEN. POPULATION: CROSS-TABULATIONS

	n=	1,000	AGE		
			18-34	35-54	55+
Yes			13	6	4
			267	334	399
			7	13	4

Start of questioning, accepting and coming out with their gender identity (1/3)

Base: Trans or non-binary people, n=2,934, questioning people, n=319

GENDER DIVERSITY: CROSS-TABULATIONS – QUESTIONING

	TOTAL TRANS + NON-BIN (%)	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BINARY				
		TOTAL Trans**	Trans M	Trans W	Non- bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	2,934	1,309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
I never questioned it	3	3	5	2	2	4	0	0	3	2	11	1	2	1	3	*
In early childhood (0-5 years old)	16	22	21	23	12	7	12	13	25	25	31	13	5	13	17	*
Between 6 and 12 years old	25	30	33	29	22	11	47	33	24	29	27	43	24	15	19	*
At adolescence (13-19 years old)	30	28	29	26	31	49	41	51	27	18	7	43	61	26	13	*
In young adulthood (20-34 years old)	18	11	9	12	23	24	0	3	22	17	7	0	8	44	25	*
Between 35 and 54 years old	6	5	2	7	8	5	0	0	0	9	14	0	0	0	24	*
55 years of age or older	1	1	1	1	2	1	0	0	0	0	3	0	0	0	0	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Start of questioning, accepting and coming out with their gender identity (2/3)

Trans or non-binary people, n=2,934, questioning people, n=319

GENDER DIVERSITY: CROSS-TABULATIONS – ACCEPTING

	TOTAL TRANS + NON-BIN (%)	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BINARY				
		TOTAL Trans**	Trans M	Trans W	Non- bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	2,934	1,309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
I always accepted it	6	6	9	4	5	7	7	2	4	5	15	10	7	3	5	*
In early childhood (0-5 years old)	1	1	0	1	1	0	1	0	1	2	0	0	0	0	1	*
Between 6 and 12 years old	3	4	7	2	2	2	15	5	2	1	2	17	3	1	1	*
At adolescence (13-19 years old)	30	33	46	24	27	32	75	74	24	8	8	72	64	13	5	*
In young adulthood (20-34 years old)	40	32	28	35	45	46	0	19	68	38	9	0	27	83	35	*
Between 35 and 54 years old	18	19	9	28	18	11	0	0	0	46	44	0	0	0	53	*
55 years of age or older	3	4	1	7	2	2	0	0	0	1	22	0	0	0	0	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Start of questioning, accepting and coming out with their gender identity (3/3)

Trans or non-binary people, n=2,934, questioning people, n=319

GENDER DIVERSITY: CROSS-TABULATIONS – COMING OUT

	TOTAL TRANS + NON-BIN (%)	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BINARY				
		TOTAL Trans**	Trans M	Trans W	Non-bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	2,934	1,309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
I never felt the need to talk about it	4	3	4	2	4	13	1	1	2	2	9	8	4	3	4	*
In early childhood (0-5 years old)	0	1	0	1	0	0	1	0	1	1	0	0	0	0	0	*
Between 6 and 12 years old	2	2	5	0	2	1	11	4	2	0	0	13	2	0	1	*
At adolescence (13-19 years old)	24	28	42	18	21	10	71	65	21	4	4	56	54	10	2	*
In young adulthood (20-34 years old)	37	34	31	35	39	19	0	24	73	35	10	0	23	72	30	*
Between 35 and 54 years old	18	21	11	29	15	3	0	0	0	52	45	0	0	0	50	*
55 years of age or older	4	6	1	10	2	1	0	0	0	0	31	0	0	0	0	*
It's not done yet	11	5	4	5	15	54	16	8	2	5	0	24	17	14	14	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.



Degree of comfort with their gender identity

Details and tables

Willingness to talk about their gender identity

Base: Excluding those who haven't started the coming-out process or for whom it did not apply, n=variable
 Among the trans and non-binary, n=2,606 – 2,995 / questioning, n=102-132

GENDER DIVERSITY (TRANS, NON-BINARY, QUESTIONING): CROSS-TABULATIONS – % VERY COMFORTABLE

	TOTAL TRANS + NON-BIN	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BINARY				
		TOTAL Trans**	Trans M	Trans W	Non- bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
	n= 2,269-2,587	1,066-1,220	561-641	447-512	1,203-1,367	102-132	125-136	363-432	272-293	217-245	89-116	70-79	372-411	421-476	294-344	43-57
your friends	75	77	77	77	73	41	67	78	81	77	76	*	75	77	68	*
your immediate family circle (parents, siblings, children)	31	40	34	48	24	10	27	26	37	45	62	*	20	21	31	*
your colleagues at work or at school	26	31	23	38	21	12	8	17	30	35	*	*	16	21	25	*
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	15	22	14	29	9	7	8	6	20	27	46	*	4	7	14	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Acceptance by their entourage – gender identity

Base: Excluding those who haven't started the coming-out process, those who don't know or for whom it doesn't apply, n=variable
Among the trans and non-binary, n=1,643 – 2,528 / questioning, n=56-109

GENDER DIVERSITY (TRANS, NON-BINARY, QUESTIONING): CROSS-TABULATIONS – % VERY WELL

	TOTAL TRANS** + NON-BIN VERY WELL (%)	GENDER IDENTITY - DIVERSITY					AGE x TRANS					AGE x NON-BINARY					
		TOTAL Trans**	Trans M	Trans W	Non- bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +	
	n=	1,643-2,528	904-1,204	477-636	375-501	709-1,324	56-109	93-130	304-427	227-291	187-244	84-112	49-79	206-403	259-462	170-324	25-56
your friends	75	79	87	73	71	68	77	88	85	73	70	*	79	76	61	*	
your colleagues at work or at school	33	41	44	41	25	*	15	33	46	44	*	*	21	25	29	*	
your immediate family circle (parents, siblings, children)	30	40	44	39	20	*	33	38	39	35	51	*	21	17	21	*	
your extended family circle (uncles, aunts, cousins, grandparents, etc.)	14	19	21	18	7	*	*	12	19	20	*	*	2	4	12	*	

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Discomfort of other people around a person with a non-cis gender identity

Base: Trans or non-binary people, n=2,934 + questioning people, n=319

GENDER DIVERSITY: CROSS-TABULATIONS – % OFTEN

	OFTEN (%)	TOTAL TRANS + NON-BIN	GENDER IDENTITY - DIVERSITY				AGE x TRANS					AGE x NON-BINARY					
			TOTAL Trans**	Trans M	Trans W	Non-bin.	Quest.	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
	n=	2,934	1,309	684	552	1,625	319	158	462	306	264	119	104	492	561	398	70
in a public place (street, shopping mall, café, restaurant)	19	22	17	25	17	10	29	26	27	19	10	21	16	18	15	*	
at a family reunion	33	34	33	33	32	19	47	43	37	28	20	26	35	33	26	*	
with people who are not sexually or gender diverse	25	25	25	24	24	17	40	32	27	23	10	29	23	24	25	*	
with people who are sexually or gender diverse	3	4	3	4	2	5	4	2	3	5	6	4	2	2	4	*	

** Trans men, trans women and other trans people / * Results where the number of people representing the subgroup was less than 100 are not presented.



Useful resources and support

Details and tables



Helpful resources for the process of coming to terms with, accepting or coming out with their gender identity / sexual orientation (1/2)

Base: People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

(% <i>)</i> STATEMENTS SHORTENED	TOTAL n=	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION												
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex. N-B.	Asex.	Pan.	Quest.	Queer	
	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457	
Social media sites	52	39	55	67	59	75	71	34	48	59	69	46	58	68	80	61	62	43	69	
Websites	42	36	39	58	60	55	64	36	35	58	48	37	40	62	60	51	50	39	51	
Family members	24	27	24	19	27	17	21	30	28	22	16	27	24	24	19	11	24	14	17	
Relatives who have gone through a similar process	22	20	23	19	18	23	27	22	25	16	24	19	19	22	24	17	26	15	28	
Comm. resources	22	22	18	40	45	39	23	25	19	47	38	17	17	41	43	22	29	11	34	
Psychologist	20	23	16	33	43	24	22	26	19	40	23	19	17	37	24	18	20	5	19	
Relatives who have not gone through a similar process	13	15	12	14	15	10	10	19	16	16	12	11	10	12	12	7	13	7	9	
Social intervention res.	10	9	9	18	15	12	10	10	9	17	11	9	10	16	12	5	11	6	16	
Friends, chosen family (without specifying)**	10	8	11	12	9	16	15	7	9	9	13	9	11	13	17	12	13	11	21	
Telephone / chat services	7	9	5	8	10	8	6	9	5	10	9	10	7	9	9	4	5	5	9	
Doctor	7	8	3	33	44	12	5	10	3	45	9	7	4	32	15	6	7	5	9	
Sexologist	4	5	3	4	6	4	2	4	2	4	3	6	4	5	3	2	4	5	1	
None	17	21	17	7	4	5	10	19	16	6	8	20	18	4	4	16	12	32	5	

** Code added due to the high number of people mentioning it in the "other, specify" category.

Helpful resources for the process of coming to terms with, accepting or coming out with their gender identity / sexual orientation (2/2)

Base: People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

(%) STATEMENTS SHORTENED	TOTAL	AGE					AGE x TRANS					AGE x NON-BINARY				
		15-17	18-24	25-34	35-54	55+	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	7,481	497	1,744	2,032	2,117	1,091	158	462	306	264	119	104	492	561	398	70
Social media sites	52	67	74	57	42	20	78	72	67	60	43	81	86	79	65	*
Websites	42	43	52	46	40	22	49	57	68	64	53	45	59	61	51	*
Family members	24	26	27	23	23	21	28	24	19	23	23	20	20	14	18	*
Relatives who have gone through a similar process	22	21	27	24	19	14	31	26	21	15	9	23	28	26	21	*
Comm. resources	22	12	20	23	26	24	23	38	51	47	47	20	37	42	42	*
Psychologist	20	7	20	21	22	21	24	32	38	44	43	20	19	28	25	*
Relatives who have not gone through a similar process	13	10	15	14	12	10	21	19	12	11	13	10	11	11	7	*
Social intervention res.	10	8	11	10	9	9	25	18	15	15	13	15	11	14	11	*
Friends, chosen family (without specifying)**	10	11	12	11	11	6	12	14	15	8	5	11	19	17	17	*
Telephone / chat services	7	10	8	5	7	6	11	10	9	9	6	9	9	5	8	*
Doctor	7	2	5	7	9	10	14	27	44	42	53	9	10	15	15	*
Sexologist	4	2	3	5	4	3	3	5	5	7	3	0	2	4	6	*
None	17	19	8	12	20	32	4	5	3	5	8	10	3	2	6	*

* Results where the number of people representing the subgroup was less than 100 are not presented.

** Code added due to the high number of people mentioning it in the “other, specify” category.

Sufficient resources to support sexually and gender-diverse people

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Sufficient	15	24	12	9	5	4	8	21	10	7	3	30	18	5	6	10	7	18	2
Insufficient	58	49	60	74	86	79	61	52	64	83	82	44	53	81	78	58	69	41	85
I don't know	27	27	28	17	9	17	31	27	26	10	15	26	29	14	16	32	24	42	13

DIVERSITY: CROSS-TABULATIONS

	TOTAL (%)	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
Sufficient	15	18	14	16	15	15
Insufficient	58	43	56	59	62	62
I don't know	27	39	30	25	24	24

GEN. POPULATION: CROSS-TABULATIONS

	TOTAL (%)	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
n=	1,000	479	510	267	334	399
Sufficient	34	40	28	40	37	27
Insufficient	30	26	34	31	31	28
I don't know	36	34	38	29	32	45

Violence / discrimination suffered

Details and tables

└ life to ideas

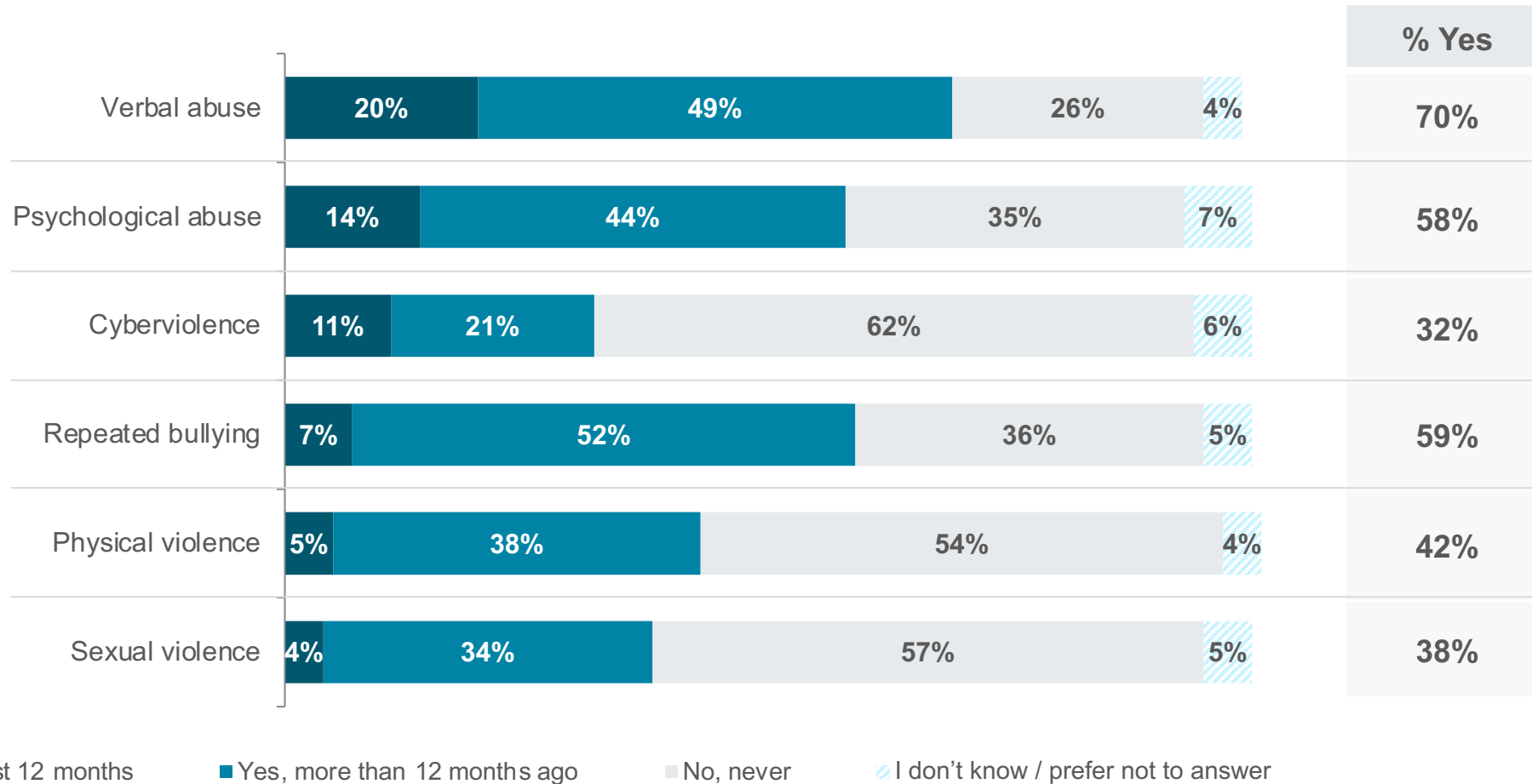


**Jasmin Roy
Sophie Desmarais**
FOUNDATION

Types of violence suffered (1/4)

Base: all respondents. People of diversity, n=7,121

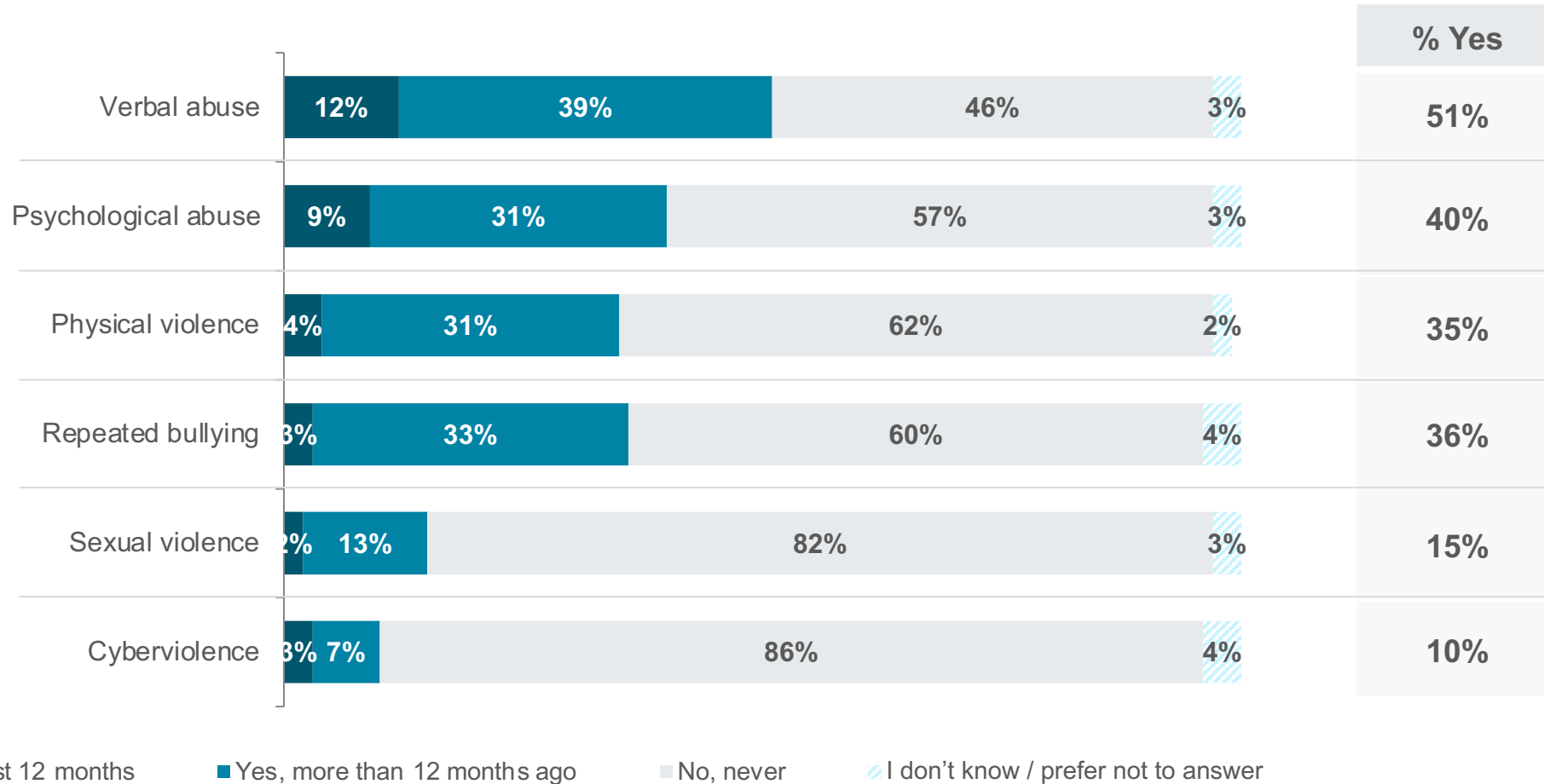
DIVERSITY: ALL RESPONSES



Types of violence suffered (2/4)

Base: all respondents. General population, n=927

GEN. POPULATION: ALL RESPONSES



Types of violence suffered (3/4)

Base: all respondents. People of diversity, n=7,121 / General population, n=927

DIVERSITY: CROSS-TABULATIONS – % IN LAST 12 MONTHS

LAST 12 MONTHS (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,121	1,129	2,557	651	528	1,546	298	740	1,050	337	324	242	816	322	324	573	1,191	274	439
Verbal abuse	20	17	20	28	40	28	22	18	16	32	27	15	23	34	26	16	29	20	21
Psychological abuse	14	10	15	19	27	20	13	9	12	23	16	11	18	22	19	11	19	15	16
Cyberviolence	11	10	9	17	31	20	14	10	7	26	19	8	11	23	17	9	15	12	16
Repeated bullying	7	6	6	9	17	10	7	7	5	16	10	4	7	10	10	6	8	12	6
Physical violence	5	4	5	6	7	4	4	4	3	7	2	4	6	6	5	3	5	9	5
Sexual violence	4	3	4	3	9	4	5	3	2	8	4	2	5	8	2	1	6	2	4

LAST 12 MONTHS (%)	TOTAL	AGE x TRANS					AGE x NON-BINARY				
		TRANS**	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54
n=	1,250	150	436	291	258	115	98	468	538	375	67
Verbal abuse	35	51	39	36	38	20	*	29	27	27	*
Psychological abuse	24	27	24	21	28	19	*	23	18	22	*
Cyberviolence	26	26	28	29	29	14	*	16	20	23	*
Repeated bullying	14	29	8	10	20	10	*	6	11	11	*
Physical violence	7	12	6	7	6	6	*	5	3	3	*
Sexual violence	7	12	7	6	9	5	*	8	3	2	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Types of violence suffered (4/4)

Base: all respondents. People of diversity, n=7,121 / . General population, n=927

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % IN LAST 12 MONTHS

DIVERSITY: CROSS-TABULATIONS

	LAST 12 MONTHS (%)	AGE					
		TOTAL	15-17	18-24	25-34	35-54	55+
	n=	7,121	469	1,641	1,942	2,028	1,041
Verbal abuse	20	36	24	19	19	12	
Psychological abuse	14	26	16	12	14	8	
Cyberviolence	11	25	12	10	10	7	
Repeated bullying	7	20	5	6	8	4	
Physical violence	5	11	4	5	4	2	
Sexual violence	4	6	6	3	2	1	

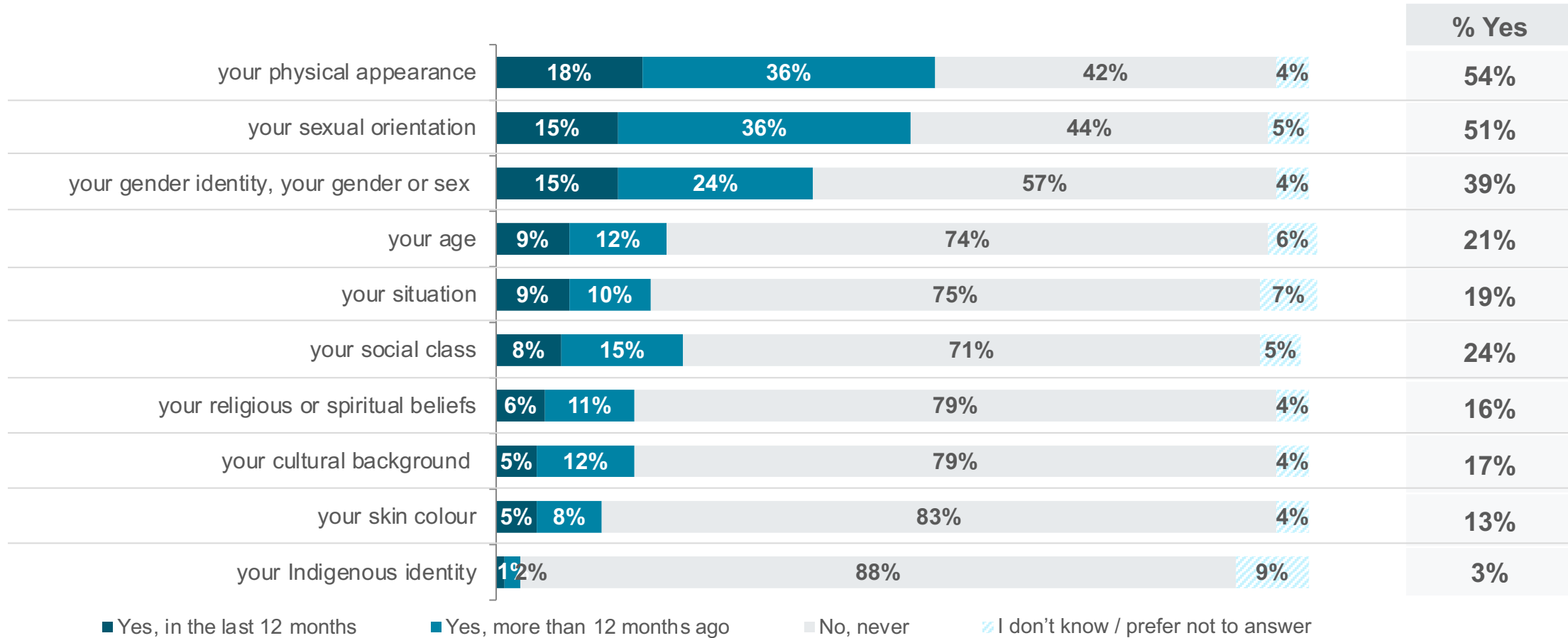
GEN. POPULATION: CROSS-TABULATIONS

	LAST 12 MONTHS (%)	AGE			
		TOTAL	18-34	35-54	55+
	n=	927	233	308	386
Verbal abuse	12	15	13	10	
Psychological abuse	9	13	9	6	
Cyberviolence	3	6	4	1	
Repeated bullying	3	2	5	3	
Physical violence	4	8	3	2	
Sexual violence	2	4	1	1	

Focus of the violence / discrimination suffered (1/7)

Base: all respondents. People of diversity, n=7,056

DIVERSITY: ALL RESPONSES

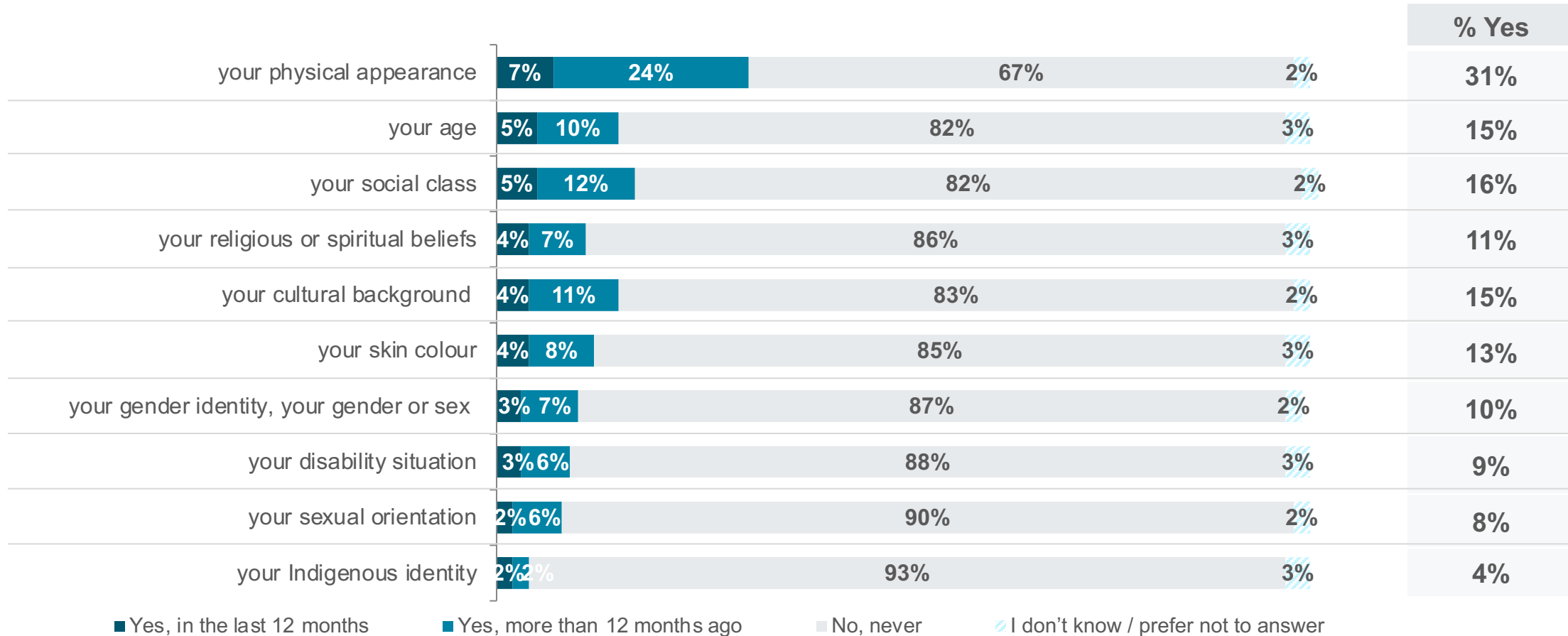


The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (2/7)

Base: all respondents. General population, n=916

GEN. POPULATION: ALL RESPONSES



The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (3/7)

Base: all respondents. People of diversity, n=7,056

DIVERSITY: CROSS-TABULATIONS – % IN LAST 12 MONTHS

LAST 12 MONTHS (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,056	1,118	2,530	649	524	1,533	295	733	1,041	335	324	240	804	321	321	565	1,180	273	434
your physical appearance	18	14	18	22	24	25	25	11	13	21	25	15	20	26	24	14	27	24	21
your age	9	9	9	9	8	10	8	6	7	7	13	9	7	7	8	8	13	10	15
your social class	8	9	7	9	10	11	10	5	4	10	10	11	9	7	9	7	16	9	10
your religious or spiritual beliefs	6	5	5	7	8	9	6	5	4	9	7	4	6	7	8	5	7	5	5
your cultural background	5	7	4	6	4	7	6	6	4	4	9	7	5	4	5	5	6	9	4
your skin colour	5	7	4	3	2	4	2	5	3	3	3	7	4	2	2	4	4	9	2
your gender identity, your gender or sex	15	7	14	40	48	40	23	6	12	45	35	6	15	44	39	16	22	16	25
your disability situation	9	5	10	19	10	22	11	4	6	13	20	5	10	13	17	12	15	9	17
your sexual orientation	15	15	12	21	23	23	20	18	14	21	29	11	10	22	21	9	18	8	19
your Indigenous identity	1	1	1	2	2	1	1	1	1	2	1	3	1	2	1	1	1	2	1

The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (4/7)

Base: all respondents. People of diversity, n=7,056

DIVERSITY: CROSS-TABULATIONS – % IN LAST 12 MONTHS – TRANS and NON-BINARY

	TOTAL LAST 12 MONTHS (%) TRANS**	AGE x TRANS					AGE x NON-BINARY				
		15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	1,244	149	434	290	256	115	95	465	534	372	67
your physical appearance	24	33	28	26	24	11	*	22	22	24	*
your age	8	4	8	6	7	16	*	8	6	11	*
your social class	11	7	9	10	15	10	*	7	12	12	*
your religious or spiritual beliefs	8	11	9	8	7	6	*	8	4	12	*
your cultural background	5	9	5	5	3	5	*	7	6	5	*
your skin colour	3	5	2	3	3	3	*	4	3	4	*
your gender identity, your gender or sex	45	58	48	51	45	29	*	38	42	41	*
Your disability situation	14	18	21	13	15	6	*	25	22	21	*
your sexual orientation	23	33	25	24	23	14	*	23	23	23	*
your Indigenous identity	2	1	2	3	1	2	*	0	0	2	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (5/7)

Base: all respondents. People of diversity, n=7,056 / General population, n=916

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % IN LAST 12 MONTHS

DIVERSITY: CROSS-TABULATIONS (CONT'D)

LAST 12 MONTHS (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,056	461	1,623	1,926	2,013	1,033
your physical appearance	18	31	21	18	16	8
your age	9	16	7	7	7	14
your social class	8	8	8	9	8	7
your religious or spiritual beliefs	6	10	7	4	6	4
your cultural background	5	7	6	5	5	4
your skin colour	5	7	5	5	5	3
your gender identity, your gender or sex	15	24	18	16	14	7
your disability situation	9	11	10	10	9	6
your sexual orientation	15	31	18	14	13	6
your Indigenous identity	1	1	1	2	1	1

GEN. POPULATION: CROSS-TABULATIONS

LAST 12 MONTHS (%)	TOTAL	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
n=	916	438	467	230	305	381
your physical appearance	7	7	7	11	8	3
your age	5	5	5	4	6	5
your social class	5	7	3	7	7	2
your religious or spiritual beliefs	4	5	3	5	6	2
your cultural background	4	7	2	6	6	2
your skin colour	4	6	2	7	5	1
your gender identity, your gender or sex	3	3	3	5	4	1
your disability situation	3	3	3	4	4	1
your sexual orientation	2	2	2	4	2	1
your Indigenous identity	2	3	1	3	3	0

The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (6/7)

Base: all respondents. People of diversity, n=7,056

DIVERSITY: CROSS-TABULATIONS – % OF TOTAL (last 12 months or earlier)

TOTAL (LAST 12 MONTHS OR EARLIER)	TOTAL (%)	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,056	1,118	2,530	649	524	1,533	295	733	1,041	335	324	240	804	321	321	565	1,180	273	434
your physical appearance	54	45	56	63	56	68	63	42	50	55	61	49	62	61	67	50	65	52	63
your sexual orientation	51	56	45	63	50	63	52	68	58	55	71	43	37	55	61	29	54	22	62
your gender identity, your gender or sex	39	26	39	74	73	72	49	30	41	71	67	20	39	75	73	32	50	30	56
your social class	24	23	22	27	27	32	24	16	18	28	26	27	26	20	29	23	33	25	30
your age	21	20	21	18	19	24	20	19	18	18	28	18	21	16	19	19	28	23	26
your disability situation	19	13	18	32	20	39	26	12	13	25	37	13	18	24	34	27	28	21	29
your cultural background	17	21	15	15	14	17	14	20	12	12	19	22	16	13	12	14	18	22	16
your religious or spiritual beliefs	16	14	16	17	21	23	19	13	14	20	20	14	17	20	21	17	20	17	12
your skin colour	13	16	11	9	9	9	13	15	8	9	8	17	14	8	6	12	13	19	7
your Indigenous identity	3	3	3	5	4	3	3	3	2	6	3	5	4	3	3	2	3	4	3

The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Focus of the violence / discrimination suffered (7/7)

Base: all respondents. People of diversity, n=7,056

DIVERSITY: CROSS-TABULATIONS – % OF TOTAL (last 12 months or earlier)

TOTAL (LAST 12 MONTHS OR EARLIER)	TOTAL TRANS** (%)	AGE x TRANS					AGE x NON-BINARY				
		15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	1,244	149	434	290	256	115	95	465	534	372	67
your physical appearance	60	59	60	69	63	44	*	60	71	73	*
your sexual orientation	57	55	61	65	56	43	*	60	67	62	*
your gender identity, your gender or sex	74	74	79	78	78	58	*	67	75	72	*
your social class	28	17	22	33	36	22	*	21	32	39	*
your age	20	10	17	18	20	28	*	22	19	24	*
your disability situation	27	27	34	34	28	7	*	42	41	38	*
your cultural background	15	13	14	15	14	17	*	17	14	15	*
your religious or spiritual beliefs	20	15	19	18	25	19	*	16	18	31	*
your skin colour	9	12	8	9	10	7	*	9	7	9	*
your Indigenous identity	4	2	4	5	4	6	*	3	2	3	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

The results for “something else, specify” were not presented since the descriptions were not precise enough for interpretation.

Location of the last episode of violence / discrimination (1/2)

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,547

DIVERSITY: CROSS-TABULATIONS – % IN LAST 12 MONTHS

SHORTENED
STATEMENTS FOR
BETTER READING (%)

	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	3,547	371	1,080	401	346	950	143	229	390	212	194	79	363	205	177	301	747	139	247
Private residence	18	11	23	20	15	18	22	10	19	12	14	*	23	21	19	24	21	15	15
Workplace	12	11	14	10	10	15	9	15	15	10	14	*	16	12	13	11	10	14	15
Online (on the Internet)	16	21	13	13	23	22	10	18	13	26	21	*	13	11	17	17	17	25	14
Outside public space	14	19	12	16	19	13	9	18	12	17	12	*	13	14	12	10	14	7	18
At or near a school	12	13	10	17	6	10	15	12	9	8	13	*	11	11	12	14	8	22	9
Commercial establishment	6	7	6	7	11	5	6	8	8	10	5	*	3	9	9	3	8	4	6
Public transit	4	3	5	6	3	4	6	4	5	5	4	*	5	5	6	3	4	3	4
Healthcare facility	4	2	4	5	3	4	8	4	4	2	4	*	3	7	3	4	5	0	5
Group with other persons of sexual or gender diversity	2	2	2	1	2	1	3	1	2	1	1	*	1	2	0	4	4	0	1
Sports or recreational venue	1	1	1	1	2	1	0	0	1	2	0	*	0	2	1	0	1	1	4
Charity or voluntary organisation	1	1	0	0	0	1	1	1	0	0	2	*	0	0	3	0	0	0	0
Seniors' residence	0	0	0	0	0	0	0	0	0	1	0	*	1	0	0	0	0	1	0

* Results where the number of people representing the subgroup was less than 100 are not presented.

Location of the last episode of violence / discrimination (2/2)

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,547 / General population, n=218

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % IN LAST 12 MONTHS

DIVERSITY: CROSS-TABULATIONS (CONT'D)

SHORTENED STATEMENTS FOR BETTER READING (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	3,547	322	942	968	943	372
Private residence	18	14	23	18	18	14
Workplace	12	2	6	18	17	14
Online (on the Internet)	16	12	15	16	19	17
Outside public space	14	6	12	17	15	17
At or near a school	12	46	17	5	3	1
Commercial establishment	6	0	5	8	8	9
Public transit	4	2	6	5	4	3
Healthcare facility	4	2	3	3	5	5
Group with other persons of sexual or gender diversity	2	2	3	1	2	3
Sports or recreational venue	1	0	0	1	2	1
Charity or voluntary organisation	1	0	0	1	1	1
Seniors' residence	0	0	0	0	0	1

GEN. POPULATION: CROSS-TABULATIONS

SHORTENED STATEMENTS FOR BETTER READING (%)	TOTAL	GENDER ID. GEN POP		AGE		
		Cis M.	Cis W.	18-34	35-54	55+
n=	218	90	123	75	73	70
Private residence	27	*	35	*	*	*
Workplace	20	*	21	*	*	*
Online (on the Internet)	10	*	8	*	*	*
Outside public space	8	*	5	*	*	*
Near a school	8	*	8	*	*	*
Commercial establishment	7	*	5	*	*	*
Public transit	3	*	6	*	*	*
Healthcare facility	2	*	3	*	*	*
Group with other persons of sexual or gender diversity	2	*	2	*	*	*
Sports or recreational venue	2	*	0	*	*	*
Charity or voluntary organisation	1	*	0	*	*	*
Seniors' residence	1	*	0	*	*	*

* Results where the number of people representing the subgroup was less than 100 are not presented.

Knowledge of the person(s) who victimized them

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,532 / General population, n=216

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION	TOTAL	GENDER IDENTITY - DIVERSITY					SEXUAL ORIENTATION												
			Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=		3,532	370	1,072	399	346	948	143	228	387	212	194	79	362	205	177	300	743	137	245
Yes, I knew them		48	42	53	46	31	44	51	44	52	34	45	*	55	43	44	54	43	55	38
No, I didn't know them		46	53	41	49	65	53	37	52	40	63	51	*	41	55	53	41	51	40	55
I prefer not to answer		6	5	6	4	4	3	11	4	7	3	4	*	5	3	4	5	5	5	6

DIVERSITY: CROSS-TABULATIONS

TOTAL	AGE					
	15-17	18-24	25-34	35-54	55+	
n=	3,532	319	941	961	943	368
Yes, I knew them	48	61	53	43	46	38
No, I didn't know them	46	24	41	53	50	56
I prefer not to answer	6	14	6	4	3	6

GEN. POPULATION: CROSS-TABULATIONS

TOTAL	GENDER ID GEN POP		
	Cis. M	Cis. W	
n=	216	90	121
Yes, I knew them	61	*	71
No, I didn't know them	35	*	27
I prefer not to answer	3	*	3

* Results where the number of people representing the subgroup was less than 100 are not presented.

Nature of their relationship with the person(s) who victimized them (1/2)

Base: people having experienced violence in the last 12 months. People of diversity, n=3,509

DIVERSITY: CROSS-TABULATIONS

SHORTENED
STATEMENTS FOR
BETTER READING (%)

	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	3,509	368	1,061	399	345	943	141	226	382	211	192	79	358	205	176	299	740	137	244
Work or study colleague(s)	18	21	15	21	11	21	15	22	17	14	26	*	18	13	22	20	13	23	18
Romantic or sexual partner(s)	9	6	13	5	7	7	6	4	10	7	11	*	14	10	6	11	15	7	4
Family member(s)	13	7	15	16	11	14	24	5	16	12	12	*	14	16	12	19	12	17	14
Person(s) with whom you were friendly	16	16	16	15	9	12	19	13	14	10	15	*	16	13	14	20	18	21	10
Person(s) living in the same building as me	5	5	4	7	6	5	7	5	3	6	7	*	5	3	4	6	4	8	4
Person(s) in a position of authority	12	12	12	16	9	14	11	11	12	12	14	*	13	14	16	18	9	16	14
Member(s) of the medical profession	4	3	5	7	5	6	6	4	5	4	6	*	4	7	5	6	5	1	4
Customer / patient **	3	3	4	2	2	4	1	6	2	0	2	*	4	3	3	4	4	1	2
Member(s) of the LGBTQ+ community	6	9	5	10	6	4	5	8	5	9	7	*	3	7	2	7	5	10	3
Person(s) in the police force	2	3	2	1	1	2	0	1	2	0	2	*	2	0	1	2	1	1	1
Security staff	1	3	1	1	1	1	0	3	1	0	1	*	1	0	0	1	1	0	1
I don't know/ no idea	32	34	30	37	46	37	30	31	29	47	35	*	28	43	41	24	37	29	42

* Results where the number of people representing the subgroup was less than 100 are not presented.

** This response choice was mentioned spontaneously under the "other, specify" category, so it is certainly underestimated.

Nature of their relationship with the person(s) who victimized them (2/2)

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,509 / General population, n=213

DIVERSITY: CROSS-TABULATIONS

SHORTENED STATEMENTS FOR BETTER READING (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	3,509	317	932	955	941	364
Work or study colleague(s)	18	30	17	18	15	13
Romantic or sexual partner(s)	9	1	10	9	12	10
Family member(s)	13	14	21	10	9	11
Person(s) with whom you were friendly	16	28	19	15	11	9
Person(s) living in the same building as me	5	3	5	6	3	6
Person(s) in a position of authority	12	9	13	13	12	11
Member(s) of the medical profession	4	1	3	5	6	7
Customer / patient **	3	1	3	5	3	2
Member(s) of the LGBTQ+ community	6	3	6	5	7	7
Person(s) in the police force	2	1	2	2	2	3
Security staff	1	0	2	1	1	0
I don't know/ no idea	32	27	29	34	35	36

GEN. POPULATION: CROSS-TABULATIONS

SHORTENED STATEMENTS FOR BETTER READING (%)	TOTAL	GENDER ID GEN POP	
		Cis. M	Cis. W
n=	213	87	121
Work or study colleague(s)	16	*	16
Romantic or sexual partner(s)	15	*	25
Family member(s)	13	*	11
Person(s) with whom you were friendly	12	*	10
Person(s) living in the same building as me	10	*	8
Person(s) in a position of authority	8	*	6
Member(s) of the medical profession	3	*	5
Customer / patient	3	*	5
Member(s) of the LGBTQ+ community	2	*	1
Person(s) in the police force	2	*	2
Security staff	2	*	1
I don't know/ no idea	23	*	15

* Results where the number of people representing the subgroup was less than 100 are not presented.

** This response choice was mentioned spontaneously under the "other, specify" category, so it is certainly underestimated.

Age of the person(s) who committed the aggression

Base: people having experienced violence / discrimination in the last 12 months. People of diversity, n=3,493 / General population, n=212

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non- bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	3,493	366	1,057	399	341	940	140	225	381	209	192	79	356	204	175	297	738	135	243
Under 18 years of age	17	18	17	24	12	14	19	18	16	15	18	*	16	15	17	20	14	31	12
18-29 years of age	28	34	27	23	29	23	22	34	25	28	25	*	30	24	28	25	26	26	20
30-50 years of age	44	45	42	43	52	47	47	42	43	46	47	*	41	53	41	43	46	37	51
Over 50 years of age	21	18	22	19	27	25	21	20	23	24	23	*	22	19	26	27	21	14	22
I don't know/ no idea	6	6	5	8	6	10	8	4	5	8	7	*	5	4	8	8	10	7	10

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	3,493	314	928	952	938	361
Under 18 years of age	17	66	26	6	5	4
18-29 years of age	28	11	42	29	22	21
30-50 years of age	44	17	34	51	56	53
Over 50 years of age	21	5	17	24	27	26
I don't know/ no idea	6	7	4	7	7	8

GEN. POPULATION: CROSS-TABULATIONS

(%)	TOTAL	AGE		
		18-34	35-54	55+
n=	212	71	71	70
Under 18 years of age	6	*	*	*
18-29 years of age	26	*	*	*
30-50 years of age	41	*	*	*
Over 50 years of age	26	*	*	*
I don't know/ no idea	10	*	*	*

* Results where the number of people representing the subgroup was less than 100 are not presented.



Health

Details and tables

┌
life to ideas

Time taken to consult a doctor about a health problem

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

SHORTENED STATEMENTS (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
See a doctor right away	9	12	8	6	10	4	6	12	8	9	4	13	9	7	6	7	6	11	2
Wait a few days	68	71	67	65	71	63	63	71	68	68	62	70	67	70	63	62	69	62	69
Do everything you can to avoid a medical visit	23	17	25	29	19	33	30	17	24	23	34	16	24	22	31	31	25	27	29

DIVERSITY: CROSS-TABULATIONS

SHORTENED STATEMENTS (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
See a doctor right away	9	3	7	11	11	11
Wait a few days	68	61	66	67	68	75
Do everything you can to avoid a medical visit	23	36	27	23	22	14

GEN. POPULATION: CROSS-TABULATIONS

SHORTENED STATEMENTS (%)	TOTAL	GENDER ID GEN POP		AGE		
		Cis. M	Cis. W	18-34	35-54	55+
n=	1,000	479	510	267	334	399
See a doctor right away	16	18	13	20	13	15
Wait a few days	68	67	66	59	69	68
Do everything you can to avoid a medical visit	18	15	21	21	18	17

Last medical visit

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																			
	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer								
TOTAL	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.														
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457	
Less than a month ago	29	26	29	37	39	34	31	28	28	41	32	23	29	40	31	24	34	27	39	
1-5 months ago	38	40	37	43	42	36	32	39	35	43	34	43	40	42	38	34	35	30	35	
6-11 months ago	16	16	18	12	9	14	17	16	18	7	18	14	15	8	15	19	16	21	15	
1-2 years ago	11	11	11	5	6	10	13	9	12	5	10	13	10	7	10	15	10	13	9	
3-4 years ago	3	3	3	2	2	2	3	3	4	1	3	3	3	2	2	4	2	3	1	
More than 4 years ago	3	4	3	2	2	4	4	4	2	2	3	4	3	1	5	3	2	7	1	

DIVERSITY: CROSS-TABULATIONS

TOTAL	AGE					
	15-17	18-24	25-34	35-54	55+	
n=	7,481	497	1,744	2,032	2,117	1,091
Less than a month ago	29	22	28	26	31	34
1-5 months ago	38	36	39	38	35	40
6-11 months ago	16	20	19	15	17	12
1-2 years ago	11	14	9	12	11	9
3-4 years ago	3	3	2	4	3	2
More than 4 years ago	3	4	3	4	4	2

GEN. POPULATION: CROSS-TABULATIONS

TOTAL	AGE			
	18-34	35-54	55+	
n=	1,000	267	334	399
Less than a month ago	22	15	19	28
1-5 months ago	36	37	36	36
6-11 months ago	21	24	21	19
1-2 years ago	13	14	14	12
3-4 years ago	4	7	4	2
More than 4 years ago	4	3	6	3

Evaluation of the quality of the support at the last medical visit

Base: all respondents excluding DKN. People of diversity, n=7,107 / General population, n=972

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																			
	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer		
(%)																				
n=	7,107	1,159	2,577	635	531	1,519	292	756	1,056	334	325	257	830	327	310	538	1,189	257	438	
Very good	39	45	38	45	50	29	25	49	42	53	25	40	35	44	28	33	35	34	29	
Quite good	47	45	46	40	39	50	57	41	45	36	53	50	47	40	53	48	45	55	49	
Quite bad	10	6	12	12	8	16	15	6	10	8	16	6	13	12	14	13	14	8	16	
Very bad	4	4	4	4	3	5	4	4	3	3	6	4	4	4	4	6	6	3	6	
Good (very + quite)	86	90	84	84	89	79	81	90	87	89	78	90	83	84	82	81	80	88	78	
Bad (very + quite)	14	10	16	16	11	21	19	10	13	11	22	10	17	16	18	19	20	12	22	

DIVERSITY: CROSS-TABULATIONS

AGE	TOTAL					
	15-17	18-24	25-34	35-54	55+	
(%)						
n=	7,107	412	1,603	1,956	2,059	1,077
Very good	39	29	30	34	46	54
Quite good	47	55	53	50	42	36
Quite bad	10	11	13	12	9	7
Very bad	4	4	4	5	3	3
Good (very + quite)	86	84	83	84	88	90
Bad (very + quite)	14	16	17	16	12	10

GEN. POPULATION: CROSS-TABULATIONS

AGE	TOTAL			
	18-34	35-54	55+	
(%)				
n=	972	252	327	393
Very good	41	29	33	54
Quite good	51	59	56	41
Quite bad	7	11	9	4
Very bad	1	1	2	1
Good (very + quite)	91	88	89	95
Bad (very + quite)	9	12	11	5

Self-assessment of physical health

Base: all respondents excluding DNK. People of diversity, n=7,459 / General population, n=999

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																		
	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer							
TOTAL																			
(%)																			
n=	7,459	1,184	2,678	681	552	1,621	318	770	1,092	349	341	261	863	339	335	605	1,249	287	455
Very good	20	26	18	12	18	10	12	27	23	15	13	26	17	17	9	16	14	16	16
Quite good	43	44	43	38	42	35	41	49	46	44	36	42	43	44	41	37	35	36	39
Fair	30	25	31	40	32	41	33	20	26	32	39	28	33	30	39	36	37	36	33
Bad	8	5	8	10	8	14	13	3	5	9	12	4	8	9	11	11	13	12	13
Good (very + quite)	62	70	61	50	60	45	54	77	69	59	49	68	59	61	50	53	49	52	55
Fair + Bad	38	30	39	50	40	55	46	23	31	41	51	32	41	39	50	47	51	48	45

GEN. POPULATION: CROSS-TABULATIONS

AGE	TOTAL			
	18-34	35-54	55+	
(%)				
n=	999	266	334	399
Very good	19	26	17	17
Quite good	48	49	52	45
Fair	29	22	29	33
Bad	4	4	2	5
Good (very + quite)	68	75	69	62
Fair + Bad	32	25	31	38

Degree of comfort with asking all questions during the last medical visit

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION	TOTAL	COMFORT LEVEL (%)																			
			Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer		
n=		7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457		
Very comfortable		46	58	42	48	57	35	28	58	47	53	32	58	42	49	34	40	40	39	37		
Somewhat comfortable		36	32	39	30	29	39	41	31	35	32	43	32	38	33	42	37	39	49	40		
Somewhat uncomfortable		14	8	16	15	10	19	21	9	14	11	19	8	17	15	19	19	16	7	17		
Very uncomfortable		4	2	4	7	4	7	10	2	3	4	6	2	4	4	4	4	5	5	7		
Comfortable (very + somewhat)		83	90	81	78	86	74	69	89	82	85	75	90	80	81	76	77	79	88	77		
Uncomfortable (very + somewhat)		17	10	19	22	14	26	31	11	18	15	25	10	20	19	24	23	21	12	23		

DIVERSITY: CROSS-TABULATIONS

AGE	TOTAL	COMFORT LEVEL (%)				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
Very comfortable	46	24	33	45	53	69
Somewhat comfortable	36	45	44	38	33	22
Somewhat uncomfortable	14	25	18	13	10	8
Very uncomfortable	4	6	6	4	4	1
Comfortable (very + somewhat)	83	69	77	83	86	92
Uncomfortable (very + somewhat)	17	31	23	17	14	8

GEN. POPULATION: CROSS-TABULATIONS

AGE	TOTAL	COMFORT LEVEL (%)		
		18-34	35-54	55+
n=	1,000	267	334	399
Very comfortable	60	44	52	76
Somewhat comfortable	33	45	40	20
Somewhat uncomfortable	6	10	6	4
Very uncomfortable	1	1	1	0
Comfortable (very + somewhat)	93	89	92	96
Uncomfortable (very + somewhat)	7	11	8	4

Q43. How comfortable were you asking all of your medical questions during this visit?

Self-assessment of mental health (1/2)

Base: all respondents excluding DNK. People of diversity, n=7,447

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	SEXUAL ORIENTATION																		
	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer	
(%)																			
n=	7,447	1,184	2,677	679	549	1,622	317	771	1,091	347	339	262	862	338	335	601	1,248	288	455
Very good	11	17	9	10	10	5	4	18	12	13	8	15	6	6	4	11	5	14	4
Quite good	29	32	29	21	27	21	19	39	34	30	22	26	27	24	19	26	23	15	26
Fair	37	33	39	39	35	41	39	30	36	32	40	36	39	39	43	37	40	42	40
Bad	24	18	23	29	28	33	38	13	18	25	29	23	28	30	33	26	32	29	29
Good (very + quite)	40	49	38	32	37	26	23	57	47	43	31	41	33	30	24	37	28	29	31
Fair + Bad	60	51	62	68	63	74	77	43	53	57	69	59	67	70	76	63	72	71	69

AGE x TRANS	AGE x NON-BINARY																			
	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +										
(%) TOTAL TRANS**																				
n=	1,299	156	457	305	262	119	102	491	561	398	70									
Very good	10	2	3	5	7	30	3	1	4	7	*									
Quite good	24	16	17	26	28	31	15	20	21	22	*									
Fair	36	39	37	36	38	33	38	40	38	43	*									
Bad	30	44	44	33	26	5	44	38	38	29	*									
Good (very + quite)	34	17	19	31	35	61	18	21	24	28	*									
Fair + Bad	66	83	81	69	65	39	82	79	76	72	*									

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Self-assessment of mental health (2/2)

Base: all respondents excluding DNK. People of diversity, n=7,447 / General population, n=995

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
	n= 7,447	490	1731	2,025	2,112	1,089
Very good	11	3	6	10	12	24
Quite good	29	20	20	29	35	36
Fair	37	38	43	36	34	31
Bad	24	39	31	25	20	8
Good (very + quite)	40	23	26	39	46	60
Fair + Bad	60	77	74	61	54	40

GEN. POPULATION: CROSS-TABULATIONS

(%)	TOTAL	AGE		
		18-34	35-54	55+
	n= 995	265	333	397
Very good	25	18	19	35
Quite good	42	38	45	43
Fair	25	32	28	17
Bad	8	12	8	5
Good (very + quite)	68	56	64	78
Fair + Bad	32	44	36	22

Degree of happiness (1/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Average	6.3	6.4	6.4	6.2	6.3	5.9	5.6	6.6	6.9	6.5	6.0	6.2	6.1	6.3	6.0	6.1	6.0	5.5	6.3
0 to 6	44	42	42	49	45	55	57	34	32	41	51	49	50	47	52	48	51	61	43
7 to 8	43	43	46	38	43	38	38	49	51	43	41	40	41	42	43	38	40	29	48
9 to 10	12	15	12	12	12	7	4	17	16	16	8	11	9	10	5	14	9	11	10

TOTAL (%) TRANS**	AGE x TRANS					AGE x NON-BINARY					
	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +	
n=	1,309	158	462	306	264	119	104	492	561	398	70
Average	6.2	5.1	5.6	6.2	6.3	7.4	5.3	5.8	5.8	5.9	*
0 to 6	48	66	63	48	47	21	66	57	56	53	*
7 to 8	41	30	33	43	41	53	30	38	38	40	*
9 to 10	12	5	4	10	13	26	4	5	6	8	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Degree of happiness (2/2)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % GROUPED TOGETHER

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
Average	6.3	5.5	6.1	6.2	6.4	6.9
0 to 6	44	60	50	45	42	31
7 to 8	43	33	42	43	45	49
9 to 10	12	7	8	12	13	21

GEN. POPULATION: CROSS-TABULATIONS

(%)	TOTAL	AGE		
		18-34	35-54	55+
n=	1,000	267	334	399
Average	6.9	6.8	6.8	7.1
0 to 6	32	38	34	27
7 to 8	47	40	49	50
9 to 10	21	22	16	24

Stress level (1/2)

Base: all respondents. People of diversity, n =7,481

DIVERSITY: CROSS-TABULATIONS

GENDER IDENTITY - DIVERSITY	GENDER IDENTITY - DIVERSITY							SEXUAL ORIENTATION											
	TOTAL (%)	Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Average	6.5	6.1	6.7	6.7	6.8	7.1	7.0	6.0	6.3	6.6	6.9	6.2	6.9	6.9	7.0	6.4	7.1	6.4	6.8
0 to 6	43	50	41	36	37	32	34	52	47	38	35	49	37	35	35	44	34	40	40
7 to 8	39	35	40	45	42	45	44	34	37	43	43	35	42	42	46	40	42	43	39
9 to 10	18	15	19	19	21	23	22	14	15	18	23	16	21	23	19	16	24	17	21

AGE x TRANS	AGE x TRANS						AGE x NON-BINARY				
	TOTAL (%) TRANS**	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	1,309	158	462	306	264	119	104	492	561	398	70
Average	6.8	6.9	7.2	7.1	7.1	5.6	7.0	7.1	7.2	7.1	*
0 to 6	36	34	31	31	34	51	32	32	31	30	*
7 to 8	43	46	45	44	42	38	47	45	46	45	*
9 to 10	21	19	23	25	24	11	20	22	23	25	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Stress level (2/2)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % GROUPED TOGETHER

DIVERSITY: CROSS-TABULATIONS

(%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
Average	6.5	6.8	6.9	6.7	6.6	5.4
0 to 6	43	36	38	39	44	60
7 to 8	39	45	42	42	36	30
9 to 10	18	19	20	19	20	10

GEN. POPULATION: CROSS-TABULATIONS

(%)	TOTAL	GENDER ID GEN POP		AGE		
		Cis. M	Cis. W	18-34	35-54	55+
n=	1,000	479	510	267	334	399
Average	5.3	4.9	5.7	6.0	5.8	4.5
0 to 6	62	69	55	53	56	73
7 to 8	28	24	33	32	34	21
9 to 10	10	7	12	15	10	6

Received a diagnosis of... (1/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

YES (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
Depression	49	40	53	66	59	66	46	37	45	61	64	41	59	60	68	47	62	33	61
Anxiety disorder	48	35	55	64	48	66	50	35	47	54	60	35	62	55	69	48	62	34	61
Psychosis	4	5	4	6	5	6	3	4	3	5	5	7	6	4	4	3	6	1	4

	TOTAL (%) TRANS**	AGE x TRANS					AGE x NON-BINARY				
		15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +
n=	1,309	158	462	306	264	119	104	492	561	398	70
Depression	63	45	64	70	63	59	44	62	73	64	*
Anxiety disorder	56	50	65	69	52	38	55	69	73	62	*
Psychosis	5	3	6	8	4	4	3	6	8	5	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

The results present the % of "yes." The other response choices were: No / I don't know, refusal.

Received a diagnosis of... (2/2)

Base: all respondents. People of diversity, n= 7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % YES

DIVERSITY: CROSS-TABULATIONS

YES (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
n=	7,481	497	1,744	2,032	2,117	1,091
Depression	49	26	46	52	54	48
Anxiety disorder	48	41	53	53	49	34
Psychosis	4	3	5	5	6	2

GEN. POPULATION: CROSS-TABULATIONS

YES (%)	TOTAL	GENDER ID GEN POP		AGE		
		Cis. M	Cis. W	18-34	35-54	55+
n=	1,000	479	510	267	334	399
Depression	26	22	29	27	25	25
Anxiety disorder	26	21	30	33	24	22
Psychosis	2	3	2	3	3	2

The results present the % of "yes." The other response choices were: No / I don't know, refusal.

Suffers from... (1/2)

Base: all respondents. People of diversity, n=7,481

DIVERSITY: CROSS-TABULATIONS

YES (%)	TOTAL	GENDER IDENTITY - DIVERSITY						SEXUAL ORIENTATION											
		Cis M. DIV	Cis W. DIV	Trans M	Trans W	Non-bin.	Quest.	Gay M	Lesb. W	Homo. Trans	Homo N-B.	Bisex. M	Bisex. W	Bisex. Trans	Bisex N-B.	Asex.	Pan.	Quest.	Queer
n=	7,481	1,188	2,685	684	552	1,625	319	772	1,093	351	341	263	866	339	335	608	1,253	288	457
suicidal thoughts	40	29	40	59	55	56	60	22	34	50	51	38	43	65	64	41	56	40	42
an addiction problem	21	23	19	26	23	24	24	18	16	21	23	29	23	29	25	18	24	23	22
an eating disorder	20	13	23	26	21	30	30	12	13	23	27	15	30	22	26	18	28	26	23
a cognitive disorder	18	13	17	25	22	31	27	8	14	22	29	19	19	22	30	20	29	18	21
attempted suicide	5	4	6	10	7	7	7	3	5	9	8	5	6	8	7	3	7	6	5

TOTAL (%) TRANS**	AGE x TRANS					AGE x NON-BINARY					
	15-17	18-24	25-34	35-54	55 +	15-17	18-24	25-34	35-54	55 +	
n=	1,309	158	462	306	264	119	104	492	561	398	70
suicidal thoughts	57	73	74	65	52	28	70	65	63	44	*
an addiction problem	25	26	35	29	18	13	22	26	27	21	*
an eating disorder	25	35	36	25	23	7	43	34	28	27	*
a cognitive disorder	24	26	34	25	27	5	27	31	36	29	*
attempted suicide	8	20	11	9	6	2	23	9	7	4	*

** Trans men, trans women and other trans people/ * Results where the number of people representing the subgroup was less than 100 are not presented.

Suffers from... (2/2)

Base: all respondents. People of diversity, n=7,481 / General population, n=1,000

DIVERSITY and GEN. POPULATION: CROSS-TABULATIONS – % YES

DIVERSITY: CROSS-TABULATIONS

YES (%)	TOTAL	AGE				
		15-17	18-24	25-34	35-54	55+
	n= 7,481	497	1,744	2,032	2,117	1,091
suicidal thoughts	40	61	50	41	33	21
an addiction problem	21	22	25	22	21	15
an eating disorder	20	31	29	21	16	9
a cognitive disorder	18	19	23	19	16	8
attempted suicide	5	12	9	4	3	1

GEN. POPULATION: CROSS-TABULATIONS

YES (%)	TOTAL	GENDER ID GEN POP		AGE		
		Cis. M	Cis. W	18-34	35-54	55+
	n= 1,000	479	510	267	334	399
suicidal thoughts	12	11	11	17	13	7
an addiction problem	12	16	9	20	15	5
an eating disorder	8	7	8	18	5	4
a cognitive disorder	4	3	5	7	3	3
attempted suicide	2	2	3	4	2	1

CROP: WWW.CROP.CA

Jasmin Roy Sophie Desmarais Foundation: <https://fondationjasminroy.com/en/>

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**Jasmin Roy
Sophie Desmarais**
FOUNDATION